



DAYANAND EDUCATION SOCIETY'S  
**DAYANAND COLLEGE OF PHARMACY**  
BARSHI RORAD, LATUR.

**अंतरंग**

ANTARANG



**Annual Magazine 2023-2024**

## **Vision**

**"To nurture the future pharmacists with focused approach for overall professional development and excellence"**

## **Mission**

- 1. To inculcate the academic and research environment amongst staff and students.**
- 2. To maintain high standards of pharmacy education through excellent infrastructure and learning resources.**
- 3. To provide the students all the learning facilities along with understanding of ethical values and morality.**
- 4. To develop the students to face the challenges of the academia, industry and society.**

## **Program Education Objectives**

- 1. Pharmacy Graduate prepared for higher studies and career growth.**
- 2. Pharmacy Graduates encouraged to acquire knowledge and competency as per the need of pharmaceutical and allied industries.**
- 3. Pharmacy Graduate motivated to serve the community by creating awareness about social and healthcare services.**

## NAAC FIRST CYCLE A+ GRADE (CGPA 3.35)



राष्ट्रीय मूल्यांकन एवं प्रत्यायन परिषद  
विश्वविद्यालय अनुदान आयोग का स्वायत्त संस्थान  
**NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL**  
An Autonomous Institution of the University Grants Commission

### *Certificate of Accreditation*

*The Executive Committee of the  
National Assessment and Accreditation Council  
is pleased to declare  
Dayanand Education Society's  
Dayanand College of Pharmacy, Latur  
Barsbi Road, Dist. Latur,  
affiliated to Swami Ramanand Teerth Marathwada University, Maharashtra as  
Accredited  
with CGPA of 3.35 on four point scale  
at A<sup>+</sup> grade  
valid up to August 11, 2028*

Date: August 12, 2023



*Director*

## NAAC A+ CELEBRATION



Vice Chancellor Udhav Bhosale congratulated Dayanand College of Pharmacy Latur for getting NAAC A+ Grade in First Cycle



Dr. Satpute K. L. Principal felicitated by Dr. Manohar Chaskar, Vice-Chancellor of S.R.T.M.U, Nanded.



NAAC A+ Celebration with honorable Management

**Antarang 2023-24**  
Dayanand College of Pharmacy, Latur.



**DAYANAND EDUCATION SOCIETY'S**  
**DAYANAND COLLEGE OF PHARMACY**

# ANTARANG

**2023-2024**

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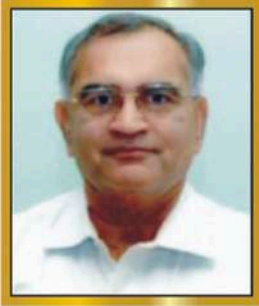


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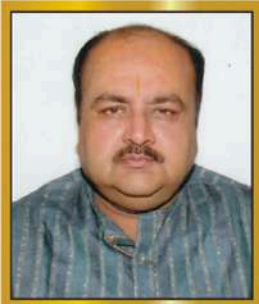
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# PHARMACIST'S OATH



- I swear by the code of Ethics of Pharmacy Council of India in relation to the community and shall act as an integral part of health care team.
- I shall uphold the laws and standards governing my profession.
- I shall strive to perfect and enlarge my knowledge to contribute to the advancement of pharmacy and the public health.
- I shall follow the system which I consider best for pharmaceutical care and counseling of patients.
- I shall Endeavour to discover and manufacture drugs of quality to alleviate sufferings of humanity.
- I shall hold in confidence the knowledge gained about the patients in connection with my professional practice and never divulge unless compelled to do so by the law.
- I shall associate with organizations having their objectives for betterment of the Profession of Pharmacy and make contribution to carry out the work of those organizations.
- While I continue to keep this oath unviolated, may it be granted to me to enjoy life and the practice of pharmacy respected by all, at all times!
- Should I trespass and violate this oath may the reverse be my lot!





## From Principal's Desk



**“If you want 1 year of prosperity, grow grain. If you want 10 years of prosperity, grow trees. If you want 100 years of prosperity, grow people.”**

It gives me immense pleasure to present fifth edition of the annual magazine, "Antarang," a vibrant tapestry of the creative spirit that thrives within our college students. This publication is a testament to the multifaceted talents of our students, showcasing their artistic prowess, intellectual acumen, and literary brilliance.

"Antarang," meaning 'innermost feelings', aptly captures the essence of this magazine. It is a platform where our students can express their thoughts, emotions, and aspirations freely. The diverse range of articles, stories, poems, and artwork presented here reflects the rich tapestry of our college life. . It represents the different colours of our young minds and also reflects the mirror image of all sorts of activities under taken by the institution during academic year.

Empowerment of students for their all-round development through education is our cherished motto as endless limit for success. The role of a college is not only to pursue the academic excellence but also to motivate and empower the students to be lifelong learners, creator, critical thinkers, and productive members of an ever-changing global society. Converting every individual into a self-reliant and independent citizen, our college provides a fusion of academic and extracurricular activities. Recently college has been accredited by NAAC with A+ grade having 3.35 CGPA in first cycle. Research scholar perceiving Ph.D. under SRTMU Nanded can avail Research centre facility At Dayanand College of pharmacy from 2024-25. The College also concentrate on several innovative practices and new collaboration with pharma industry to provided practical training and placement to future professionals and budding pharmacists.

We inherited a strong foundation to march ahead and achieve the within mentioned education objectives for a stronger and brighter India. Measures initiated by the Hon. Management, steps taken by the college administration, the willing contribution of the teaching and nonteaching staff and over whelming response and enthusiastic participation of my dear students in the college activates in the recent past all assure for this.

I am proud of being the principal of such a wonderful institution on dedicated to the causes of better India. I commend the editorial board and all the students who have contributed to this remarkable endeavour. Your dedication and hard work have resulted in a truly inspiring magazine. I may be failing in my duty if not acknowledging efforts of Assistant Professor Ms. Shetkar Suchita editor annual magazine and Committee for their innovative refreshing input's results in the magazine. I hope that "Antarang" will continue to be a source of inspiration for generations to come.

Congratulations to the entire team for creating such a wonderful magazine!

**Dr. Satpute K. L.**  
Principal

## Editorial Message



### Dear Reader's

On behalf of the editorial board, it is with great pride and sincere privilege that college has been published 5th edition of "Antarang 2024" the college annual magazine.

This magazine is a platform to exhibit the literacy skill and innovative ideas of teachers and students. The main purpose of Antarang 2024 is to inform, connect, inspire and entertain a diverse readership including faculty, alumni, student and parents by presenting an intimate and honest portrait of the college. The United efforts of the entire team and Dayanand College of pharmacy has been accredited by NAAC with A+ grade (3.35 CGPA) in first cycle and also this year progressive by organising guest lecture, seminar, workshop, hospital visit, industrial visit and social awareness campaigns. additionally our college has excelled in extracurricular activities and has shown supremacy in academics with 24 students qualified in GPAT 2024, 18 in NIPER 2024 and 04 in GATE examination. We have tried our best to rope in bits and pieces of all these events in our magazine.

We would like to express our gratitude and heartfelt thanks to our be loved a principal Dr. Satpute K. L. for her constant encouragement, support and guidance for bringing out this college magazine. We are also grate full to all faculty and student for extending their co-operation and contribution to make this effort a success.

We would also like to give special thanks to Mr. More Ishwar and Mr. Kale Pramod for designing and DTP work for Antarang 2024.

We wish happy voyage to the readers of Antarang 2024. We are confident that it will satisfy the readers.

Thank you all !!!

**Ms. Shetkar S. L.**  
**Assistant Professor**  
**Dayanand College of pharmacy Latur**

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14	Dr. Wadulkar Raghunath Dhondiram	Teacher's Representative
15	Mr. Chavan Vikas Ramrao	Non-teaching Representative

## Teaching staff

Sr. No.	Teaching staff	Designation
1	Dr. Sonvane Sameep Madhukarrao	Associate Professor & HOD
2	Mr. Gadgul Ajay Baburao	Assistant Professor
3	Mr. Sarda Rohit Ramnivas	Asst. Professor & HOD
4	Mr. Lohiya Gopal Vijaykumar	Assistant Professor
5	Dr. Yelmate Archana Ashok	Associate Professor
6	Mr. Waghmare Rahul Sugriv	Assistant Professor
7	Mr. Halke Naresh Suresh	Assistant Professor
8	Mr. Rakh Limbraj Baburao	Assistant Professor
9	Mr. Birajdar Mahesh Jagannathrao.	Assistant Professor
10	Dr. Wadulkar Raghunath Dhondiram	Associate Professor & HOD
11	Mr. Kulkarni Yogesh Prakashrao	Assistant Professor
12	Ms. Rajamanya Trupti Mallikarjun	Assistant Professor
13	Ms. Khanapure Priti Parmeshwar	Assistant Professor
14	Dr. Shetkar Balaji Madhavrao	Associate Professor
15	Dr. Syed Shoaeb Mohammad	Associate Professor
16	Mr. Chalmale Nirbhay Baburao	Assistant Professor
17	Mr. Kshirsagar Sandip Shrikishan	Assistant Professor
18	Ms. Ingle Priyanka Vikram	Assistant Professor
19	Mr. Yeolekar Varad Prakashrao	Assistant Professor
20	Mr. Sayyed Sadat Kalam	Assistant Professor
21	Ms. Shah Nidhi Jitendra	Assistant Professor
22	Ms. Vaishnav Gauri Vijay	Assistant Professor
23	Ms. Mutha Saloni Vinodkumar	Assistant Professor
24	Ms. Shetkar Suchita Lahuraj	Assistant Professor
25	Ms. Rathi Vaishnavi Balaprasad	Assistant Professor
26	Mr. Shivnechari Prakash Madhavrao	Lecturer & HOD
27	Ms. Warad Tanuja Annarao	Lecturer
28	Mr. Shaikh Tajammul Hussain Akhtar Hussain	Lecturer
29	Ms. Swami Deepali Mallikarjun	Lecturer
30	Ms. Sabne Anjali Ambadas	Lecturer
31	Ms. Ghodake Kajal Babruvahan	Lecturer

## Non-Teaching staff

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1	Mr. Ware Ashish Gurushiddappa	Librarian
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3	Mr. Kisve Nitin Nagnath	Clerk
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5	Mr. Shaikh Majit Sadik	Accountant
6	Mr. Deshmukh Mahesh Hanumanthrao	Head Clerk
7	Mr. Kale Pramod Sanjay	Clerk
8	Mr. Bembalkar Santosh Chandrakant	Clerk
9	Mr. Pawar Niles Nandkumar	Clerk
10	Mr. More Ishwarprasad Pralhad	Computer Opretor
11	Ms. Hanchate Madhuli Sudhakar	Lab. Tech.
12	Ms. Khan Farheen Akbar	Lab. Tech.
13	Ms. Hatagale Savita Prakiash	Lab. Tech.
14	Mr. Rajput Pruthvisinha Bharatsinha	Lab. Tech.
15	Mr. Wadwankar Dattaprasad Nandkumar	Lab. Tech.
16	Ms. Biradar Ravina Satish	Lab. Tech.
17	Mr. Khandade Rohit Sanjay	Lab. Tech.
18	Ms. Ausekar Sneha Yogesh	Lab. Tech.
19	Mr. Lohar Akshay Vidyasagar	Lab. Tech.
20	Ms. Birajdar Radha Arun	Lab. Tech.
21	Mr. Dhage Nishikant Gangadherrao	Lab. Tech.
22	Mr. Maske Rushikesh Trimbak	Sport Teacher
23	Mr. Patil Rajesh Shankarrao	Store keeper
24	Mr. Maske Ajay Uttam	Lab Attender
25	Mr. Pawar Vikas Shankar	Lab Attender
26	Mr. Hembade Yogiraj Pnaditrao	Lab Attender
27	Mr. Role Sunil Manohar	Lab Attender
28	Mr. Deshmukh Sanjay Shivajirao	Lab Attender
29	Mr. Ghodke Punit Nagnath	Lab Attender
30	Mr. Wagdare Rajshekhar Shivanandappa	Lab Attender
31	Mr. Gaikwad Govind Nandkumar	Lab Attender
32	Mr. Mali Ram Dhondiram	Peon
33	Mr. Landge Sandip Dnyandev	Peon
34	Mr. Thakur Kirtikumar Lalusingh	Peon
35	Mr. Momin Fayyaj Gausoddin	Peon
36	Ms. Kanade Seema Rajendra	Peon

# ACHIEVEMENTS

Dayanand Education Society's  
**DAYANAND COLLEGE OF PHARMACY**  
Barshi Road, Latur.

15 Year of Excellence in Pharmacy Education

**Shining Star**

**GPAT**  
**All India Rank**  
**11**  
**Score - 377**

NIPER 2024 AIR 56	GPAT 2023 AIR 319
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**B. Pharm Final Year**  
**(8.84 CGPA)**

**Mr. Akshay Kale**

**B. Pharmacy Final Year Student Mr. Akshay Kale got all India Rank 11th in GPAT Examinations 2024**

## प्राचार्या डॉ. क्रांती सातपुते यांच्या संशोधन प्रकल्पास मिळाली मंजूरी

लातूर | दयानंद शिक्षण संस्था लातूर द्वारा संचालित दयानंद कॉलेज ऑफ फार्मसीच्या प्राचार्या डॉ.क्रांती सातपुते यांना महाराष्ट्र शासन, मुंबईच्या राजीव गांधी सायन्स आणि टेक्नोलॉजी कमीशन मार्फत साडे पाच लाख रुपये इतका निधी त्यांच्या संशोधन प्रकल्पास मंजूर करण्यात आला आहे. त्वचारोगाच्या उपचारासाठी नॅनो हर्बल तंत्रज्ञान अवलंबवून नैसर्गिक / हर्बल साधनांचा वापर करून आणि औषधांची गुणवत्ता व प्रभाव तपासून उपयोग करण्याजोगे फॉर्म्युलेशन तयार करणारा हा संशोधन प्रकल्प संजीवनी बेट : त्वचा विकारांसाठी नॅनो हर्बल फॉर्म्युलेशनची रचना आणि विकास असा आहे. त्यांचा या संशोधन प्रकल्पपूर्ती करिता दयानंद शिक्षण संस्थेचे अध्यक्ष लक्ष्मीरमण लाहोटी, उपाध्यक्ष अरविंदराव सोनवणे, सचिव रमेश बियाणी, कोषाध्यक्ष संजय बोरा आदींनी शुभेच्छा दिल्या.

**Dr. Satpute K.L. sanctioned of research project of amount Rs - 5,50,000/- funded by Rajiv Gandhi science & technology commission, Mumbai, Government of Maharashtra.**

## आनंद नगरी लातूरनगरी

मुळवार, दि.११ जुलै २०२४ ६

## लातूर दयानंद फार्मसीचा विद्यार्थी अक्षय काळे जीपॅट परीक्षेत देशातून ११ वा

सातूर / प्रतिनिधी

भारत सरकारच्या मानव विकास संसाधन मंत्रालयाच्या यतीने अखील भारतीय स्तरावर फार्मसीच्या विद्यार्थ्यांसाठी घेण्यात आलेल्या जीपॅट (जिपॅट फार्मसी अॅप्टीट्यूड टेस्ट) या परीक्षेत लातूर येथील दयानंद कॉलेज ऑफ फार्मसी या महाविद्यालयातील बी.फार्म षष्ठ्ये व विद्यार्थी अक्षय काळे याने उत्तुंग असे यश मिळवत जीपॅट २०२४ च्या परीक्षेत देशातून ११ वा क्रमांक पटकावला आहे.याच विद्यार्थ्याने नायबर २०२४ च्या परीक्षेत देशातून ५६ वा क्रमांक पटकावला आहे.

विद्यार्थ्यांच्या या यशाबद्दल महाविद्यालयाच्या प्राचार्या डॉ.क्रांती सातपुते यांनी त्याचा सत्कार केला. या प्रसंगी शैक्षणिक विभाग प्रमुख डॉ.समीप सोनवणे, डॉ.रघुनाथ बुडुकरकर प्रा.सोहित साठडा,



जीपॅट विभागप्रमुख डॉ.अर्चना येसमटे यांची प्रमुख उपस्थिती होती.

अखिलभारतीय स्तरावर या संस्थे द्वारे हि परीक्षा घेण्यात येते. यातून विद्यार्थ्यांना वार्षिक १,५०,००० रुपये इतकी शिष्यवृत्ती प्राप्त होते. महाविद्यालया मार्फत जीपॅट सेल द्वारे प्रथम वर्षा वार्षिक या परीक्षेची तयारी करून घेण्यात येते. या अंतर्गत विद्यार्थ्यांना विशेष शिष्यवृत्ती वगैरे घेतले जातात. या सह सदरील विद्यार्थ्यांना सोडविण्यासाठी विशेष प्रशिक्षण दिले जाते. अक्षय ने आपल्या यशाचे

श्रेय कठोर परिश्रमासह महाविद्यालयातील तसा प्राध्यापक वृंदाच्या मार्गदर्शनाला दिले. विद्यार्थ्यांच्या घबरावून यशाबद्दल दयानंद शिक्षण संस्थेचे अध्यक्ष लक्ष्मीरमण लाहोटी, उपाध्यक्ष अरविंदराव सोनवणे, ललितकुमार गहा, रमेश राठी, सचिव रमेश बियाणी, कोषाध्यक्ष संजय बोरा, प्राचार्या डॉ.क्रांती सातपुते, जीपॅट विभागप्रमुख डॉ.अर्चना येसमटे आणि महाविद्यालयातील सर्व प्राध्यापक वृंदानी यशस्वी विद्यार्थ्यांचे अभिनंदन केले आहे.

## ACHIEVEMENTS



**Mr. Shankar More B.Pharm III Yr. Student got second prize In Agriculture & Animal Husbandary at National level Anvenshen held at Shivaji University Kolhapur Felicitated by Vice chancellor Dr. Manohar Chaskar**



**B. Pharmacy Third year student Mr. Mayur Patil & Mr. Shivam Kulkarni got Third Prize in National Level Research Competitions “Second Amrut-Pharmathon” Organized by Amrutvahini College of Pharmacy, Amrutnagar, Sangamner.**



## ACHIEVEMENTS



Mr. Ajay Rathod & Ms. Payal Potdar, D. Pharm II Year Students won First Prize in Model Presentation organized by Srinath college of Pharmacy, Aurangabad on dated 07 March 2022



Ms. Shweta Kyadalwar M.pharm II yr. Student won the First prize in District level Avishkar Research Festival 2024



Dr. Yelmate Archana won second Prize in Poster Presentation Competition in faculty category at national conference on exploring new horizons in pharmaceutical technology on date 14 & 15 September 2023 organized by D.Y. Patil deemed University Navi Mumbai.

## ACHIEVEMENTS



Winner at district level Avishkar Research Festival and University level Avishkar Research Festival 2024



Manasvi Garthe and Vedika Gilda has achieving NPTEL online certification for successfully completing the course soft skill development.



Mr. Sainath Suryawanshi, B. Pharm IV Year Students won Runner-up Prize in Health and Social Care organized by Maharashtra state skills computation, India Skills held at Don Bosco center for learning, kurla, Mumbai & supported by confederation of Indian industry on dated 19 to 20 March 2024.

## ACHIEVEMENTS



**Mr. Aniket Nisale, B. Pharmacy III Year Student for being elected as a President for Sakal Media Group for Young Inspiratory Network (YIN)**



**Ms. Vyvhare nandini, Ms. Kumdale Manisha, B. Pharm I Year Students won Second & Third Prize in rangoli competition organized by literacy and Cultural association Dayanand Science College, Latur. on dated 16 to 18 February 2024.**

# GPAT 2024 RANKERS



## Congratulations!



**AKSHAY KALE**  
MARKS-377 AIR-11



**PATIL VISHAL**  
MARKS-337 AIR-110



**GUJAR SHIVANI**  
MARKS-298 AIR-443



**MOTE ARPITA**  
MARKS-263 AIR-1060



**MISALE GAYATRI**  
MARKS-243 AIR-1689



**SURNAR VEDANTI**  
MARKS-222 AIR-2551



**NAVGIRESAKSHI**  
MARKS-220 AIR-2651



**KAPALE SHRINIVAS**  
MARKS-217 AIR-2827



**GADDAPWAR ANJALI**  
MARKS-213 AIR-3049



**GADE PRATI KSHA**  
MARKS-212 AIR-3123



**AMBORE SNEHAL**  
MARKS-201 AIR-3872



**SUTAR PRAJWAL**  
MARKS-197 AIR-4000



**PANCHAL RUTUJA**  
MARKS-195 AIR-4292



**VAIDYA AKANKSHA**  
MARKS-192 AIR-4608



**DUDHE DISHANI**  
MARKS-191 AIR-4643



**BAGWAN AALFIYA**  
MARKS-189 AIR-4816



**HULSURKAR SAKSHI**  
MARKS-183 AIR-5432



**VIJAPURE HANMANT**  
MARKS-182 AIR-5588



**KORNULE BALAJI**  
MARKS-181 AIR-5653



**GAIKWAD ADITYA**  
MARKS-110 AIR-5772



**KAWALGAONKAR VAISHNAVI**  
MARKS-179 AIR-5896



**SASANE PRATHAMESH**  
MARKS-175 AIR-6317



**JADHAV SNEHAL**  
MARKS-175 AIR-6375



**KIRTANKAR DIVYA**  
MARKS-172 AIR-6668



# NIPER JEE 2024 TOPPER



**Gujar Shivani**  
AIR - 53 M. TECH  
AIR - 231 M. PHARM



**Patil Vishal**  
AIR - 46 M. TECH  
AIR - 331 M.PHARM



**Kale Akshay**  
AIR - 56 M. TECH  
AIR - 581 M.PHARM



# NIPER JEE 2024 QUALIFIERS



**GUJAR SHIVANI**  
AIR - 53 M. TECH  
AIR - 231 M.PHARM



**PATIL VISHAL**  
AIR - 46 M. TECH  
AIR - 331 M.PHARM



**KALE AKSHAY**  
AIR - 56 M. TECH  
AIR - 581 M.PHARM



**MOTE ARPITA**  
AIR - 1379 M.PHARM



**NAVgire SAKSHI**  
AIR - 590 M. TECH  
AIR - 2490 M.PHARM



**MISALE GAYATRI**  
AIR - 355 M. TECH  
AIR - 2556 M.PHARM



**DUDHE DISHANI**  
AIR - 322 M. TECH  
AIR - 2700 M.PHARM



**VIJPURE HANMANT**  
AIR - 505 M. TECH  
AIR - 3308 M.PHARM



**MANIYAR RACHNA**  
AIR - 536 M. TECH  
AIR - 3113 M.PHARM



**AMBORE SNEHAL**  
AIR - 671 M. TECH  
AIR - 3719 M.PHARM



**KIRTANKAR DIVYA**  
AIR - 711 M. TECH  
AIR - 3550 M.PHARM



**ATHAWALE PRANITA**  
AIR - 723 M. TECH  
AIR - 3289 M.PHARM



**LABDE SHITAL**  
AIR - 145 M.TECH



**BHISE ASHWINI**  
AIR - 725 M. TECH  
AIR - 4661 M.PHARM



**SHINDE PRATIMA**  
AIR - 738 M.TECH



**PANCHAL RUTUJA**  
AIR - 729 M.TECH  
AIR - 4839 M.PHARM



**GAIKWAD ADITYA**  
AIR - 2867 M.PHARM



**ATKORE SUJIT**  
AIR - 4602 M.PHARM

## B. PHARMACY TOPPER

### B. Pharm Final Year Topper



**Bhishe Ankita Nivruti**  
78.52%



**Gujar Shivani Vilas**  
78.89%



**Bane Mamta Sudhakar**  
77.21%

### B. Pharm Third Year Topper



**Gade Pratiksha Arun**  
80.57%



**Navgire Sanjana Amarnath**  
77.42%



**Kanje Pratiksha Namdev**  
77.28%

## D. PHARMACY TOPPER

### D. Pharm First Year Topper



**Ms. Bhavsar Anuja**  
87.00%



**Ms. Pathan Swaleha**  
82.40%



**Ms. Kshirsagar  
Vaishali 82.10%**

### B. Pharm Second Year Topper



**Mr. Gholap Sourabh**  
87.09%



**Mr. Dongre Nagesh**  
85.91%



**Ms. Anuja Biradar**  
85.73%

## DAYANAND PHARMACON

### INTERNATIONAL CONFERENCE 2024

Dayanand College of Pharmacy, Latur has organized Two days International Conference Dayanand Pharmacon-2024 on Theme “Recent Trends in Drug Discovery and Development” from 2nd February to 3rd February 2024. This conference was sponsored and supported by Swami Ramanand Teerth Marathwada University, Nanded (SRTMU), Maharashtra State Board of Technical Education (MSBTE,) Association of Pharmaceutical Teachers of India (APTI), Indian Pharmaceutical Association (IPA). Nearabout 722 delegates from Maharashtra, Madhya Pradesh, Gujrat, Karnataka, Andhra Pradesh and international delegates from USA, Australia, Ireland, Nigeria and Kazakhstan have participated in this conference.



Dayanand Pharmacon-2024 was inaugurated by the Chief Guest of the event Dr. Milind Umekar, President, Association of Pharmaceutical Teachers of India (APTI).



President Shri Laximiraman Lahoti expressed in his views that this international conference, one of its kind, would be helpful for students and pharmacy researchers. During his speech he mentioned the achievement of Dayanand College of Pharmacy, Latur in obtaining A+ grade in NAAC accreditation, first such pharmacy college in SRTM University Nanded circle.



# DAYANAND PHARMACON



**Memorable Moments at Dayanand Pharmacon-2024 practical books published, graced by esteemed dignitaries and guests.**



**Guest Lecture Delivered by Dr. Umeyor C.E Faculty of Pharmaceutical Science Nnamdi Azikiwa University Nigeria**



**Guest Lecture Delivered by Dr. K. S. Ladda Professor ICT Mumbai.**



**Guest Lecture Delivered by Dr. Vishnu Thakre founder Director Scintilla, Mumbai.**



**Guest Lecture Delivered by Mr. Amit Patil Data Science & Strategy Manager, Accenture, Pune.**

## DAYANAND PHARMACON



**Guest Lecture Delivered by Dr. C. S. Kadam Head Speciality formulation Alembic Hyderabad.**



**Dr. Milind Umekar inaugurated poster presentation at Dayanand auditorium**



Winner of poster presentation was announced by Dr. Wadulkar R. D. Winner include Hritik Gupta, Pragati Jadhav, Abrar Siddiqi, Chawalke Prajakta, Murkute Jyoti, Kulkarni Shivam, Mayur Patil, Namrata Lade, Suryawanshi Reshma, Shinde Vaishnavi, Anuja Bavaskar, Dr. C. V. Panchal, Bhosale Gayatri, Dahale Ganesh, Mayuri Suryawanshi Prachi Mengshetty. Some teachers and delegates given overall Feedback regarding two days international conference Dayanand Pharmacon-2024. Mr. Sayyad S.G expressed gratitude at the closing ceremony acknowledging the support from Dayanand Education Society's President Shri. Laxmiraman Lahoti. Secretary Shri Ramesh Biyani, Treasurer Shri. Sanjay Bora and other members of Dayanand Education society for success of international conference Dayanand Pharmacon-2024.

## DAYANAND PHARMACON

### LIST OF WINNERS FOR POSTER PRESENTATION WINNERS D. PHARMACY CATEGORY

Sr. No	Prize	Code	Name of Authors	Name of College
1	First	DPH-13	Anuja Bhavsar & Bhosale Gayatri	Dayanand College of Pharmacy, Latur
			A comprehensive study on regulatory requirements for development and filing of generic drugs in India, USFDA, ANDA	
1	Second	DPH-05	Ganesh Sanjay Dahale	Nanded Pharmacy College (Poly), Nanded
			Generic vs Branded Drugs	
2	Third	DPH-11	Mayuri Bhalchandra Suryawanshi & Prachi Santosh Mengshetti	Latur College of Pharmacy, Hasegaon
			Drug master file	

### WINNERS B. PHARMACY (UG) CATEGORY

Sr. No	Prize	Code	Name of Authors	Name of College
1	First	UG-46	Kulkarni Shivam Dattatray & Mayur Patil	Dayanand College of Pharmacy, Latur
			Formulation and Optimization of Sustained Release Minitablets for Metoprolol	
2	Second	UG-48	Namrata Satish Lade & Dr.C.V. Panchal	Maharashtra College of Pharmacy, Nilanga
			Formulation and Evaluation of Nanostructured Lipid Carriee Loaded Topical Dosage form	
3	Third	UG-09	Suryawanshi Reshma Balasaheb & Shinde Vaishnavi Dattatray	Shivlingeshwar College of Pharmacy, Almala
			Stem Cells and Organ Regeneration	

# DAYANAND PHARMACON

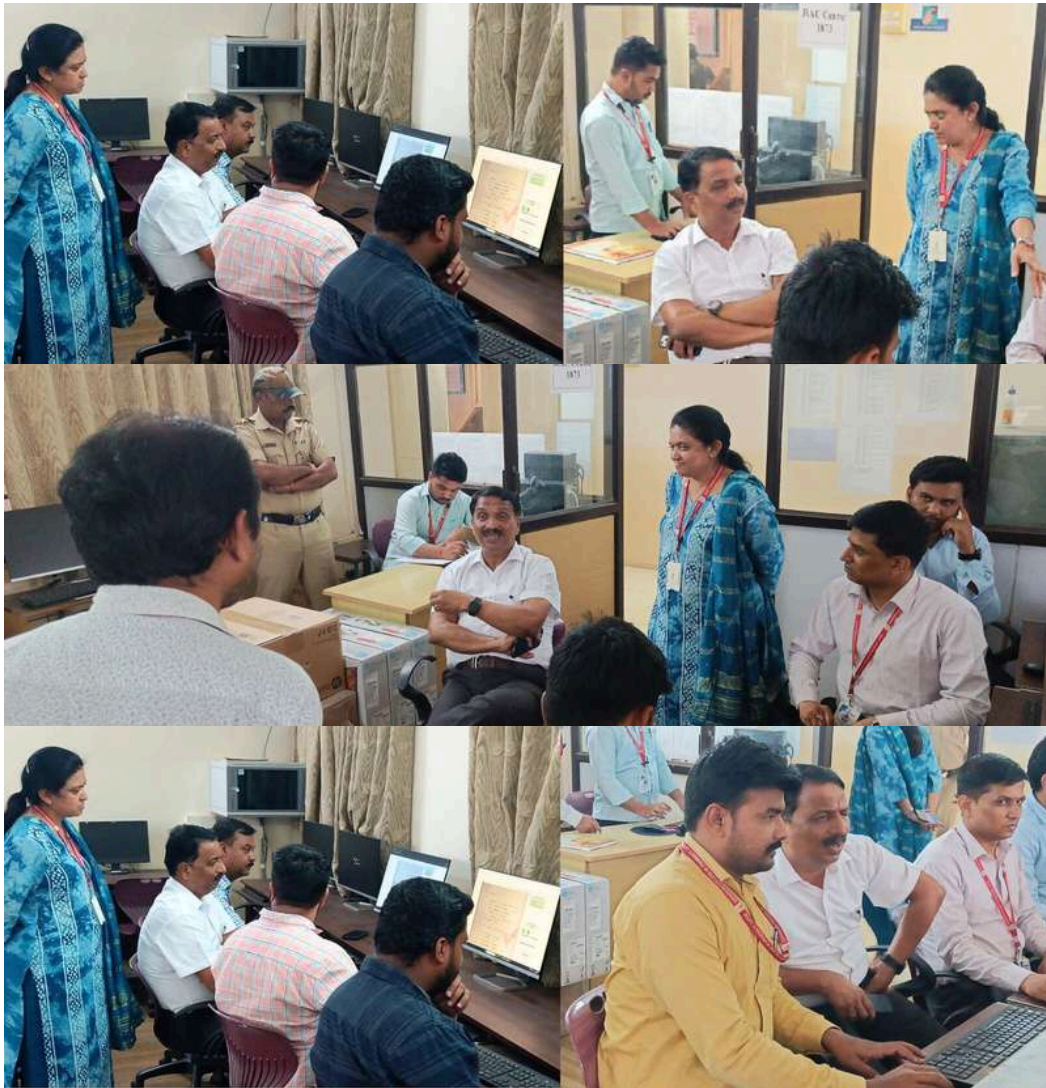
## WINNERS M. PHARMACY (PG) CATEGORY

Sr. No.	Prize	Code	Name of Authors	Name of College
1	First	PG-151	Hrithik Rohit Gupta & Dr. Meenakshi Patel	Parul University Vadodara, Gujarat
			Redispersible suspension- Pharmacist has the Very Best Possible Formulation for the Job at Han	
2	Second	PG-35	Pragati Jadhav & Shreya Mantri	AISSMS College of Pharmacy, Pune
			CHROMATOGRAPHIC STANDARDIZATION OF CISSUS QUDRANGULARIS LIN. EXTRACTS BY HPTLC & HPTLC-MS	
3	Third	PG-82	Abrar Abdul Malik Siddiqui	Y.B. Chavan College of Pharmacy, Chatrapati Sambhaji Nagar
			FORMULATION AND EVALUATION OF DASATINIB-LOADED LIPOSOMAL BUCCAL FILM FOR ORAL CANCER	
4	Consolation	PG-173	Chawalke Prajakta	Dayanand College of Pharmacy, Latur
			"SMART TAMPONS AND PADS TO DETECT VAGINAL CANDIDIASIS"	
5	Consolation	PG-181	Murkute Joyti M.	SBES INSTITUTE OF PHARMACY AMBAJOGAI
			COMPARATIVE STUDY OF METFORMIN AND ALOE VERA IN PREDIBETIC AND BRODERLINE DM	





**Dr. Manohar Chaskar, Vice –Chancellor, Swami Ramanand Teerth Marathwada University, Nanded visited surprisingly to our college on a date 28/05/2024**



**Dr. Manohar Chaskar observe the paper evolution work carried out at Dayanand College of Pharmacy, Latur. VC sir satisfy and appreciate the overall paper evolution work carried out at college Paper Assessment centre.**

**FACULTIES**



**Dr. Sonvane S.M.**  
Asso. Prof



**Mr. Gadgul A. B.**  
Asst. Prof



**Mr. Sarda R. R.**  
Asst. Prof



**Mr. Lohiya G. V.**  
Asst. Prof



**Dr. Yelmate A. A.**  
Associate Prof



**Mr. Halke N. S.**  
Asst. Prof



**Mr. Waghmare R. S.**  
Asst. Prof



**Mr. Rakh L. B.**  
Asst. Prof



**Mr. Birajdar M. J.**  
Asst. Prof



**Dr. Wadulkar R.D.**  
Associate Prof



**Mr. Kulkarni Y. P.**  
Asst. Prof



**Ms. Rajamanya T.M.**  
Asst. Prof



**Ms. Khanapure P. P.**  
Asst. Prof



**Dr. Shetkar B. M.**  
Associate Prof



**Dr. Syed S. M.**  
Asso. Prof



**Mr. Chalmale N.B.**  
Asst. Prof



**Mr. Kshirsagar S.S.**  
Asst. Prof



**Mr. Yeolekar V.P.**  
Asst. Prof.



**Ms. Ingale P.B.**  
Asst. Prof.



**Mr. Sayyed S.K.**  
Asst. Prof.



**Ms. Mutha S.V.**  
Asst. Prof.



**Ms. Vaishnav G.V.**  
Asst. Prof.



**Ms. Shaha N. J.**  
Asst. Prof.



**Ms. Shetkar S.L.**  
Asst. Prof



**Ms. Rathi V. B.**  
Asst. Prof



**Mr. Shivnechari P. M.**  
Lecturer



**Ms. Warad T.A.**  
Lecturer



**Mr. Shaikh T.A.**  
Lecturer



**Ms. Swami D.M.**  
Lecturer



**Ms. Sabne A.A.**  
Lecturer



**Ms Ghodake K.B.**  
Lecturer

## PATENT GRANTED / PUBLISHED / FILED BY FACULTY

Sr. No.	Name	Title of the Invention	Date
1	Dr. S. G. Sayyed	Instrument used for detection of Lung cancer	13/07/2023
2	Mr. R. R. Sarda	Portable 3D Printer for development of Nanofibers.	07/08/2023
3	Mr. N. S. Halke & Mr. L. B. Rakh	Dispenser device for thin layer chromatography reagent.	13/09/2023
4	Mr. G. V. Lohiya	Portable Artificial Cardiac pacemaker for heart rate control	07/10/2023
5	Dr. K. L. Satpute	Herbal anti acne cream compositions	30/01/2024
6	Mr. N. B. Chalmale	Non Invasive Apparatus For Nano needed mediated Transdermal Delivery of insulin	24/02/2024
7	Dr. Satpute K. L.	Herbal Anti Acne Facewash Compositions.	15/03/2024
8	Mr. R. R. Sarda	Nateglinide loaded nanostructured lipid carriers with improved bioavailability	05/04/2024
9	Dr. K. L. Satpute & Dr. S. M. Syed	Automatic Pharmacy Dispensing Machine (Pharma ATM)	29/04/2024
10	Mr. S. S. Kshirsagar	Design and Insilico Discovery of Coumarine-thiazolidinone Derivative as Novel Lead Inhibitor for Enoyl-(Acyl-carrier-protein) Reductase Essential in Active Tuberculosis	10/05/2024



## RESEARCH PUBLICATION

### RESEARCH PAPER PUBLISHED IN 2023-24 BY FACULTY OF DCOP, LATUR.

Sr. No.	Title of Research Paper	Author
1	RP-HPLC method development and Validation on betahistine dihydrochloride tablet	Dr. Satpute K. L. Dr. Shetkar B. M.
2	Detection & Analysis of medicinal plant samples for trace element using ED-XRF	Dr. Yelmate A. A. Dr. Satpute K. L. Ms. Sabne A. A.
3	Design & development of some Novel Heterocyclic compounds" targeted for NAVI-7	Dr. Sonvane S. M. Mr. Birajdar M. J. Dr. Satpute K. L. Mr. Shivnechari P. M.
4	uncovering the impact age season of on various types of skin and associated skin Issues: A Survey Analysis	Dr. Syed S. M.
5	Development & characterisation of pluronic based thermosensitive in situ gel containing Posaconazole for vaginal application	Ms. Rajamanya T. M.
6	Formulation & evaluation of ion activated in situ gelling ophthalmic solution containing Brimonidine tartrate using 32 factorial design.	Ms. Rajamanya T. M.
7	Formulation, Evaluation of Herbal gel Formulation for the treatment of cellulitis	Mr. Rakh L.B. Dr. Yelmate A. A. Dr. Satpute K. L.
8	Development of Almotriptan malate biodegradable Nanoparticles Loaded for Treatment of migraine	Mr. Halke N. S. Mr. Chalmale N. B.
9	Design, development, Evaluation & clinical study of Novel gel for dermal Disorders.	Dr. Yelmate A. A.
10	Formulation; development and Comparative study of herbal Lipstick by using different pigments	Mr. Waghmare R. S.
11	Introduction of analytical Techniques used in Herbal drug technology	Mr. Lohiya G. V.



## RESEARCH PUBLICATION

Sr. No.	Title of Research Paper	Author
12	In - silico prediction of thermostability of Cel9m from Ruminiclostridium cellulolyticum	Mr. Kshirsagar S. S.
13	Fabrication, Characterization ,evaluation of Terbinafine Loaded xanthan gum Nanogels for enhanced drug delivery.	Mr. Rakh L. B.
14	Development and Evaluationof verbesina flower extract based anti-Acne cream: A Novel Approach for Acne mangement	Mr. Rakh L. B.
15	The in-vitro antioxidant activity of polyherbal drug and in combination by using DPPH method	Ms. Shetkar S. L.
16	Anti-inflammatory Activity of solanium Trilobatum Linn by in-vitro means	Ms. Shah N. J.
17	Vaginitis and its current Treatment	Dr. Yelmate A. A. Dr. Satpute K. L
18	A Brief Review on Carbon Nanotubes	Dr. Yelmate A. A. Dr. Satpute K. L
19	Formulation and Evaluation of Mosquito Repellent Incense Sticks From Waste Herbal Material	Dr. Yelmate A. A. Dr. Satpute K. L.
20	Development and evaluation of Polyherbal soap against bacterial skin infections	Dr. Yelmate A. A. Dr. Satpute K. L.
21	Nanosponges: an aid to the targeted drug delivery system for antifungal diseases	Dr. Yelmate A. A. Dr. Satpute K. L.
22	Design, Development and Evaluation of Herbal Soap against Bacterial Skin Infections,	Dr. Yelmate A. A. Dr. Satpute K. L.
23	Alternative Natural Treatment for psoriasis	Dr. Yelmate A. A. Dr. Satpute K. L.
24	Formulation, optimization, in vitro and in vivo evaluation of Nateglinide-loaded nanostructured lipid carriers for enhanced bioavailability.	Mr. Sarda R. R.

## RESEARCH PUBLICATION

Sr. No.	Title of Research Paper	Author
25	RP-HPLC method development and Validation on Deflazacort Tablet	Mr. Lohiya G. V. Mr. Gadgul A. B.
26	Materiovigilance as Health care safety in India A Regulatory Prospective	Dr. Syed S. M.
27	Formulation and Evaluation of Herbal deodorant stick	Mr. Waghmare R. S.
28	Formulation and Evaluation of oral antiulcer Hydrogel of Berberis Aristata	Ms. Mutha S. V.
29	Formulation and Evaluation of Antimicrobial Gel of Clitoria Ternatea (Flowers)	Ms. Vaishnav G. V.
30	RP-HPLC method development and Validation on Dapagliflozine	Mr. Lohiya G. V. Mr. Kulkarni Y. P. Mr. Birajdar M. J. Mr. Shivanechari P. M.
31	Descriptive analytical study based on Profiling, morphological, pomological and pharmacological traits to identify the genotypes of the promising mango	Mr. Lohiya G. V. Mr. Gadgul A. B. Dr. Satpute K. L. Mr. Chalmale N. B.
32	RP-HPLC method development and Validation on Olaparib tablets	Mr. Lohiya G. V. Dr. Satpute K. L.
33	Exploring the potential therapeutic value of solanum lycopersicum. phytoconstituents for Parkinson's disease through molecular docking analysis	Mr. Lohiya G. V.
34	Competence in phytochemical investigation and pharmacological prospects of Curcuma Caesia Roxb.	Mr. Lohiya G. V.
35	Development of five member Heterocyclic Compounds as potential NAV 1.7 Inhibitors	Dr. Sonvane S. M. Mr. Birajdar M. J. Dr. Satpute K. L.
36	Empowering Consumers: The Evolving Paradigm of Customization in Personal Care Products	Dr. Syed S. M.
37	Advancements and Challenges in Drug Delivery Systems a Comprehensive Review	Ms. Ingle P. V.

## RESEARCH PUBLICATION

Sr. No.	Title of Research Paper	Author
38	Natural Herbs: A Boon to Anti-inflammatory Activity	Dr. Wadulkar R. D. Dr. Sayyed S. G.
39	Detection & Analysis of medicinal plant samples for trace element using ED-XRF	Dr. Yelmate A. A. Dr. Satpute K. L.
40	A review on : Doxorubicin induced cardiotoxicity and its mechanism	Dr. Wadulkar R. D. Dr. Satpute K. L.
41	A Review on Intranasal Treatment for Epilepsy	Mr. Lohiya G. V. Dr. Satpute K. L.
42	In Situ Gelling Nasal Drug Delivery System	Mr. Lohiya G. V. Mr. Sarda R. R.
43	Recent Advancement in Nose to Brain Drug Delivery	Mr. Lohiya G. V. Dr. Satpute K. L.
44	Conjunctivitis in unusual populations: A Review of rare cases and challenges in diagnosis and management	Mr. Lohiya G. V.

## SPORT ACHIEVEMENTS



**Dayanand Education Society's Dayanand College of Pharmacy, Latur Ms. Vidhya Chate has won first runner up prize in disk throw tournament which is organized by IDSSA.**



**Dayanand Education Society's Dayanand College of Pharmacy, Latur has won first prize in cricket in state inter collegiate tournament which is organized by Nirmal Krida welfare Education Society's institute of Pharmacy Badnapur district Jalna.**



**Dayanand Education Society's Dayanand College of Pharmacy, Latur Mr. Kulkarni Shivam has won State level inter pharma chess competition at C.B.College, latur**

## SPORT ACHIEVEMENTS



**Dayanand Education Society's Dayanand College of Pharmacy, Latur has got Third rank in Inter zone cricket women competition.**



**Dayanand Education Society's Dayanand College of Pharmacy, Latur Mr. Manoj Gavhane has won Second Prize in Inter zone taekwondo competition.**

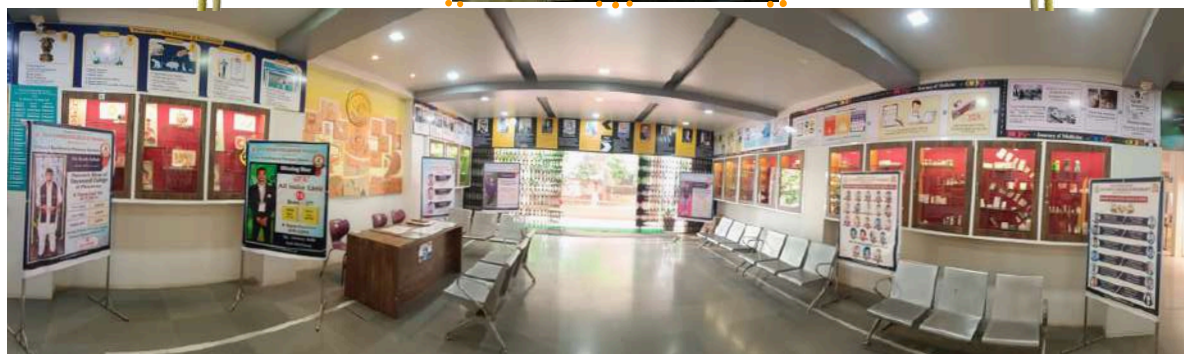


**Dayanand Education Society's Dayanand College of Pharmacy, Latur has won first prize in cricket in regional level cricket tournament which is organized by S. L. S. A. Pharmacy college, Mukhed.**



## INFRASTRUCTURE...

The institution is highly equipped and maintained infrastructural facilities which are constantly reviewed and upgraded to develop the latest trends and development in tune with the best for academy and research. The college accommodate student studying on diploma, UG, PG programs. immoderate and well ventilated classrooms with digital facilities that provides excellent academic ambience to the student. all department are equipped with the necessary infrastructure. a specious instrumentation room is separately set up which many sophisticated analytical equipment and ultramodern facilities for imparting updated education. All the requirements of students such as water, electricity, gas, server connection provided by all the departments the college has ICT facility, seminar hall, sport facility, NSS unit, canteen facility etc.



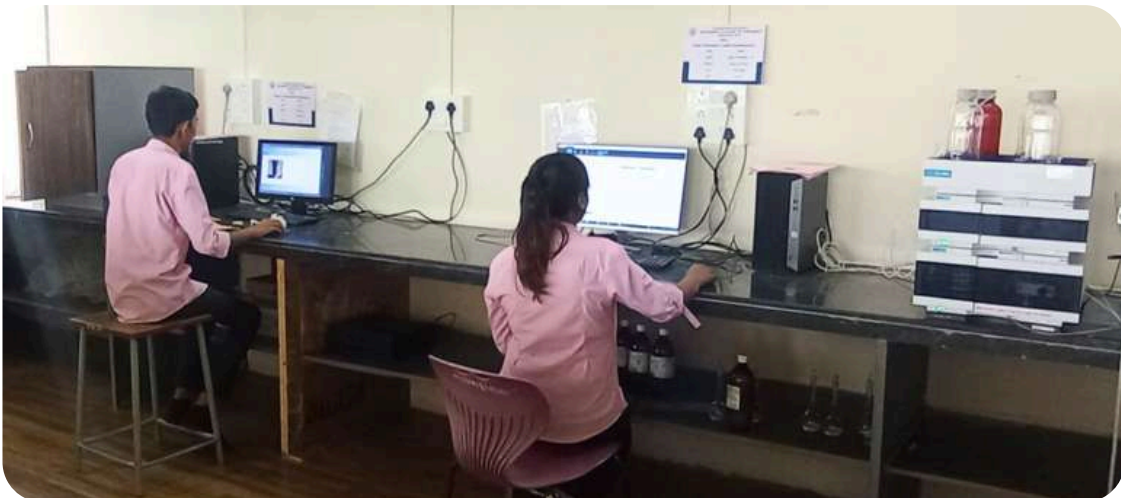
**Entrance of Dayanand College of Pharmacy, Latur.**



**Principal Cabin of Dayanand College of Pharmacy, Latur.**



**Meeting Room of Dayanand College of Pharmacy, Latur.**



**M. Pharm Research Lab of Dayanand College of Pharmacy, Latur.**



**Pharmaceutics Lab of Dayanand College of Pharmacy, Latur.**



**Animal House of Dayanand College of Pharmacy, Latur.**



**Seminar Hall of Dayanand College of Pharmacy, Latur.**





# LIBRARY

- TOTAL NO. OF BOOKS - 12029
- TOTAL NO. OF TITLES IN ALL SECTION - 1918
- REFERANCE BOOKS - 402
- TEXT BOOKS - 10546
- PRACTICAL BOOKS - 758
- GENERAL READING BOOKS - 323
- D.PHARM - BOOKS - 2651
- B.PHARM - BOOKS - 8493
- M.PHARM - BOOKS - 530
- PRESENTED - BOOKS - 258
- BOOKBANK - BOOKS - 97
- DELNET (E-JOURNALS & E-CONTENT) - 389
- E-BOOKS / PDF BOOKS COLLECTION - 650
- NATIONAL JOURNALS - 15
- INTERNATIONAL JOURNALS - 5
- C.D. / DVD - 117
- LIBRARY ASSIGNMENTS - 646





# **CURRICULAR ACTIVITIES GUEST LECTURES/ SEMINAR WORKSHOPS**





**Dayanand Education Society's Dayanand College of Pharmacy organized Alumni Interaction series on topic Scope in pharma marketing by Mr. Ganesh Warade, Therapy manager, Cipla Pharmaceutical Ltd. on dated 16 September 2023**



**Dayanand Education Society's Dayanand College of Pharmacy organized Singing competition on College Activity day.**



**Prof. Ramesh Sonule, Director, Jivan Sanjivani PVT. LTD. Satara. Presented a guest lecture on the topic Fastest Study Technique on dated 22 Feb. 2024**



**Dayanand Education Society's Dayanand College of Pharmacy organized Instagram reels competition on College Activity day.**



**Dayanand Education Society's Dayanand College of Pharmacy organized seminar on Topic Dental Care & Hygiene By Dr. Anand S. Ambekar on dated 23 November 2023.**



**Dayanand Education Society's Dayanand College of Pharmacy organized Alumni Interaction on Topic Entrepreneurship development skill By Mr. Anuj B. Porwal on dated 23 November 2023.**



**Dayanand Education Society's Dayanand College of Pharmacy, Latur organized Certificate course on advanced personality development Programme by Mr. Rahul Bulani, CATLYST Group, Latur**



**Dayanand Education Society's Dayanand College of Pharmacy organized Intra College Poster presentation competition on College Activity day. 26/10/23**



**Dr. Anita Rathod, Medical officer, Government Hospital, Murud, Latur. Presented a guest lecture on the topic self care and self management on dated 15 Feb. 2024**



**Ms. Pooja Nandgure, M. Pharm Pharmaceutics NIPER, Kolkata. Presented a guest lecture on the topic GPAT Exam Preparation on dated 15 Feb. 2024**



**Dayanand Education Society's Dayanand College of Pharmacy organized Guest Lecture on topic Fundamental rights and responsibilities of Indian constitution by Dr. Ashok N. Gaikwad, Professor , Shahid Bhagatsingh College, Killari, Latur on dated 05 October 2023.**



**Dayanand Education Society's Dayanand College of Pharmacy organized Guest Lecture on topic Application of biotechnology in pharmaceutical industry by Dr. Komal Gomare, Head of biotechnology department Dayanand Science College, Latur on dated 05 October 2023.**



Latur, Maharashtra, India

Dayanand Education Society Campus, Dayanand College of Pharmacy Barshi Road

**Mr. Vaibhav Baraskar, District partner, Latur Genericart Medicine PVT LTD. Presented a guest lecture on the topic business opportunities with Genericart Medicine on dated 22 Feb. 2024**



**Dayanand Education Society's Dayanand College of Pharmacy organized Guest Lecture on topic how to prepare for competitive exam in pharmacy by Mr. Audumber Shinde, Gpat tutor, APA Academy, Latur on dated 05 April 2024.**

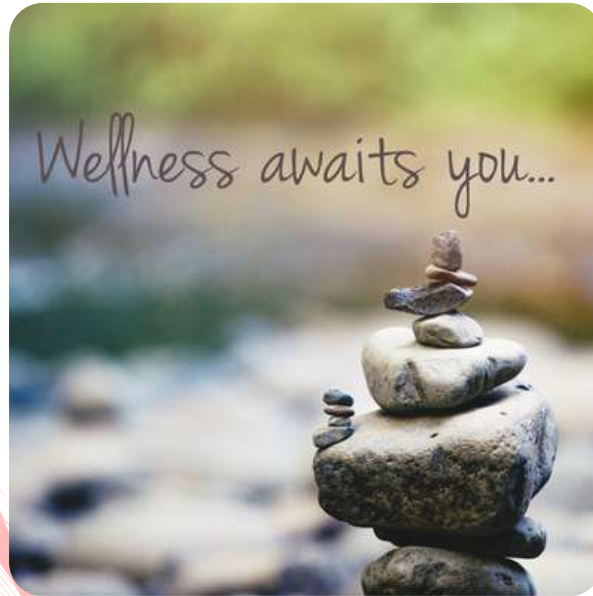


**Dayanand Education Society's Dayanand College of Pharmacy organized Guest Lecture on topic government exams in pharmacy by Mr. Dnyaneshwar Patil, Senior Pharmacy officer, Latur. on dated 20 April 2024.**

# English Section



## ACCEPTANCE WELLNESS: A GUIDE TO A DAILY HEALTHY LIFESTYLE



In the hustle and bustle of modern life, maintaining a healthy lifestyle can often feel like a daunting task. However, with mindful choices and consistent habits, achieving and sustaining wellness can become a rewarding part of everyday life. A daily healthy lifestyle encompasses a range of practices that promote physical, mental, and emotional well-being, ultimately contributing to a higher quality of life.

### Starting the Day Right: Morning Rituals

The foundation of a healthy day begins with a nourishing morning routine. This can include waking up at a consistent time each day to regulate the body's internal clock, hydrating with a glass of water, and stretching to awaken muscles and improve flexibility. Many find meditation or mindfulness exercises beneficial for centering the mind and preparing for the day ahead. A nutritious breakfast, rich in proteins, fiber, and vitamins, fuels the body and jump-starts metabolism.

### Nourishing the Body: Balanced Nutrition

A key component of a healthy lifestyle is maintaining a balanced diet. This means consuming a variety of nutrient-dense foods such as fruits, vegetables, lean proteins, and whole grains. Portion control is also crucial to prevent overeating. Avoiding excessive sugar, saturated fats, and processed foods helps to reduce the risk of chronic diseases and supports overall well-being. Hydration plays an equally vital role; drinking an adequate amount of water throughout the day aids digestion, regulates body temperature, and flushes out toxins.

### Active Living: Exercise and Movement

Incorporating regular physical activity into daily life is essential for cardiovascular health, muscle strength, and mental clarity. Whether it's through brisk walks, yoga, swimming, or cycling, finding an exercise routine that suits individual preferences and abilities is key. Aim for at least 30 minutes of moderate-intensity exercise most days of the week, supplemented by strength training exercises to maintain bone density and muscle mass.

#### **Prioritizing Mental Well-being: Stress Management**

Managing stress is integral to a healthy lifestyle. Chronic stress can contribute to a variety of health issues, including heart disease and depression. Techniques such as deep breathing, meditation, and spending time in nature can effectively reduce stress levels. It's also important to cultivate supportive relationships and seek professional help when needed to maintain emotional balance

#### **Quality Sleep: Rest and Recovery**

Adequate sleep is fundamental to overall health and well-being. Adults typically require 7-9 hours of restful sleep each night to support cognitive function, mood regulation, and immune system strength. Establishing a bedtime routine, such as avoiding screens before bed and creating a comfortable sleep environment, can improve sleep quality.

#### **The Role of Mindfulness: Being Present in Everyday Life**

Mindfulness involves being fully present in the moment and paying attention to one's thoughts, feelings, and surroundings without judgment. Practicing mindfulness can enhance mental clarity, reduce anxiety, and improve overall happiness. Techniques such as mindful eating, where one savors and appreciates each bite, can foster a healthier relationship with food and promote digestion.

#### **Conclusion: Cultivating Long-Term Wellness**

A daily healthy lifestyle is not just a series of habits but a holistic approach to well-being that encompasses physical health, mental clarity, and emotional stability. By incorporating nutritious eating, regular exercise, stress management techniques, quality sleep, and mindfulness practices into daily routines, individuals can cultivate long-term wellness and enjoy a higher quality of life. Remember, small, consistent changes over time can lead to significant improvements in overall health and vitality.

Embracing wellness is a journey that begins with a commitment to self-care and a desire to live life to the fullest. Start today by making small, positive changes and watch as they blossom into a vibrant, healthy lifestyle that benefits mind, body, and spirit.

**Mr. Naresh Halke**

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## **NURTURED BY NATURE**



**In a world dominated by screens and concrete jungles, there exists a profound need to reconnect with the natural world. This article explores the transformative power of outdoor education, illustrating how nature serves as a nurturing force for personal growth, academic development, and holistic well-being. This article explores how immersing oneself in the natural world can play a transformative role in building resilience and self-confidence, fostering inner strength and personal growth. There is mounting evidence, from dozens and dozens of researchers, that nature has benefits for both physical and psychological human wellbeing,” says Lisa Nisbet, PhD, a psychologist at Trent University in Ontario, Canada, who studies connectedness to nature. “You can boost your mood just by walking in nature, even in urban nature. And the sense of connection you have with the natural world seems to contribute to happiness even when you’re not physically immersed in nature.”**

**The Healing Touch of Nature: Incorporating nature into educational settings provides students with opportunities for sensory exploration, physical activity, and emotional rejuvenation. Research suggests that exposure to green spaces reduces stress, improves mood, and enhances cognitive function. Whether through outdoor classrooms, nature walks, or wilderness retreats, educators can harness the healing touch of nature to create supportive learning environments.**

**Learning beyond the Classroom Walls: Outdoor education transcends traditional classroom boundaries, offering hands-on experiences that engage students in meaningful ways. From studying ecosystems in local parks to conducting field experiments in remote wilderness areas, outdoor learning fosters curiosity, critical**

thinking, and a deeper connection to the natural world. By immersing students in real-world contexts, educators can cultivate a sense of wonder and appreciation for the complexities of nature.

**Cultivating Environmental Stewardship:** Exposing students to nature at an early age instills a sense of responsibility for environmental conservation and sustainability. Through environmental education programs, students learn about ecological systems, biodiversity, and the interconnectedness of all living things. By nurturing a sense of stewardship and respect for the Earth, outdoor education empowers future generations to protect and preserve our planet for years to come.

**Building Resilience and Self-Confidence:** Outdoor experiences provide opportunities for students to challenge themselves, overcome obstacles, and build resilience. Whether scaling a rock wall, navigating a hiking trail, or participating in team-building activities, students develop confidence, perseverance, and problem-solving skills. By stepping outside their comfort zones, students discover their inner strength and develop a growth mindset that serves them well in all aspects of life.

**Fostering Social Connection and Collaboration:** Outdoor education promotes teamwork, communication, and collaboration among students from diverse backgrounds. By working together to solve problems and achieve common goals, students develop empathy, cooperation, and a sense of community. Outdoor activities encourage positive social interactions and foster lasting friendships, bridging cultural, social, and linguistic divides.

**Embracing the Power of Outdoor Adventure:** Outdoor adventure offers a thrilling opportunity to push our limits, overcome obstacles, and test our courage. Whether it's scaling a mountain peak, navigating a rugged trail, or paddling down a rushing river, outdoor activities challenge us physically, mentally, and emotionally. By confronting fears, taking calculated risks, and embracing new experiences, we can build resilience and confidence in our abilities to face life's challenges head-on.

**Learning from the Wisdom of the Wilderness:** Nature is a wise teacher, offering profound lessons in adaptability, perseverance, and resilience. From the resilience of a towering redwood tree to the perseverance of a tiny seed pushing through the cracks in the pavement, the natural world is full of stories of triumph over adversity. By observing and learning from the resilience of plants, animals, and ecosystems, we can draw inspiration and strength for our own journeys of self-discovery and growth.

**Cultivating a Sense of Wonder and Awe:** Spending time in nature evokes a sense of wonder and awe that transcends our everyday concerns and anxieties. Whether gazing at a star-filled sky, watching a majestic waterfall, or witnessing a breathtaking

sunrise, nature reminds us of the beauty and majesty of the world around us. Cultivating a sense of wonder and awe can foster humility, gratitude, and a deep appreciation for the resilience and interconnectedness of all life.

Nurtured by nature, outdoor education offers a transformative learning experience that enriches the mind, body, and spirit. By embracing the natural world as a classroom, educators can cultivate curiosity, resilience, and environmental stewardship in students, preparing them to navigate life's challenges with confidence and compassion. Nature serves as a powerful catalyst for building resilience and self-confidence, offering solace, inspiration, and wisdom to those who seek it. By connecting with the natural world, embracing outdoor adventure, and learning from the wisdom of the wilderness, we can cultivate inner strength, courage, and resilience to navigate life's challenges with grace and confidence. As we walk the path of self-discovery and personal growth, let us remember to take time to pause, breathe, and immerse ourselves in the healing embrace of nature.

**Ms. Mutha S. V.**

Assistant Professor  
Dayanand College of Pharmacy, Latur

## **NEVER GIVE UP**

**If I made a mistake,  
Then I would have to retake  
and do it once again  
Even feel the pain**

**But there also lays a prize  
And that made me realize that  
Even if I was to fail  
If would be a learning trail**

**If I hope for medals and a cup  
I can't just relay on luck  
I must do hard work  
To show the world my worth**

**That's the reasons of never giving up!**



**Pooja Phad**

B. Pharm second year



## **ARTIFICIAL INTELLIGENCE IN DRUG DISCOVERY**

In today's world of globalization and proliferating businesses with the ever expanding ICT, 'Artificial Intelligence' is a concept that kicks in. Artificial Intelligence or AI, as the name suggests, is an invention of man which enhances the capabilities and efficiencies. Artificial Intelligence (AI) refers to cloning of human intelligence in machine learning that are programmed to think and learn. AI system employs evolutionary algorithms and reinforcement learning that autonomously improves their capabilities.

AI is used across wide range of fields like healthcare, finance, transportation, manufacturing, etc.

The intersection of Artificial Intelligence(AI) and drug discovery marks a revolutionary leap in the pharmaceutical industry.

AI processes vast amounts of data to identify patterns, accelerating the development of new drugs and enhancing their precision.

**Pacing up drug discovery**

AI can significantly expedite the initial stages of drug discovery. Traditionally identifying potential drug candidates involves screening vast libraries of compounds, a process that can take years.

AI algorithms, particularly those utilizing machine learning(ML) and deep learning, can analyze extensive datasets quickly to identify potential drug candidates.

For instance, AI has been put into use to link potential inhibitors for protein targets concerned with cancer, significantly speeding up discovery.

AI not only speeds up the discovery but also refines the clarity of drug development. By analyzing complex biological data, AI can help understand the undivulged mechanisms of diseases and identify targets.

For example, Benevolent AI is applied to understand the biology of diseases and predict which existing drug could be repurposed to treat them. This approach led to the identification of Baricitinib as a potential treatment for COVID-19, which was subsequently validated in clinical trials.

Another such example is Insilico Medicine, which used AI to identify a new drug candidate for idiopathic pulmonary fibrosis (IPF) within 18 months. The AI system aided in analyzing millions of data points to predict which compounds would be effective against the disease.

#### **Challenges in exercising of Artificial Intelligence**

The application of AI in drug discovery comes out with several challenges. The quality and comprehensiveness of data are critical for training effective AI models. When adding AI to your organization, solving tech problems is key. We need to make sure AI works well and grows with our needs. Keeping a close eye on how AI performs, will help to spot problems early and fix them early.

The future of AI in drug discovery looks promising, with continuous advancements in AI algorithms and computational power.

In conclusion, AI is assured to revolutionize drug discovery by making it faster, more precise and cost effective. The potential benefits of AI driven drug discovery makes it a vital area to focus on the pharmaceutical industry. As AI technology continues to evolve, its role in drug discovery will expand.

**Manasvi Garthe**  
B.pharm I year



## **THE INTERSECTION OF ENVIRONMENT AND SUSTAINABILITY: A PATH FORWARD**

In the face of mounting environmental challenges, the concept of sustainability has become a beacon of hope for the future of our planet. The term 'environmental sustainability' is often used to describe the necessary balance that allows ecosystems to thrive while supporting human health and well-being, both now and for future generations.

At its core, environmental sustainability involves the responsible management of natural resources to prevent depletion and maintain ecological balance. This includes a wide range of practices, from conserving water and energy to protecting biodiversity and reducing waste. The goal is to create a sustainable world where economic growth does not come at the expense of the environment.

One of the key aspects of environmental sustainability is its forward-looking nature. It's about making decisions today that will not compromise the ability of future generations to meet their needs. This requires a long-term perspective and a commitment to continuous improvement.

The importance of environmental sustainability is also highlighted in the United Nations Sustainable Development Goals (SDGs), which provide a framework for addressing global challenges such as poverty, hunger, and climate change. These goals emphasize the interconnected nature of these issues and the need for holistic solutions that consider the health and preservation of ecosystems.

Businesses, too, have a critical role to play in this endeavor. By adopting environmentally sustainable practices, companies can align their profits with the well-being of people and the planet. This can involve everything from reducing carbon



emissions to implementing circular economy principles that minimize waste and promote the reuse of materials.

However, achieving environmental sustainability is not without its challenges. It requires a collective effort from individuals, communities, governments, and businesses worldwide. It also demands innovation and the development of new technologies that can help us live more sustainably.

As we move forward, education and awareness will be key in fostering a culture of sustainability. By understanding the impact of our actions on the environment, we can make more informed choices that contribute to a healthier, more sustainable world.

In conclusion, environmental sustainability is not just an ideal to strive for; it's a necessity for the survival of our planet. By working together and making sustainability a priority in all aspects of life, we can ensure a thriving future for ourselves and generations to come.

For more insights and discussions on environmental sustainability, stay tuned to our blog and join the conversation. Let's build a sustainable future, together.

**Mr. Rakh L.B**

Assistant Professor,  
Dayanand College of Pharmacy.



## **UNLOCKING YOUR TRUE POTENTIAL: A JOURNEY TO SELF-DISCOVERY, RESILIENCE, AND SUCCESS**

Have you ever felt like you're stuck in a rut, like you're not living up to your full potential? Do you dream of achieving greatness, but don't know where to start? Then it's time to unlock your true potential and unleash your inner power.

In this article, we'll take a journey of self-discovery, exploring the keys to unlocking your potential, building resilience, and achieving success. We'll delve into the mindset of high achievers, explore the power of positive thinking, and provide practical strategies for overcoming obstacles and staying motivated.

### **Self-Discovery-**

The journey to success starts with self-discovery. Understanding your values, passions, and goals is crucial to unlocking your potential. Take the time to reflect on what drives you, what makes you tick, and what you want to achieve in life.

### **Identify Your Strengths and Weaknesses-**

Understanding your strengths and weaknesses is essential to playing to your strengths and working on your weaknesses. Focus on developing your skills and talents, and don't be afraid to ask for help when needed.

### **Embrace Your Uniqueness-**

You are unique, with a special set of talents, skills, and experiences. Embrace your individuality and don't compare yourself to others. Focus on your journey and celebrate your successes.

**Building Resilience-** Life is full of ups and downs, twists and turns. Building resilience is key to overcoming obstacles and staying motivated. Here are some strategies for building resilience: Develop a Growth Mindset

**Embrace challenges as opportunities for growth and development. Believe that your abilities can be developed through hard work, dedication, and persistence.**

**Focus on the Positive-**

**Practice positive thinking by focusing on the good in every situation. Practice gratitude and reframe negative thoughts into positive ones.**

**Build a Support Network-**

**Surround yourself with positive influences, people who support and encourage you. Build a network of mentors, friends, and family who will help you stay motivated and focused.**

**Achieving Success:**

**Success is not a destination; it's a journey. Here are some strategies for achieving success**

**Set Clear Goals-**

**Set specific, measurable, achievable, relevant, and time-bound goals. Break down your goals into smaller steps and take consistent action towards achieving them.**

**Embrace Failure-**

**Don't fear failure; embrace it as an opportunity to learn and grow. Use failure as a stepping stone to success.**

**Stay Focused and Motivated-**

**Stay focused on your goals and motivated by celebrating your successes, no matter how small. Practice self-care and take time to rest and recharge.**

**Unlocking your true potential requires self-discovery, resilience, and a willingness to take action. Believe in yourself, your abilities, and your worth. Embrace your uniqueness, focus on the positive, and build a support network. Set clear goals, embrace failure, and stay focused and motivated. You have the power to create the life you want; take the first step today.**

**Kanak Kale**  
M. Pharm II Year



## KNOWLEDGE

My philosopher friend is explaining again  
that the bottle of well-chilled beer in my  
hand

might not be a bottle of beer,  
that the trickle of bottle-sweat cooling in  
my palm

might not be wet, might not be cool,  
that in fact it's impossible ever to know

if I'm holding a bottle at all.  
I try to follow his logic, flipping the steaks

that are almost certainly hissing  
over the bed of coals—coals I'd swear

were black at first, then gray, then red—  
coals we could spread out and walk on

**Nagesh Dongare**  
B.Pharm II

and why not, I ask, since we'll never be sure  
if our feet burn, if our soles

blister and peel, if our faithlessness  
is any better or worse a tool

than the firewalker's can-do extreme.  
Exactly, he smiles. Behind the fence

the moon rises, or seems to.  
Have another. Whatever else is true,

the coals feel hotter than ever  
as the darkness begins to do

what darkness does. Another what? I ask.

# HOBBY

The word 'Hobby' is derived from "hobby-horse" which is a stick fitted with a wooden horse's head, which children ride astride for their amusement. We still talk of a person "riding" his hobby. So hobby is an amusement; properly, it is any interesting pursuit, not our main business, which we take up for our amusement in our leisure time. What is a business to one person may be a hobby to another, for example, a photographer may have gardening as his hobby and a paid gardener may go in for photography as a recreation.

There are many kinds of hobbies. Many take the form collecting in some form. Collecting postage stamps is one of the common hobbies. Some make collections of wild flowers and ferns and press and mount their specimens. Others take an interest in geology and find much amusement in collecting fossils. Such hobbies do not cost much and are within the reach of all.

Other types of hobby take the form of games and sports. Many take up open-air games like Golf, Tennis, Cricket or Football or indoor games such as Chess and Cards, as their hobbies. While Hunting, Fishing or Yachting are the favourite recreations of many people. Photography, Sketching, Painting and Wood-carving are some of the interesting and instructive hobbies.

Many people find great pleasure and interest in gardening, especially in cultivating some special flowers like roses. Some people like keeping pets such as rabbits and dogs. Reading is one of the pleasant hobbies. A person, who has acquired habit of reading, has secured a life-long source of pleasure. A person never feels lonely, if he has habit of reading books.

Everyone young and old should have a hobby of some sort, for his/her leisure hours as it adds greatly to the pleasure of life. It is often an education in itself and it fills our vacant hours with interest. It also gives us something to fall back on, when our business days are over, in the leisure time, at the end of life.

**Ms. Trupti M. Rajamanya**  
Assistant Professor,  
Dayanand College of Pharmacy, Latur.



## THANKS

Thanks for the tree  
between me & a sniper's bullet.  
I don't know what made the grass  
sway seconds before the Viet Cong  
raised his soundless rifle.

Some voice always followed,  
telling me which foot  
to put down first.

Thanks for deflecting the ricochet  
against that anarchy of dusk.

I was back in San Francisco  
wrapped up in a woman's wild  
colors,  
causing some dark bird's love call  
to be shattered by daylight  
when my hands reached up  
& pulled a branch away  
from my face.

Thanks for the vague white flower  
that pointed to the gleaming metal  
reflecting how it is to be broken  
like mist over the grass,  
as we played some deadly  
game for blind gods.

What made me spot the monarch  
writhing on a single thread  
tied to a farmer's gate,  
holding the day together  
like an unfingered guitar string,  
is beyond me. Maybe the hills  
grew weary & leaned a little in the heat.

Again, thanks for the dud  
hand grenade tossed at my feet  
outside Chu Lai. I'm still  
falling through its silence.  
I don't know why the intrepid  
sun touched the bayonet,  
but I know that something  
stood among those lost trees  
& moved only when I moved.

**Nilesh Kure**  
B.Pharm II



## **FAILURE IS THE IMPORTANT PART OF SUCCESS**

Failure is not fatal, it can be the stepping stone to success, if you call it "the failure" to work for you." "Failures are our best teachers, they are the mirrors who show us our real face. "

Every successful man fails at some time. Failure tells you about your weaknesses, shortcomings, lack of preparations, and lack of efforts so if you can manage to learn from failures, you will definitely reach where you started out to go. Making a mistake is not a crime, the ability to learn from it contributes to lasting success. Extract the lesson to be learnt from failure and try again with redoubled vigor. Facing failure makes one strong, wiser and more resolute, spurs them on to greatest efforts. There is no failure in truth save from within; unless we are beaten there, we are bound to succeed.

'Failures' means lack of preparation, lack of competitiveness, lack of analyzing the things properly. Failures not only tell us that we couldn't prepare ourselves up to the level of success and reveal our shortcomings, but also give us encouragement to try again with more preparations, with more labour and with more hard work. Failures are the stepping stones to success. Every successful man has failed, not once but 'several times, in their life, but they analyzed the things in real perspective and tried again with more vigor and zeal and got success. Failures should not be allowed to create frustration, desperation or disappointment, instead failure should be taken as a boon which gives you strength to fight back with fierce fortitude and invincible zeal.

**One who try, is always the better than the one who dare not to try, only a person who dares to try can have a chance of success. Blessed are those, who once failed, is a saying worth to follow. It means that the failures make us capable to evaluate our shortcomings and purge us to reach the higher ideals, higher planks.**

**Abraham Lincoln failed very many times in his life, but never got frustrated and fought with more determination, with full devotion and became the President of America. Indian freedom fighters including Mahatma Gandhi, Jawaharlal Lal Nehru, Vallabhbhai Patel, saw face of failures not once but several times, but never daunted or became desperate they all had fought to attain the sacred goal of attaining freedom, and as a result, they attained it.**

**Nothing that comes too easily is worth satisfying? When you want to succeed, be ready to pay the price for it, which include braving failures and setbacks and keep persistent with your efforts till the goal is achieved. The reasons of failure may seem staggering if viewed collectively but looked at individually, they will no longer be formidable. You can either be defeated or discouraged by failure or you can learn from it and analyse the causes of failure, remove them and endeavour again with all your strength and energy, it is sure you will get success.**

**Mere talking idle, day dreaming or aimless drifting will not take you to goal, but only divert your attention and dissipate your energy and strength. Hardships, obstacles, failures are the various moments in the way of success. They are not to be evaded but to face them bravely, courageously and with double Vigor.**

**Nidhi Shah**

Assistant Professor,  
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## **LIFE IS BEAUTIFUL.....**

**Life is beautiful, but not always. It has lots of problems you have to face every day. Don't worry though! All these problems make you strong, it gives you courage to stand alone in future. Life is full of moments of joy, pleasure, success and comfort punctuated by misery, defeat, failures and problems. There is no human being on Earth, strong, powerful, wise or rich, who has not experienced, struggle, suffering or failure. You have to work hard to reach to the highest position. Life is full of paths, you just have to choose the right one. Life is interesting and amazing like the stars up in the skies.**

**With no doubt, Life is beautiful and full of celebrations. However you should always be ready to face adversity and challenges. There are difficult situations in life as well. Be careful!! You might get hurt too hard. Life is sometimes too selfish to think about yourself. Then life is too hard to handle. Falling in love! People tend to fall in love nowadays but i personally think the right time has to come... You might also get hurt in Love. You might be broken-hearted as the people say.**

**Life is the place where people treat everyone differently; racism exists as well as bullying. People tend to say bad stuff behind people's back. There are millions of people using horrible words to call people, People use people every day.**

**Vaishnavi Kore**  
B.pharm IV

# **UNDERSTANDING CYBERBULLYING THROUGH IMMERSION EDUCATE, EMPOWER, ENGAGE**

Today's technology has taken on a life of its own words such as tweet," "hashtag," "snap" and "follow" have become integrated into our daily vocabulary. Every day there seems to be a new social media platform that kids are using, whether it's Twitter, Snapchat, Instagram or Facebook. It's as though our students speak another language and exist in an entirely different world outside of their homes and our classroom, and frankly, it's hard to keep up with it all. This murky water inhibits many adults from entering into a sensitive conversation about online harassment for fear of overstepping or simply being confused about why a "subtweet" might make a student cry. (Subtweet is a post that refers to a user without directly mentioning them, typically used to mock.

So how do we help the kid in crisis? We teach them simple steps to block predators, both known and unknown and we arm administrators with digital knowledge. To help mitigate the risks the online world can pose to our students, the best thing we can do is to provide them with valuable resources and create "teachable moments" to help them to identify and avoid the pitfalls of the digital age. As colleges go 1-to-1 and classrooms leave behind paper syllabi for college websites and email, the connected teacher and classroom is emerging. There are even hashtags (#) that help cultivate forums for this growing community (see: #edtechchat-educational technology chat). I'm not suggesting that you fill your "friend list" with students, but I am asking you to do your research. Not sure what an app is but its causing havoc in your college? Download it! Scroll through the app to see what it's actually all about. It's free and after a few clicks you'll understand what you are looking at, or even better, ask a helpful student to walk you through the apps themselves. Sure, it might cost you a few wrong clicks, but now you are armed with a new understanding of your students' online playground so you can better moderate crisis situations when these sources are cited. (And, hey, you can delete the apps after you've had enough teen chatter and Kardashian sisters for one day!)

Many adults think social media is child's play. They are afraid, uninterested, or just plain don't understand why anyone would want to post 300 "Selfies." But this growing chasm between adults and young users is hindering our ability to keep our

students safe online. We wouldn't send a class of sophomores off on a field trip without teacher supervision, so why are we giving students unmonitored, uneducated access to the world-WILD-web? One of the most important pieces of knowledge you can bestow on your students and faculty is how to turn off a device's Geo-tagging to keep predators and bullies at bay.

Never heard of it? That's OK. Geo-tagging is the process of attaching very specific location information to media. For instance, the exact latitude and longitude of the location of a photo that you took using your phone while at college. In the social media platform Instagram, there is a locations map that will pin each and every photograph to a location on a world map from the exact point that the photo was taken. So, if you were to post this imaginary photo of yourself in a classroom at your college and then post it to Instagram, I, as a fellow Instagram user, could then click on your Instagram Profile, tap the upside-down "teardrop" icon and pull up a complete map of your photos. Then by continuously tapping on the image of you in the classroom the map would zoom in until I knew the exact location you were standing in, in the exact town, on the exact street, all the way to the exact location of the classroom that your photo was taken in.

**Vaishnavi Rathi**

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## **TIRED**

I'm tired of listening sound of my tears,  
Tired of constantly battling my fears, Tired of struggling  
with challenges that constantly reappear.  
I'm tired of wasting my days submersed with despair, Tired  
of words piercing my heart like sharp sphere,  
Tired of living a life that that is one big blur.  
I'm tired of pretending while deep inside I care, Tired of  
being stuck in toxic relationship and atmosphere, Tired of  
hypocrisy and lies in a world full of fakes and veneers.  
I'm tired of trying to believe, Tired of putting up a show,  
Tired of battling defeat.  
Just tired of feeling this way, Can I be spread?



**Ankita Bhise**

B. Pharm IV

## **LIFE**

**Life is like a Kingdom,  
It is we who have to rule over it**

**Life is like a Mountain,  
It is we who have to hustle  
to climb it.**

**Life is like a Book,  
It is we who have to read and understand it.**

**Life is like a Window,  
It is we who have to see the beauty beyond it.**

**Life is like a Sea,  
It is we who have to sail across it.**

**Life is like a Hidden Treasure, It is we who  
have to hunt for it.**



**Sakshi Navgire**  
B. Pharm IV

## **WHAT IS MONEY WORTH**

**Money is not everything in the world  
but it's in end also the basic necessity of  
human life**

**that what's in the second place**

**Money can buy Food, but not Appetite.**

**Money can buy temples, but not God.**

**Money can buy Human, but not  
Humanity.**

**Money can buy Scholars, but not their  
talent.**

**Money can buy Books, but not  
Knowledge.**

**Money can buy Wealth, but not  
Contentment**

**Mote Arpita**  
B. Pharm IV



## WAR

In times of war think of contagion.  
Violence is contagious  
it ruptures through quite as heartbreak  
but not of a kind you've had before.  
It empties words of meanings;  
It empties conversation of words.  
Sometimes a gaze is blank -  
it is cataract, memory hazed by present  
The clock falls, shatters time because  
pain will be the cyclical pattern of audio  
recorders thrust on you, sound-bites of  
war; aid for recovery.  
A bomb splinters, the sun disappears.  
On blackout nights, the siren sings as  
birds.  
No, no longer war amputates you.  
It infuses within; a slow drug releases  
itself in your blood.  
You think you are defiant, but you  
reflect them.



Ambure Sneha  
B. Pharm IV

## WE ARE PHARMACISTS



Patil Vishal  
B. Pharm IV

Talking, smiling and sharing drugging the  
other as the blessing Filling one's heart with  
hope Without risking of any guessing.  
We are the one's behind the shades,  
Working our way up the better stairs,  
Grabbing info of the cause, Providing every  
tiny detailed care, Like analgesics for pain,  
CNS stimulants for brain, Everything we've  
ever learnt Doesn't goes in vain, Wearing  
the white coats with smiles, Paying  
attention & aiding to perfection, Making  
our ways to cure & heal We are  
PHARMACIST by profession.

# WINNERS VS LOSERS

The winner is always a part of the answer.  
The loser is always a part of the problem.  
The winner always has a programme.  
The loser always has an excuse.  
The winner says, "Let mud it for you".  
The loser says "that is not my job".  
The winner sees an answer for every problem.  
The loser sees a problem for every answer.  
A winner makes commitments.  
A loser makes promises.  
Winners have dreams.  
Losers have schemes.  
Winners say, "I must do something".  
Loser say, "something must be done".  
Winners are a part of the team.  
Losers are apart from the team.  
Winners see possibilities.  
Losers see problems. Winners see the gain.  
Losers see the pain



**Fulari Anand**  
B. Pharm IV



**Abhishek Pitale**  
B.Pharm IV

## DAD

He never looks for praises  
He's never one to boast  
He just goes on quietly working  
For those he loves the most...  
His dreams are seldom spoken  
His wants are very few  
And most of the time his worries  
Will go unspoken too  
He's there... a firm foundation  
Through all our storms of life...  
A sturdy hand to hold too  
In times of stress and strife  
A true friend we can turn to  
When time are good or bad  
One of our greatest blessings,  
The man that we call 'DAD'

## **IF YOU THINK**

**If you think you are beaten, you are!  
If you think you dare not, you don't!**

**If you like to win, but think you can't,  
It's almost a cinch you won't!**

**If you think you'll lose, you're lost!  
For, out in the world we find.**

**Success begins with a fellow's will;  
It's all in the state of mind!**

**If you think you are outclassed, you are,  
You've got to think high to rise,**

**You've got to be sure of yourself  
Before you can ever win a prize!**



**Life's a battle doesn't always go  
To the stronger and faster man,**

**But sooner or later the man who wins..  
IS THE MAN WHO THINKS HE CAN!**

**Shruti Tat**

M. Pharm I Year

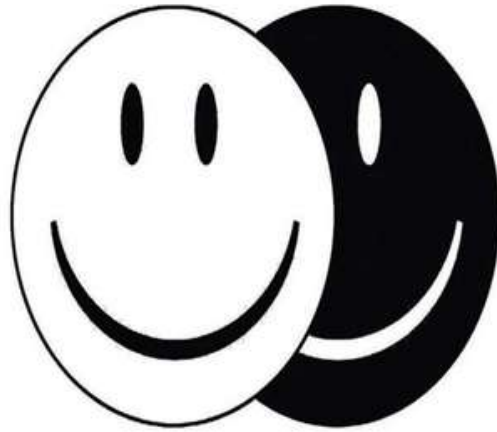


**Mankoskar Vaishnavi**

M. Pharm II

## **IF I DIE**

**If i die in a war zone, Box me up  
and send me home, And put my  
gun on the chest, and tell my mom  
I did my best. Tell my dad not to  
bow, he will not get tension from  
me now. Tell my bro study  
perfetctly, keys of my bike will be  
hi permanently. Theel my I not be  
use, her bro will not rise after the  
sunset. Don't tell my best friend  
they are hearties, and may ask for  
the parties Tell my love, not to cry;  
because I am soldier!!! Born to  
die...!!!!**



## **DON'T JUDGE A BOOK BY IT'S COVER**

Do not judge me from the outside, because all you will see is my stupid pride.  
It's like the saying don't judge a book by its cover, My image may be scary,  
but I'm not like any other.

Person you've met, someone you know Just because you've heard it, doesn't  
mean you know. Exactly what I'm going through, how much I've been hurt,  
Stop judging my appearance, and treating me like dirt. Open your eyes. and  
you may see that, What's on the outside is not what I may be. Actually, what  
I 'am not at all, Please stop judging me by the outside of my book. And may  
be if you took your time for a start, you'd see that the outside, does not  
reflect my heart.

**Tatikundalwar Dnyanraj**  
B. Pharm IV



**Shivani Hundekari**  
M. Pharm II Year

## **TIME IS.....?**

Too slow for those who wait Too swift for  
those who fear Too long for those who  
grieve Too short for those who rejoice But  
for those who respect time is eternity

Money says "earn me alot" Flower says  
"love me alot" Students says "teach me  
alot" Book says "remember me alot" But  
time says "plan me alot"





## **HEALTHY HABITS**

The best way to live a healthy life is to eat healthy and do more physical activities. It brings many benefits to our lives and has a big impact on future success. Being physically fit, getting enough sleep and eating a healthy diet are very important.

Children should have minimum of 60 minutes of physical activities per day recommended by centers for disease control & prevention, physical exercise leads to proper body functioning,. It strengthens muscles and bones and one can gain flexibility in body. Now-a-days, there is increase in intake of fast-food. People spend more time in front of TV & mobile phones. It leads to major problems like inactiveness, obesity and subsequent diseases. Hence, a healthy diet is also an important factor. When and what to eat should also be taken into consideration.

Most individuals are living a fast-paced, hectic and undernourished lifestyle. It is no wonder that visits to doctor has increased a lot.

Human body is a machine which requires physical activity on a regular basis, appropriate nutrition & mental rest and relaxation. Healthy lifestyle will reduce risk of heart diseases, stroke, diabetes, etc. It increases length of one's life. It not only improves physical but also mental health.

**So, EAT HEALTHY, THINK HEALTHY, And  
STAY HEALTHY**

**Birajdar Anuja**  
B. Pharm IV

# IMPACT OF INTERNET



## Effects of the Internet on Student Life

The internet is the guiding technology of the IT Age just as the Age. The internet is a global network of inter-linked networks that mainly provide wireless interactive communication. Though the internet was first deployed in 1969, it was only in the 1990s that it became available to the public.

It's been postulated that about 95% of all information available has accessible via the internet. The internet has also led to a complete transformation in communication, availability of knowledge as well as social interaction. However, as with all major technological changes, there are positive and negative effects of the internet on the professionally society too.

**POSITIVE IMPACTS** - It provides effective communication using emailing and instant messaging services to any part of the world. Electrical engine was of the Industrial. It improves business interactions and transactions, saving on vital time Banking and shopping online have made life less complicated .You can access the latest news from any part of the world without depending on the TV or newspaper Application for jobs has also become easier as most vacancies are advertised online with online applications becoming the norm

**NEGATIVE IMPACTS** - Easy availability of illegal or inappropriate materials online that isn't age-suitable. Addiction to social networks can disrupt an individual's life, both personally and professionally. Some miscreants use the internet to hack into people's accounts for spurious activities including stealing data or banking information. Yet others have been known to misuse the internet for spreading hate and terrorism, two dangerously catastrophic scenarios.

Swami Sumitra  
B.Pharm III

# THE COLLEGE EXPERIENCE: A JOURNEY OF SELF-DISCOVERY



College life is a transformative period in one's life. It's a time when young adults step into a world of independence and responsibility. The college experience is not just about academics; it's about personal growth.

In college, you have the freedom to choose your courses, allowing you to explore your passions. You meet people from diverse backgrounds, expanding your horizons and forming lifelong friendships. The academic challenges push you to excel, teaching you valuable life skills such as time management and problem-solving.

Moreover, college life offers a multitude of extracurricular activities, from clubs to sports, providing opportunities to develop leadership skills and discover new interests.

College life is an adventure like no other. It's a phase where you step out of your comfort zone and into a world of endless possibilities. As a college student, you gain independence, make lifelong friends, and build a foundation for your future.

One of the most exciting aspects of college life is the freedom to choose your courses. You have the opportunity to explore your interests and shape your academic path. This self-discovery process is invaluable, helping you identify your passions and career goals.

However, college isn't just about academics. It's a holistic experience. You'll meet people from various backgrounds, cultures, and perspectives, enriching your worldview. These friendships often last a lifetime and provide support during challenging times.

Challenges are an integral part of college life. You'll face demanding assignments, exams, and the need to manage your time effectively. These challenges teach resilience and problem-solving skills, preparing you for the real world.

Extracurricular activities play a significant role in college life. Joining clubs, participating in sports, or engaging in community service not only enrich your college experience but also help develop leadership qualities and a sense of responsibility

College is a pivotal chapter in one's educational journey, representing a transition from the familiar confines of high school to the threshold of adulthood and higher learning. It stands as a crucible of experiences that shape not only academic prowess but also personal growth, independence, and lifelong friendships.

One of the primary purposes of college is to provide a specialized and in-depth education. Unlike the structured curriculum of high school, college offers a diverse array of courses, majors, and minors that allow students to explore their interests and passions. This freedom to choose one's academic path fosters a sense of ownership over learning and enables students to delve deeply into subjects that ignite their intellectual curiosity.

College is also a platform for personal growth and character development. Away from the familiar comforts of home, students are required to take on more responsibility for their daily lives, from managing their schedules to navigating the complexities of independent living. This newfound independence serves as a crucible for cultivating vital life skills, such as time management, problem-solving, and self-discipline. Students learn to balance their academic pursuits with extracurricular activities and social engagements, preparing them for the challenges of adulthood.

Beyond the classroom, college provides fertile ground for forming lasting friendships and building a diverse network of peers. The connections forged during college often extend far beyond graduation, serving as a valuable resource in both personal and professional life. The shared experiences, late-night study sessions, and campus adventures create bonds that withstand the test of time.

Nevertheless, college life is not without its challenges. The rigorous coursework, demanding assignments, and examinations can be daunting. These challenges are not

merely academic hurdles but opportunities for personal growth. They teach resilience, the value of hard work, and the ability to adapt to changing circumstances – qualities that are invaluable in the real world.

Extracurricular activities also play a significant role in the college experience. Joining clubs, participating in sports, engaging in community service, or pursuing artistic interests enriches the college journey. These activities foster teamwork, leadership skills, and a sense of responsibility, enhancing both personal development and the overall campus community.

In conclusion, college is a pivotal phase in one's life, offering a unique blend of academic exploration, personal growth, and the forging of lifelong connections. It is a place where young individuals transform into knowledgeable, independent, and well-rounded adults, ready to face the challenges and opportunities that lie ahead. As students step into the world of higher education, they embark on a journey that not only shapes their future careers but also defines who they are and what they can become.

College life is a unique and exciting phase in the life of a young person. It is a time when individuals embark on a new journey of self-discovery, academic growth, and personal development. The college experience offers a multitude of opportunities for students to expand their horizons, develop new skills, and make lifelong friendships. In this essay, we will explore the various aspects of college life and how it shapes individuals.

In conclusion, college life is a transformative experience that shapes individuals in various ways. It is a time of academic growth, personal development, and self-discovery. The challenging academics, diverse social scene, and opportunities for extracurricular involvement contribute to a holistic and enriching experience. College life prepares students for the challenges of adulthood, equipping them with valuable skills and connections that will stay with them long after graduation.

**Vaishnavi Sawant**  
B.pharm III



## **WHY THESE DIFFERENCES?**

**When a girl cries the world feels Sympathetic towards her, But when a boy cries, the world tell him "Don't cry, be a man".**

**If a girl slaps a boy it means the boy must Have done something wrong, If a boy slaps a girl it means the boy doesn't Know to respect respect ladies.**

**If a girl talk to boys, it means that be it is very Loving and friendly, If a boy talks to girls, it means he is Flirtatious and characterless.**

**If a girl meets with an accident, it means it is Because of others mistakes,**

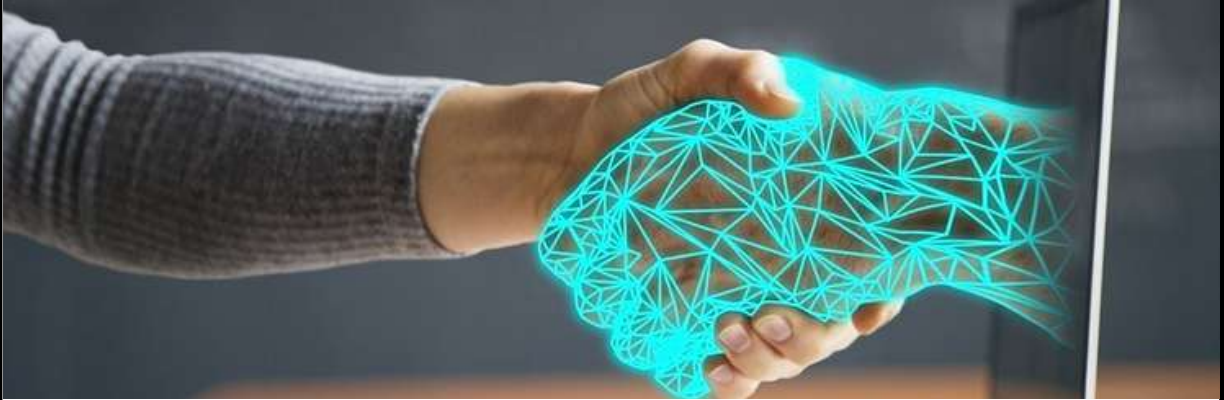
**If they boy meet with an accident, it means He doesn't know driving.**

**Indeed this world is a strange place with Such vast differences;**

**Wish I had the power and capacity to wipe away these differences.**

**Narale Priyanka**  
M. Pharm II Year

# IMPACT OF GADGETS IN OUR LIFE



In this fast-moving world, gadgets and electronic devices play an essential role; with the help of science and technology, anything is possible in this world. Therefore without having consciousness, we come across various gadgets in daily life. Consequently, we depend on them almost.

Electronic gadgets are of various types in the world of devices. In that way, they make the life of people more accessible and more innovative. Wherever we go, the market has a vast number of advanced gadgets. Most of them are fruitful and very useful.

Due to the advanced technologies, we can use gadgets of different kinds. We all depend on devices from the morning alarm clock to night, night lamps. Compared to human activity and machine activity, the machine takes the lead in this world. No field is operating only with humans as overall man is dependant on them, as without them we cannot do anything. Some of the gadgets we cannot even imagine without being them are Laptops, smartphones, microwaves, smartwatches, etc. The use of devices has solved lots of problems with physically challenged people. It has influenced us in many ways, and we can't even think without gadgets in our daily lives.

Gadgets have made our lives pleasurable and comfy. Starting from the summer to the winter season, we are making ourselves with AC and room heaters. Some of the other gadgets include a dryer hair straightener. You can't be able to find a single house without these gadgets. Devices do help in saving a lot of space. In earlier days, there were telephones, where one needed to sit in one place and talk, but now with smartphones, one can travel around and talk wherever. Some other gadgets meant for fun, like iPod, Mp3, PlayStation, etc., have always been our favourite. These things are only possible because of modern technology. The usage of these gadgets brings closeness

and smile to the family members. They have become essential since they have managed boredom and loneliness in our daily lives. Though technology and widgets may be helpful if made an addiction, they can be harmful. Thus to avoid addiction to it, you can set a time limit.

Based on research, 29% of kids efficiently use modern gadgets, and 70% master them by primary school age. Children's continuous usage of gadgets has many adverse effects, such as attention deficits, loss of focus, difficulty in learning, anxiety, etc. Thus, we need to understand that technology and gadgets make our lives easier. Therefore, we should not become addicted to them. People nowadays tend to have many devices, and they are obsessed with them, which is not a healthy sign. We don't have any control and keep staring at the display as the brightness from the screen causes distress which is not beneficial for us. Hence I am concluding that if we use the technology in a good way, we're all good, use it in a wrong way no wonder you in trouble.

**Shravani Ware**  
B. Pharm III Year

## **THE EVOLUTION OF HEALTH CARE**

Healthcare has transitioned from a reactive, disease-focused approach to a more proactive, preventive model. This shift is driven by a deeper understanding of the factors that influence health, including genetics, lifestyle, and environment. Modern healthcare emphasizes early detection, personalized medicine, and patient-centered care. Advancements in Medical Science and Technology Technological innovations have revolutionized healthcare. Telemedicine, electronic health records (EHRs), and artificial intelligence (AI) are enhancing diagnosis, treatment, and patient management. Telemedicine has increased access to healthcare, particularly in remote areas, while EHRs have streamlined patient information, improving coordination among healthcare providers. AI and machine learning are providing new insights into disease patterns and treatment outcomes, paving the way for more effective and efficient healthcare solutions

**Umar Shaikh**  
B. Pharm III Year



# **THE INTERCONNECTION BETWEEN EDUCATION AND CAREER:**

Development Education and career development are intrinsically linked, forming a symbiotic relationship where each influences and shapes the other. As the cornerstone of personal and professional growth, education equips individuals with the knowledge, skills, and competencies necessary to navigate the complexities of the modern workforce. Conversely, career development provides the practical application and real-world context for educational achievements, fostering continuous learning and skill enhancement. The Foundation of Education serves as the primary building block for career development. From early childhood through higher education, individuals acquire a broad spectrum of knowledge and skills that form the foundation for future career opportunities. Core subjects such as mathematics, science, and language arts develop critical thinking and problem-solving abilities, while extracurricular activities and elective courses cultivate soft skills like communication, teamwork, and leadership. Higher education, in particular, plays a pivotal role in career preparation. Colleges and universities offer specialized programs and degrees tailored to various fields, providing students with in-depth knowledge and technical expertise. Moreover, higher education institutions often facilitate internships, co-op programs, and industry partnerships, offering students practical experience and exposure to their chosen professions.

**Salman Shaikh**  
B. Pharm III Year

# मराठी विभाग

## एक पाऊल पुढे

पावुल पुढे टाकु की मागे नवीन  
वळणावर आयुष्य उभे, कळत  
नाही पावुल पुढे टाकु की मागे  
पुढची वाट अस्पष्ट सारी, ढगा  
पलीकडची दुनियाच न्यारी. मागे  
मात्र सुख आहे, जुन्या नात्यांची  
ऊब आहे आशा वळणावर मन  
थबकले, कळत नाही पाऊल  
पुढे टाकु की मागे.



आजने संजना  
बी. फार्म द्वितीय वर्ष

## “मला तू हवी आहेस आई”

आज क्षण आनंदाचा  
उल्हासाचा अन उत्सवाचा  
सारं काही आहे पण,  
मला तू हवी आहेस आई  
मोह नाही मला  
ह्या सुखाच्या क्षणांचा  
पण दुःखात मांडीवर  
डोकं टेकवून रडण्यासाठी  
मला तू हवी आहेस आई  
लहानपणी मला मिळालेल्या  
छोट्याशा यशाचं तोंडभर



कौतुक करायचीस आतासाठी  
कौतुक नाही केलंस तरी चालेल  
पण मला तू हवी आहेस आई

तू असतीस तर घ्या गोष्टीवर  
रागावली असतीस त्या गोष्टीवर  
खुश झाली असतीस  
मला तू हवी आहेस आई

भुजबळ श्रावणी  
बी.फार्म द्वितीय वर्ष

## ॥ माझ्या आठवणीतला गुलाब ॥

माझ्या आठवणीतला गुलाब  
प्रियकरणे प्रेयसीला  
नव-याने बायकोला  
मित्राने मैत्रिणीला तर;  
कोणा वाटसरूने वाटसरूला दिलेला गुलाब.....



माझ्या आठवणीतला गुलाब  
कोणी पायदळी तुडवलेला  
कोणी प्रेमाने वहीत जपून ठेवलेला  
कोणी फुलदाणीत ठेवलेला तर;  
कोणी देवासमोर वाहिलेला गुलाब  
माझ्या आठवणीतला गुलाब



फूल एक पण रूपं अनेक  
कुठे मैत्री, कुठे प्रेम,  
कुठे भाव कुठे सहजता  
तर कुठे लडिवाळपणा.....

माझ्या आठवणीतला गुलाब  
आणि गुलाबाच्या सौंदर्यात हरवलेली मी  
आणि कधीही प्रेमात न पडलेली गुलाबाच्या  
मात्र आकंठ प्रेमात बुडालेली मी  
आणि, माझ्या आठवणीतला गुलाब

प्रा. प्रियंका इंगळे  
दयानंद कॉलेज ऑफ फार्मसी, लातूर

## सांगू का आई..

सांगू का आई..  
माझा घसा का बसला ?  
स्वप्नात किनई मी बर्फ खूप खाल्ला

बर्फाच्या डोंगरावर  
केली झिम्मड मस्ती  
आईस्क्रिमच आईस्क्रिम  
धम्माल नुसती  
सांगू का आई.. खरी गोष्ट तुला ?  
मी नाही केला हा बिछाना ओला

तुझ्यासाठी बर्फ-गोळा  
खिशात होता ठेवला  
मला वाटतं तोच  
इथे वितळून गेला



विजापुरे हनुमंत  
बी.फार्म चतुर्थ वर्ष



दैवशाला सोट  
बी.फार्म द्वितीय वर्ष

## एक पहाट

एक पहाट हवीहवीशी  
रोज वाटे नवीनवीशी...  
मनात एक नदीचा किनारा  
सोबतीला धुंद गार वारा  
एक बहरलेला गुलमोहर  
त्यातून कोवळा सूर्य डोकावणारा  
सोबत तुझी आठवण  
मनाच्या तळाशी...  
एक पहाट  
नेहेमी हवीहवीशी...



## एक बाप....

जो राब राब राबला पण कधीच नाही थकला  
ज्याने थेंब थेंब गाळला पण कधीच नाही थांबला  
जो जीवावर खेळला पण कधीच ना घाबरला  
जो आपल्यांसाठी जगला पण कधीच ना मोह केला

जो फाटके घालून फिरला पण मुलास आपल्या सजवला  
ज्याने घासातला घास काढला पण कधी पोटभर नाही जेवला  
ज्याने स्वप्नास आपल्या जाळला पण कधीच नाही रडला  
ज्याने अश्रुंना आपल्या साठवला पण विदाईला ना रोखू शकला

ज्याने मनाला कठोर केला पण कधीच ना प्रेम विसरला  
जो रात्र रात्र जागला पण कधीच ना बेभान झोपला जो घोडा गाडी झाला  
तो मुलांचा एक खेळणा झाला जो मुलांचे अत्याचार सोसला पण कधीच  
काही ना बोलला  
ज्याने मुलांचा सुख आनंद पाहला तो एक दिवस निवांत शांत झोपला..

एक बाप...

दैवशाला सोट  
बी.फार्म द्वितीय वर्ष

## आनंदी जीवन कसे जगायचे...



खेळ नाही आता ते शब्दांचे खेळायचे.  
कुणाच्या भावनांमध्ये नाही इथे वहायचे.  
जसा आहे वर्तमान तसे खरे जगायचे.  
भुतकाळाच्या विचारात नाही इथे रमायचे.

प्रत्येकाच्या जीवनात प्रसंग असे येत रहायचे.  
कधी त्यां वेळेला अनुभव म्हणून साठवायचे.  
तर कधी दुर्लक्षित करून विसरून जायचे.  
पण क्षणामधील जगणे सोडून नाही द्यायचे.

दिवसा मागुन दिवस येत, असे हे पुढे चालायचे.  
रात्र येताच त्या घटनांना तिथेच सोडायचे.  
मनामध्ये ठेवून उगीच कुडत नाही बसायचे.  
निर्मळ नवचैतन्याने त्या नाविन्याकडे बघायचे.

जमलेच जगणे तर आपुलकीने स्वागत करायचे.  
देणे काही म्हणून आनंदाने तिथे निस्वार्थी व्हायचे.  
स्वार्थी होऊन उगाच का ? मिळेल ह्या अपेक्षित असायचे.  
दानाने आपण समाधानी स्वप्नी झोपायचे.

आयुष्यात जर काय आहे मिळवायचे.  
स्वतःला जेवढे पुरे तेवढे जवळ ठेवायचे.  
भुक भागेल कुण्यातरी गरीबाचे.  
आशिर्वाद, पुण्य लाभावे असे कर्म,  
असावे तुमच्या त्या श्रीमंतीचे.

पल्लवी गोरे  
बी.फार्म द्वितीय वर्ष

## नातं

सांगुन तुला कधी कळणार हाय..  
नात म्हणजे एक शब्द प्रेमाचा,..  
दुसर असत तरी काय ...

आपुलकी जिद्दाळा सुखावतो  
मानाला आज तोच निघाला ..  
त्यालाच शोधायला...  
शोध अवघड असला जरी, त्याचा हट्ट हाय,,  
नात म्हणजे एक शब्द प्रेमाचा,..  
दुसर असत तरी काय ...

तुझे तर शब्दच मुके जणू माझीच वाट चुके  
या निशब्द वाटेवर खूप आहे अंधार, दाट आहे धुके  
तरी त्या वाटेवर एकटाच बोलत चालणार हाय....  
नात म्हणजे एक शब्द प्रेमाचा,.. दुसर असत तरी काय ...

शब्दांच्या भावना मी पहिल्या उदास होताना  
देवाने अनलिमिटेड टॉक टाईम दिला पण  
बघितलं मी तो ही सेव करताना.....  
तरी वाट शब्दांची मी बघणार हाय ..  
नात म्हणजे एक शब्द प्रेमाचा,..  
दुसर असत तरी काय ...

अजय भुरके  
बी.फार्म प्रथम वर्ष



## मायेची ऊब देणारी माझी आजी



आजी म्हणजे बोंबडी बोली सापडलेल नाव अंगाईच्या थापटण्यात दाटलेला भाव.....

आजी म्हणजे पापणीमधल्या आसवाचा बिंदू डोळ्यामध्ये साठलेल्या मायेचा सिंधू..

आजी म्हणजे सुरकुत्यांच्या जाळीआय हवंहवंसं मुल... देव्हारयातल्या श्रद्धेचे फुल सान्या नात्यांना प्रेमाच्या रेशीमनात्याने बांधून ठेवणारी, सान्या घराला एक ठेवणारी, मायेची उब देणारी प्रेमळ व्यक्ती म्हणजे आजी. कोणत्याही समस्येवर आपल्या अनुभव समृद्धतेचा वारसा सांगणारा सहज उपाय आजीकडून आपल्याला नेहमी मिळतो. कोणत्याही आजारावर मायेची फुंकर घालत घरघुती पण तात्काळ फरक पडणारे औषध म्हणजे आजी

आजीच्या हाताची चव अनेकांना भुरळ घालते त्याचे कारण पदार्थ करताना त्यात ओतलेली ममता असते नातवंडाच्या खोड्या सहजतेने पोटात घालणारी, प्रसंगी त्याची बाजू घेऊन आई-बाबांनी समजूत घालणारी केवळ आजीच असते.

आम्ही सारे जण आमच्या आजीला "माय" म्हणत असू, तर आजोबांना "आपण" जवळ जवळ ८० वर्षापूर्वीचा काळ. आघाबरोबरचा संसार म्हणजे जणू अणिकंकणच हाती ल्यायली होती. कारण आप्पांणी शेती सर्वस्व मानले होते. आप्पा आणि शेती हे एक घट्ट नात होत त्यामूळे घर आणि मुलं हे आजीच सांभाळायची. रोज सकाळी / पहाटे लवकर उठणे- जात्यावर दळण दळणे. विहीरीतून पाणी शेंदणे इत्यादी तिचा रोज सकाळचा नित्य क्रम असायचा. असा हा सात्विक संसार करताना अनेक संकटे अत्यंत आनंदाने आमच्या बाईचे "माय "ने झेलली. सहनशिलता, सात्विकता, दयाळूपणा, ममत्व, काम कर्तव्यपरायणता आणि अजुनही अनेक अशा सत्वगुणांच्या खजिना म्हणजे माझी आजी होती. आपल्या वागण्याने स्नेहाचे, आनंदाचे चांदणे सभेवार शिंपडले आणि आसमेत आनंदी केले. आजोबांच्या आजारपणात आमची आजी त्यांची आई बनली. राग, मत्सर, उणेदुणे याचा स्पर्शही कधी तिने होऊ दिला नाही. खुप गोठे कुंटूब तिने तिच्या प्रेमाच्या धाग्याने एकत्र बांधून ठेवले. पाऊसपाणी, कडाक्याची थंडी, काहीही असो; पण न चुकता अंगणात सडारांगोळी करणारी माझी आजी खरेच खुप अभिमान वाटतो या सगळ्यांचा आणि हे संस्कार घेऊन आम्ही सारे यशस्वी आणि सुखेनैव वाटचाल करित आहोत. मुळातच सौंदर्याची देणगी लाभलेली आणि प्रेमाचे माहेर असलेली माझी आजी.... हे सारे आठवण्याचे कारण म्हणजे आजीचे नुकतेच मागच्या वर्षी निधन झाले. आजी होती तोवर तिचे प्रेम आपल्याला कसे मिळेल, हाच विचार असे, ती गेल्यानंतरही तिचा वावर सतत आपल्या आसपास आहे असे वाटते.. तिच्या अंगाईचे सुर अजुनही कानी रुळतात ओवी म्हणूता आजही तिच्याच आठवणी स्मरतात. घर म्हटले की आम्हाला आजी-आजोबाच आठवतात जीव-लावणारे, माया करणारे ते आजही आमच्या मनात असतात.

घोलप सौरभ  
बी.फार्म प्रथम वर्ष

## जीवन हे असंच असत.. हसत हसत जगूया....

चार दिवसाचा वसंत होता..  
पुन्हा पाने गळू आली मोहर  
झाडाचा धुंद करणारा..

कुठून ही वादळे आली  
सुखाने नांदणारा संसार होता..  
कुठून दुखांची झालर  
आली कधी हसतो.. कधी रडतो..  
जीवन झाली उन सावली

तप्त धरणी व्याकूळ चातक  
एका मागून एक पावसाची सर  
आली तृप्त धरणी तृप्त चातक..  
पुन्हा बीजे रुजू आली अकस्मात  
पेटली चिंगारी..

वणव्यात का राख झाली  
सुखाची झालर क्षणापुरातीच  
पुन्हा दुःखाची कडा दिसू लागली  
जीवन हे असंच असत..  
उन्हामागून उन्हे धावली  
क्षणभंगुर गारव्याची  
ही क्षणभर सावली

पल्लवी गोरे  
बी.फार्म द्वितीय वर्ष



खेळ त्याचा असे सारा आम्ही  
सोंगटे सारीपाटावरचे नशिबी  
जे लिहिले त्याने तेच घडते  
कालांतराने हसत हसत जीवन जागाव..

सुख घ्याव... सुख वाटावं  
कोण जाने उद्या कोठे..  
कोण कधी काढेल नाव...

माणस उरती.... माणस मरती...  
माणुसकीच जिवंत राहते काय  
कामवाल काय गमावलं...  
काय बाकी राहते नको चिंता  
उद्याची..

वर्तमान जगता जगूया जीवन हे  
असंच असत..

हसत हसत जगूया..  
हसत हसत मरूया..

## महिला दिनानिमित्त

'तुझ्यातली तूं जागी होतुझ्यातली तू जागी हो,  
तुझ्या हक्काच्या लढाईत, सुंदर दिसण्याची  
नाही सहभागी सुंदर असण्याची स्पर्सा कर चार  
दिवसांच्या सौंदर्यापेक्षा आयुष्यभराच्या हो,  
"सौ व्यापारीक्षा निहनत कर... क्षणिक  
सुखाच्या मागे जाऊन. उज्वल भविष्याची  
आहुती नको देऊ, योग्य संधी, ती वेळ आत्ताच  
हिला डावलून लावू... आहे इनिटासातल्या  
महान स्त्रियांना आदर्श मानून जग... बॉलीवुड,  
हॉलीवुड मधल्या नथ्यांना नाही.. शरीरादर  
चांच्या पुटे, शरीराचे प्रदर्शन काहीच किंमल  
नाही... तुझ्यातली शक्ती दुबलं तुझ्यासाठी  
करून जगणायांना असे काहीच नाही, अशक्य  
असे नगाला दाखवून दा इतरांचाही जगणं कमी  
करून स्वतःला परिपूर्ण बनविण्याची अनुमती  
घे.. फक्त चूल आणि स्वतःचा इतिहास मुल टी  
पद्धत खूप जुनी झाली.. वनवण्याची वेळ  
आली क्यूर बनून सहानुभूती वाधिणीसारखा  
मिळवूर्ण सोड, फोड... कोणीही यावं आणि  
हन्क गाजवाव बस... झालं किती दिवस असूच  
चालायचं आता स्वतःच अस्तित्व निर्माण  
करायचं



लहाडे राधा  
बी.फार्म प्रथम वर्ष



## ती



देवालाही 'ती'च विशेष वाटली...  
अपार सहनशक्तीचे कारे, तिच्याच वाटेला  
एकली' तिला इतकं भावनाशील अन्  
प्रेमळ बनवली, की ज्यामुळे पण जेव्हा  
तीने सगळेच तिच्यावर हक्क बजावू  
लागली करण्याची शक्ती धिन्कारली, तेव्हा  
मात्र सगळ्यांच्याच डोळ्यात 'ती'  
यलायला लागली...  
देवालाही 'ती' च विशेष वाटली...  
दोन-दोन घरांची जबाबदारी तिलाच  
सोपवली पण भन् सासरच्यांसाठी  
लोकांची पोर...  
ती पुर्णपणे आरली. शेवटी ती कोणालाच  
आपली हक्काची नाही वाटली....  
फक्त आणि फक्त देवालाच 'ती' विशेष,  
वाटली, बाकी सगळ्यांना तर ती अबला  
अन् कमजोर वाटली, घराची राणी म्हणता  
म्हणता तिला पार मोलकरीनच  
करून घेतला. सगळ्यांना समजून  
घेण्याचा जणू वसाच घेतला पण तीला  
समजून घेण्याची गरज कोणालाच वाटली  
नाही.

शिंदे प्रतिमा

बी.फार्म चतुर्थ वर्ष

## आधी खूप काही बरं होतं

आधी खूप काही बरं होतं, झाडाखाली मुंग्यांच वारूळ होतं. झाडाबर पक्ष्यांच हक्काच घरटं होतं डोंगरालाही पशु-पक्ष्यांची संगती होती. माणसांमध्ये या सर्वाविषयी जिव्हाळ्याचे नाते होते. प्रेम, आपुलकीनी जीवनांत आनंद होता, कधी भुक लागली तर जिव्हाळ्याची मीठ-भाकर होती; अन् समाधानाची ढेकर होती. गरजा होत्या अनेक पण नव्हती अंगी पैशाची अन् स्वाथाची कटकट सारखी किलबिल पक्ष्यांची, सौंदर्य निसर्गाचं होत हे समृद्धीचं लेणं प्रेम, मानवता, परोपकार हे होतं समाजाचं देणं. एवढा होता बिझनेस आमचा म्हणून होती निवांत झोप आमची म्हणून आधी खूप काही बरं होतं. पण आता खूप काही बदलत आहे झाडालाही झाडाच्या जागी उभे आहेत सिमेंटची वारूळे फ्लॅट नावाच्या घरट्यात राहतात माणसाची वंशावळे.डोंगरावरही आहेत सिमेंटची जंगले त्याला म्हणती पिकनिक रिसॉर्टची महाले. माणसपिका मशिनीवर आहे जिव्हाळा. टी. व्ही., नेट, मोबाईलने मिळतो क्षणभंगुर आनंद सुखाचा.



साईनाथ सूर्यवंशी  
बी.फार्म तृतीय वर्ष

## प्रतिकार

कर सर्वशक्तीनीशी प्रहार नियती  
प्रतिकार करण्यास आता तयार मी  
पराजीत परतशील हा शब्द माझा  
लावलीस पणाला जरी सर्व माया  
बाहुले तुझ्या हातातले; भ्रम तुझा  
गुलाम तुझ्या मर्जीचे; गैरसमज तुझा  
समयचक्राच्या कैदेची तु ही कैदी  
अजून किती वेळ छळशील मला  
संधी मीच नेहमी देत राहिलो तुला  
गैरफायदा त्याचाच तु नेहमी उचलला  
पण पुरे झाले; आता पुनः संधी देणार नाही  
तुझी दखल आता मी खपवून घेणार नाही



तावसे प्रतीक्षा  
बी. फार्म द्वितीय वर्ष



मिताली सोनकांबळे  
बी.फार्म चतुर्थ वर्ष

## उशीरा पोहोचलेल्या कविता

उशीरा पोहोचलेल्या कविता,  
थोड्या शिळ्या झालेल्या कविता  
जून्या डायरीतल्या एखाद्या  
निखळलेल्या पानावरच्या कविता  
सोनेरी उन्हासारख्या ऊबदार कविता,  
काही थंड चान्दण्यात गोठलेल्या,  
काही योध्यांच्या रंजक शौर्या गाथा,  
धारदार शब्दान्च्या बाणावर खोचलेल्या  
कधी खोलात शिरणार्या,  
कधी अलगद तरंगनर्या  
कधी सैलावलेल्या मिठीत धून्ड  
अलवार ओल्या हळदीत भिजणार्या...  
एकतर्फी प्रेमसारख्या काही निनावी  
कधी लाल, हिरव्याकन्च, काही गुलाबी  
रक्ताने लिहीलेल्या, रक्तबंबाळ करणार्या  
गारूड करनर्या काही, नशील्या अन शराबी

## आठवांच्या जखमा

रस्त्याने जाताना एक काटा रुततो  
मग तेच भळभळणार रक्त  
छे, रक्त कसल माझ्या कविता त्या  
काही मतले चपलीला चिकटतात  
काही चारोळ्या पायात राहून जातात  
काही रस्त्यावर नंगा नाच करू पाहतात  
काही काट्याला बिलगून आभारही मानतात  
काही ओळी ते रक्त गोठवायचा प्रयत्नही  
करतात  
त्या साचलेल्या, अडगळीतल्या, निर्जीव,  
नसांच्या बेड्यात जखडून ठेवलेल्या  
कवितांना एकदाच स्वतंत्र मिळतच  
आणि राहून जाते ती त्यांच्या आठवांची  
जखम



प्रगती पाटील  
बी.फार्म चतुर्थ वर्ष

## आवाज

कसला आवाज आहे हा?  
इतका गेहरा, इतका शहारलेला  
अंधारच्या गर्तेतून उगम पावणाऱ्या  
एखाद्या नदीच्या शांततेसारखा  
त्या अंधारात, त्या शुकशुकाटात,  
त्या आवाजाला, घाबरून पळून जावं,  
की तिथेच थांबावंनिश्चल, ठाम,  
सगळ काही ऐकत,  
आपण सोबत घेतलेल्या श्वासांचा  
आवाजही असाच काहीसा होता ना  
घाबरू नकोस, पळू नकोस  
तू ही ऐकून बघ, तुलाही जाणवेल



ऐश्वर्या सावंत  
बी.फार्म चतुर्थ वर्ष

## भेटीगाठी

रात ठिबकते साथ देऊनी उनाड तळ्याकाठी  
त्याच किनारी ठरल्या होत्या आपल्या भेटीगाठी  
गंध माळूनी नक्षत्रांचा फुलली राने आहेत  
माझी म्हणाया रितेपणात या माझी पाने आहेत  
लख्ख पडल्या चंद्रप्रकाशात ही रात धूसर भासते  
लागोलाग उठल्या वलयांमध्ये तुझी सावली दिसते  
मला भेटाया तळ्यात उतरले सारे तारे आहेत  
माझी म्हणाया रितेपणात या माझी पाने आहेत  
धुंद वाहत्या वाऱ्यावरती औदुंबर सळसळते  
पायाखालच्या पाचोळ्यातून कुठे व्याळ वळवळते  
श्वास रोखुनी अंधारातून सावज धावते आहे  
माझी म्हणाया रितेपणात या माझी पाने आहेत



आजने संजना  
बी. फार्म द्वितीय वर्ष

## पाऊस तू अन कविता

एक एक थेंब अवकाशातून कोसळताना  
एकदा अंगणी उभी राहा  
हात पसरवून ते पाणी अंगावर झेल  
आठवेल आता तुला  
एक एक ओळ - माझ्या कवितेची  
ज्या मी सुरवातीला तुझ्यासाठी लिहिल्यात  
नाही म्हटल्या तरी आठवणीत राहिल्यात

आदित्य गायकवाड  
बी.फार्म चतुर्थ वर्ष



## व्हेंटिलेटरवर ती

व्हेंटिलेटरवर ती

इसीजी चा टूनग, टूनग आवाज  
उरात भीती, घश्यात अडकलेले श्वास  
वातावरणात पसरलेला औषधी वास  
“वाचेल का हो ?” -मी.

व्हेंटिलेटरवर - ती

फाटलेले ओठ , रक्ताळलेल शरीर  
असंख्य जखमा घेऊन, खचलेला धीर  
तशी ती चुरगळुन बिरगळुन टाकलेली  
रस्तावर कचऱ्याच्या ढिगाच्या काठी  
पण खरच कुणी नाही आज तिच्या  
पाठी.



इशा चांडक  
बी.फार्म चतुर्थ वर्ष

## स्वतःशीच बोलायचे राहून गेले ...



अभिषेख पिटले  
बी.फार्म चतुर्थ वर्ष

खूप कमवली धन दौलत  
खूप कमवली नाती  
खूप जपली माणस आपली  
खूप जपल्या आठवणी  
खूप मिळाले मित्र नवे  
खूप जण साथ सोडून गेले  
खूप जगलो सुखात आयुष्य  
खूप दुःखही सहन केले  
खूप हसलो सुखात  
खूप दुःखात रडूनही झाले  
पण पण

या सर्वांशी करार करताना  
स्वतःशीच बोलायचे राहून गेले ...



## झडलेले बाबा न पडलेली आई

हिम्मत नाही माझ्यात  
त्याच्या उरात दाटलेल्या  
भाबड्या प्रश्नांना उत्तरे द्यायची  
मी तर नेहमीच टाळत असतो  
पण गणित, भूमितीचे सोडून तो फालतु प्रश्न जास्त विचारतो  
हे असंच का? न ते तसच का?  
सगळ्या डोक्याची आईबहीण करून सोडतो  
आज जरा शांत होता तो , म्हटल आज तरी सुटलो  
तेवढ्यात त्याच्या तोंडाच्या बंदुकीतून एक गोळी सुटलीच  
कर्म माझ...  
“दादा, ते पान कश्याला पडत झाडावरून” -तो  
“सोड रे, पडल झडल तरी पानच ते उगेल परत  
उगेल रे दुसर, सोड ना बाबा” -मी  
मग झडलेले बाबा न पडलेली आई परत का उगवली नाही?-तो  
(मी निरुत्तर)

अनिकेत निसाळे  
बी.फार्म तृतीय वर्ष



## हिटमॅन- रोहीत शर्मा

प्रारंभिक जीवन शर्मा यांचा जन्म 30 एप्रिल 1987 रोजी बनसोड, नागपूर, महाराष्ट्र, भारत येथे एका तेलुगू - मराठी भाषिक कुटुंबात झाला. त्यांची आई पूर्णिमा शर्मा या विशाखापट्टणम, आंध्र प्रदेश येथील आहेत. त्यांचे वडील गुरुनाथ शर्मा हे एका ट्रान्सपोर्ट फर्म स्टोअरहाऊसचे केअरटेकर म्हणून काम करत होते. वडिलांचे उत्पन्न कमी असल्याने शर्मा यांचे बोरिवलीतील आजी-आजोबा आणि काकांनी संगोपन केले. डोंबिवलीत एका खोलीच्या घरात राहणाऱ्या त्याच्या पालकांना तो फक्त वीकेंडला भेटायला जायचा. त्यांचा एक लहान भाऊ विशाल शर्मा आहे. शर्मा 1999 मध्ये त्याच्या काकांच्या पैशाने क्रिकेट कॅम्पमध्ये सहभागी झाले होते. शिबिरातील त्यांचे प्रशिक्षक दिनेश लाड यांनी त्यांना त्यांची शाळा स्वामी विवेकानंद इंटरनॅशनल स्कूलमध्ये बदलण्यास सांगितले, जेथे लाड प्रशिक्षक होते आणि क्रिकेटची सुविधा शर्मा यांच्या जुन्या शाळेपेक्षा चांगली होती. "मी त्याला सांगितले की मला ते परवडत नाही, पण त्याने मला शिष्यवृत्ती मिळवून दिली. त्यामुळे चार वर्षे मी एक पैसाही दिला नाही आणि माझ्या क्रिकेटमध्ये चांगली कामगिरी केली". शर्माने एक ऑफ-स्पिनर म्हणून सुरुवात केली जो लाडच्या फलंदाजीची क्षमता लक्षात घेण्यापूर्वी थोडी फलंदाजी करू शकला आणि डावाची सुरुवात करण्यासाठी त्याला आठव्या क्रमांकावरून बढती दिली. सलामीवीर म्हणून पदार्पणात शतक झळकावून त्याने हॅरिस आणि गिल्स शील्ड शालेय क्रिकेट स्पर्धेत उत्कृष्ट कामगिरी केली.

वैयक्तिक जीवन शर्मा आणि रितिका सजदेह त्यांच्या लग्नाच्या वेळी शर्माने 13 डिसेंबर 2015 रोजी त्याची दीर्घकाळची मैत्रीण, रितिका सजदेहशी लग्न केले जिच्याशी तो 2008 मध्ये पहिल्यांदा भेटला. त्यांना एक मूल आहे, 30 डिसेंबर 2018 रोजी समायरा नावाची मुलगी जन्मली. शर्मा हे सहज मार्ग या ध्यान तंत्राचे अभ्यासक आहेत.

व्यावसायिक मान्यता शर्मा यांना CEAT आणि स्विस वॉचमेकर Hublot यासह अनेक ब्रँडने प्रायोजित केले आहे . त्यांच्या कारकिर्दीत शर्मा यांनी मॅगी , फेअर अँड लव्हली, लेज , निसान , एनर्जी ड्रिंक रिलेंटलेस , नॅसिक्वियन नाक स्प्रे , व्हीआयपी इंडस्ट्रीजचे ॲरिस्टोक्रॅट , आदिदास आणि ओप्पो मोबाईल यासह इतर अनेक ब्रँड्सना मान्यता दिली आहे .

तरुण आणि घरगुती प्रथम श्रेणी कारकीर्द शर्माने मार्च 2005 मध्ये ग्वाल्हेर येथे देवधर करंडक स्पर्धेत सेंट्रल झोन विरुद्ध पश्चिम विभागाकडून लिस्ट अ मध्ये पदार्पण केले . आठव्या क्रमांकावर फलंदाजी करताना त्याने नाबाद 31 धावा केल्या कारण पश्चिम विभागाने 24 चेंडू शिल्लक असताना 3 गडी राखून विजय मिळवला. याच सामन्यात चेतेश्वर पुजारा आणि रवींद्र जडेजा यांनी पदार्पण केले. याच स्पर्धेत उदयपूरच्या महारणा भूपाल कॉलेज ग्राउंडवर उत्तर विभागाविरुद्ध 123 चेंडूत 142 धावांची नाबाद खेळी शर्माने त्याला प्रसिद्धीच्या झोतात आणली. त्याने भारत अ संघासोबत अबुधाबी आणि ऑस्ट्रेलियाला भेट दिली आणि त्यानंतर आगामी आयसीसी चॅम्पियन्स ट्रॉफी स्पर्धेसाठी भारताच्या ३० सदस्यांच्या संभाव्य यादीत त्याचा समावेश करण्यात आला, जरी त्याने अंतिम संघात स्थान मिळवले नाही. शर्माने जुलै 2006 मध्ये डार्विन येथे न्यूझीलंड अ विरुद्ध भारत अ संघाकडून प्रथम श्रेणी पदार्पण केले. त्याने 57 आणि 22 धावा केल्या आणि भारत 3 विकेट्सने जिंकला २००६-०७ च्या मोसमात त्याने मुंबईसाठी रणजी करंडक क्रिकेटमध्ये पदार्पण केले आणि गुजरातविरुद्ध २६७ चेंडूत २०५ धावा केल्या . बंगालविरुद्धच्या अंतिम सामन्यात शर्माने दुसऱ्या डावात अर्धशतक (५७) झळकावून मुंबईने ही स्पर्धा जिंकली. शर्माने आपली संपूर्ण देशांतर्गत प्रथम श्रेणी कारकीर्द मुंबईत घालवली आहे. डिसेंबर 2009 मध्ये, त्याने गुजरातविरुद्ध रणजी ट्रॉफीमध्ये नाबाद 309 धावा केल्या. ऑक्टोबर २०१३ मध्ये, अजित आगरकरच्या निवृत्तीनंतर , २०१३-१४ हंगामापूर्वी त्याला संघाचा कर्णधार म्हणून नियुक्त करण्यात आले.

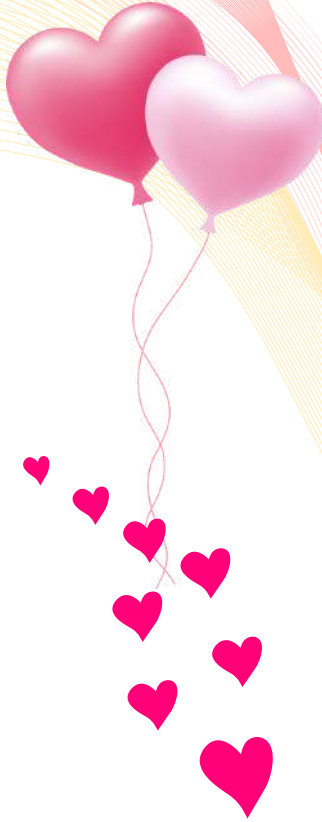
काळे प्रमोद

लिपिक

दयानंद कॉलेज ऑफ फार्मसी

## दिल तो बच्चा है जी ..

निळ्या नितळ आभाळी  
शुभ्र ढगांचे पुंजके  
हिरव्या कंद तृणांवर  
स्लो मोशन मध्ये पडणाते तुषार  
म्हणजे तू आलीस...  
कसं काय जमतं तुला  
असं निसर्ग पांघरून येण?  
इवली पिवळी टिकली  
जणू इवल नाजूक रानफुल  
पाठीवरली सैलसर वेणी  
झुळके सरशी रानभुल  
पहात रहावं तुला...  
की बकूळ सडा पडतो  
पहात रहावं तुला...  
की अलवार प्राजक्त बहरतो  
पहात रहींलं तुला...  
की मी विचार करत नाही  
विचार येत रहातात  
तू माळलास गजरा  
की वसंतोत्सव साजरा  
तू माळतेस म्हणुन  
सुंदर दिसतो गजरा  
नाहीतर विकणार्यांच्या  
हातावर नसत्या का  
खिळल्या नजरा?  
तूला जरा उशीर झाला की वेध लगतात  
तुझे विचार वेड लावतात  
तू आलीस की ऋतू कूस बदलतो



दिविजय शिवणे  
बी. फार्म चतुर्थ वर्ष

## अजब सोहळा

एक जीर्ण पोक्त पान  
झाडावरुन कोसळलं  
त्या पडत्या पानाला पाहून  
झाडंही थोडं हळहळलं  
हिरव्या कोवळ्या पालवीच्या  
कडा झाल्या तेंव्हा ओल्या  
वादळ तगल्या पानाचाही  
कधीतरी होतो पाचोळा  
वार्यावरती चालली होती



फरफट त्या पानाची  
मृत्यू का ठरवतो किंमत  
प्रत्येकाच्या जगण्याची?  
वार्यावरती उडत पान  
झाडाहून ही उंच गेलं  
डवरलेलं झाड पाहुनी  
पान मात्र हबकून गेलं  
क्षणात साक्षात्कार झाला  
जीवनाचा अर्थ कळाला  
वार्या संगे फेर धरोनी  
नाचू लागला पाचोळा

वदाते भारती  
बी.फार्म चतुर्थ वर्ष

## जीवन असच जगायच असतं



थोड दुःख, थोड सुख झेलायच असत, कळी  
सारखं सुंदर फुलात उमलायच असते, जीवन  
असच जगायच असत.

वा-यासंग भीरभीरायच असतं, उन्हासंग  
तळपायच असत पावसासंगे जीवन बरसायच  
असतं. असच जगायच असतं.

अत्तरासंगे दरवळायचं असत भुंग्यासोबत  
गुणगुणायच असनं जीवन असच जगायच असतं  
फुलपाखरासंग फिरायचं असतं सप्त रंगात  
डुबायचं असतं. जीवन असच जगायच असत  
भुतकाळासंगे आठवायचं असतं वर्तमानासंगे  
खुलायच असतं जीवन असच जगायचे असतं.

मुंगे शुभम  
बी.फार्म द्वितीय वर्ष

## कोडे.

किती मांडावे स्वतःला किती द्यावा शब्दांना वाटा  
शब्द संपले, विरुन गेले ना कळले स्वःताला  
आले प्रश्न निघुनी गेले पाहुनी उत्तराची वाट वाटेतुन  
चालताना दिली शब्दानी साथ  
आयुष्य सरेल उरतील कोडे कोड्यांत दडले आयुष्य  
तपासुनी बघितला भुत आणि भविष्य रांगेत उभा  
वर्तमान

काळाच्या या ओघाने, भुत पडला उघडा भविष्याने  
कोडे रचिले वर्तमान बोलला.



विश्वजीत कोकाटे  
बी.फार्म द्वितीय वर्ष

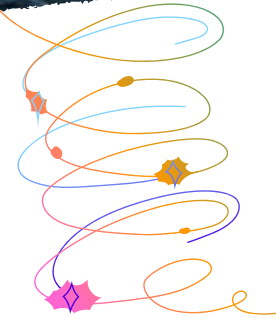
## "समुद्र किनारा" ....

वाहतो पाण्याचा झरा, वाहतो थंड वारा  
पाहून असा नजारा,  
आठवतो "समुद्र किनारा" ....

समुद्राच्या किनारी रुतलेली अखंड वाळू  
झोपले त्यावरी कधी,  
वाटे जणू आई मायाळू...

संध्याकाळाच्या वेळी सूर्य जणू पाण्यात बुडे  
संध्याकाळाच्या या दृश्याने, थवा पक्षांचा उडे.....

दिवसा नंतर रात्र संपूनी  
रात्रीनंतर दिवस संपूनी  
पाहून असा नजारा  
आठवतो "समुद्र किनारा" ....



शिवम कुलकर्णी  
बी.फार्म तृतीय वर्ष



## संस्कार आणि शिक्षण



ज्याला यशस्वी आणि न्यायप्रिय राजा व्हायचे असते, त्याने केवळ शस्त्र चालवायचे नसते, लढाया मारायच्या नसतात, युद्धे जिंकायची नसतात, तर या सर्व गोष्टी करतानाच प्रजेला सर्व प्रकारे न्याय मिळेल, तिला स्वास्थ्य प्राप्त होईल. विकास होत राहिल आणि ती सुखी, समाधानी होईल, हेही पहायचे असते. स्वाभाविकच, ज्याला युगप्रवर्तक राजा व्हायचे असते, त्याने समाजजीवनाच्या सर्व अंगांशी संबंधित अशा विद्या उत्तम रीतीने प्राप्त करणे आवश्यक असते. त्या दृष्टीने शिवरायांचा विद्याव्यासंग पाहता त्याची व्याप्ती अतिशय विशाल, किंबहुना प्रचंडच आहे.

सिद्धांत आणि प्रात्यक्षिक या दोन्ही अंगांकडे लक्ष दिल्यामुळे त्यांचा हा व्यासंग परिपूर्ण बनला होता. त्यांना उत्तम रीतीने लिहिता-वाचता येत होते, ही त्यांची मोठी जमेची बाजू होती. त्यामुळे कुणी अमात्य, सहकारी, विरोधक वा शत्रू कोणत्याही प्रकारे त्यांना फसवू शकत नव्हते. अन्यथा अनेकदा जवळची माणसेच राजाच्या निरक्षरतेचा गैरफायदा घेतात. अमात्य वगैरेचा सल्ला घेणे वेगळे आणि त्यांच्यावर पूर्णांशाने अवलंबून राहणे वेगळे. शिवरायांना परिस्थितीचे आकलन करण्यासाठी असे परावलंबी व्हावे लागत नव्हते, ही महत्त्वाची बाब आहे.

स्नेहा खंदारे  
बी.फार्म तृतीय वर्ष



## मित्र: जीवनाचे खरे सोबती

जीवनाच्या प्रवासात आपल्याला अनेक माणसं भेटतात. काही आपल्याला शिकवतात, काही आपल्याला मार्गदर्शन करतात, आणि काही आपल्या आयुष्यातील आनंदाच्या क्षणांचे साक्षीदार बनतात. त्यांपैकी एक महत्त्वाचा भाग म्हणजे मित्र. मित्र म्हणजे आपल्याला कधीही साथ देणारे, कधीही आपल्याशी प्रामाणिक असणारे आणि कधीही आपल्याला आधार देणारे खरे सोबती.

मित्र हे आपल्यासाठी एक प्रकारचा आधारस्तंभ असतात. ते आपल्या जीवनातील प्रत्येक वळणावर आपल्याला साथ देतात. ज्या वेळेस आपल्याला प्रोत्साहनाची गरज असते, त्यावेळेस ते आपल्याला उभं करतात. आपण जेव्हा निराश होतो, तेव्हा ते आपल्याला हसवतात आणि जेव्हा आपण यशस्वी होतो, तेव्हा ते आपल्याबरोबर आनंद साजरा करतात.

मित्रांच्या अनेक भूमिका असतात. काही मित्र आपल्याला शिकवतात, काही आपल्याला प्रेरणा देतात, आणि काही आपल्याला आपलं जीवन सुकर करण्यासाठी मदत करतात. काही वेळा मित्र आपल्याला आपल्या चुकांपासून शिकवतात, तर काही वेळा ते आपल्याला योग्य मार्ग दाखवतात. खरे मित्र म्हणजे आपण जसे आहोत तसे आपल्याला स्वीकारणारे आणि आपल्यावर प्रेम करणारे असतात.

मित्रांसोबत घालवलेले क्षण हे आयुष्यातील सर्वात सुंदर आणि आनंदाचे क्षण असतात. शाळेतील मित्रांसोबत केलेली मस्ती, कॉलेजमध्ये घालवलेले गप्पांचे क्षण, आणि नोकरीतील सहकाऱ्यांसोबतचे आठवणी हे सगळं जीवनभर आठवतं. मित्रांसोबत केलेले प्रवास, पिकनिक, आणि पार्टी या सगळ्या गोष्टी आपल्याला आनंद देतात आणि आपल्याला आपलं जीवन अधिक रंगीत बनवतात.

मित्रांची काळजी घेणं हे आपलं कर्तव्य असतं. त्यांना आपल्याशी विश्वास ठेवता यावा, त्यांना आपली गरज असते तेव्हा आपण त्यांच्या सोबत उभं राहणं, आणि त्यांना आपल्या जीवनातील महत्त्वाच्या क्षणांचा भाग बनवणं हे सगळं आपल्याला करावं लागतं. मित्रांमध्ये प्रामाणिकता, विश्वास, आणि आदर या गुणांचं असणं खूप महत्त्वाचं असतं.

मित्र हे जीवनातील अनमोल रत्न आहेत. त्यांच्याशिवाय आपलं जीवन अपूर्ण आहे. त्यांच्या सोबतीने आपण जीवनातील प्रत्येक क्षणाचा आनंद घेऊ शकतो. मित्रांची महत्त्वता ओळखून, त्यांच्या सोबत वेळ घालवणं, त्यांच्या सोबत आपल्या सुखदुःखाचा वाटा घेतला पाहिजे. कारण मित्र हेच खरे जीवनाचे सोबती असतात.

आकाश साकळे  
बी. फार्म तृतीय वर्ष



## !!...जीवन...!!



रोजच मनी हा विचार,  
जीवन कस जगावे...  
कधी वाटे सर्व सोडूनी,  
पक्षी सारखे नभात उडावे...

या नात्यात गुरफटलेल आयुष्य, सोडूनी मनसोक्त हुंडावे..  
रुपया साठी भूकेजलेल जग, सोडूनी संन्यासी सारख राहावे.....

कपटी मानुसकी या जगाची, सोडूनी नदी सारख पुढे पुढे चलावे..  
घड्याळावर धावणारे माणस, सोडूनी फुलासारखे फुलावे.....

मीपणा आणि विश्वासघाती जगास, सोडूनी थेंबसारख पडावे..  
संस्कृती विसरणारया जगास, सोडूनी वेळी सारख झुलावे..

फक्त मोठेपणा गाजवणारया जगास,  
सोडूनी माशा सारख पोहावे... गरजेपुरते बोलणारया जगास. सोडूनी  
कोकीले सारख गावे..

हे विपरीत वागणारया जगास, सोडून आईला बिलगुन रहावे...  
एकमेकांना खेचणारया या जगास, सोडूनी निरागसपणे मरावे.....

**आश्विनी पवार**  
बी. फार्म तृतीय वर्ष

# हिन्दी विभाग



## भारतमें खाद्य और सार्वजनिक वितरण: एक विस्तृत अवलोकन

भारत में खाद्य और सार्वजनिक वितरण की व्यवस्था एक महत्वपूर्ण सामाजिक सुरक्षा तंत्र है जो देश के नागरिकों को सस्ती दरों पर खाद्यान्न प्रदान करती है। इसका उद्देश्य खाद्य सुरक्षा सुनिश्चित करना और खाद्यान्न की कमी के समय में आपातकालीन जरूरतों को पूरा करना है। भारत सरकार ने विभिन्न योजनाओं के माध्यम से इस वितरण प्रणाली को मजबूत किया है, जैसे कि राष्ट्रीय खाद्य सुरक्षा अधिनियम (NFSA), 2013, जो देश के लगभग 75% ग्रामीण और 50% शहरी आबादी को कवर करता है।

इस अधिनियम के तहत, अंत्योदय अन्न योजना (AAY) और प्राथमिकता वाले परिवारों (PHH) को बहुत कम कीमत पर गेहूं, चावल, और अन्य खाद्यान्न प्रदान किए जाते हैं। इसके अलावा, मिड-डे मील योजना और इंडीग्रेटेड चाइल्ड डेवलपमेंट सर्विसेज (ICDS) जैसी योजनाएं भी खाद्य सुरक्षा को बढ़ावा देती हैं।

खाद्य वितरण प्रणाली की सफलता में राज्य सरकारों की भूमिका भी महत्वपूर्ण है, क्योंकि वे खाद्यान्न के भंडारण, वितरण और निगरानी का कार्य करते हैं। राज्य सरकारें राशन कार्ड सिस्टम के माध्यम से योग्य परिवारों की पहचान करती हैं और उन्हें खाद्यान्न प्रदान करती हैं। इस प्रक्रिया में तकनीकी उन्नतियों का भी योगदान है, जैसे कि इलेक्ट्रॉनिक पॉइंट ऑफ सेल (ePoS) मशीनों का उपयोग, जो वितरण की प्रक्रिया को और अधिक पारदर्शी और कुशल बनाता है।

हालांकि, इस प्रणाली में कई चुनौतियां भी हैं, जैसे कि भ्रष्टाचार, खाद्यान्न की बर्बादी, और अनुचित वितरण। सरकार और समाज के लिए इन चुनौतियों का समाधान खोजना आवश्यक है ताकि खाद्य सुरक्षा को सुनिश्चित किया जा सके और सभी के लिए खाद्यान्न की पहुंच सुनिश्चित हो।

भारत की सार्वजनिक वितरण प्रणाली (PDS) दुनिया के सबसे बड़े वितरण नेटवर्कों में से एक है। इसकी शुरुआत 1951 में हुई थी, जब भारत ने नियोजित आर्थिक विकास के पथ पर कदम रखा था। इस प्रणाली का मुख्य उद्देश्य खाद्य सुरक्षा सुनिश्चित करना और गरीबों को सब्सिडी वाले खाद्यान्न प्रदान करना है।

PDS के अंतर्गत, राज्य सरकारें लगभग 5 लाख उचित मूल्य की दुकानों (FPS) के नेटवर्क के माध्यम से उपभोक्ताओं को अनाज वितरित करती हैं। इस प्रणाली के तहत गेहूं, चावल, चीनी और मिट्टी का तेल जैसी आवश्यक वस्तुएं वितरित की जाती हैं। इसका प्रबंधन उपभोक्ता मामले, खाद्य और सार्वजनिक वितरण मंत्रालय द्वारा किया जाता है।

जून 1997 में, भारत सरकार ने लक्षित सार्वजनिक वितरण प्रणाली (TPDS) की शुरुआत की, जिसका उद्देश्य गरीबों पर ध्यान केंद्रित करना था। TPDS के तहत, गरीबों की पहचान करने, अनाज की खरीद करने और प्राप्तकर्ताओं को खाद्यान्न पहुंचाने की जिम्मेदारी केंद्र और राज्यों द्वारा साझा की जाती है।

इस प्रणाली की पृष्ठभूमि द्वितीय विश्व युद्ध के दौरान राशन के उपाय के रूप में लागू की गई थी। 1960 के दशक में, सरकार ने खाद्य असुरक्षा के जवाब में सार्वजनिक वितरण प्रणाली के लिए खाद्यान्न की घरेलू खरीद और भंडारण में सुधार के लिए कृषि मूल्य आयोग और भारतीय खाद्य निगम बनाया।

आज, PDS और TPDS भारत में खाद्य सुरक्षा के महत्वपूर्ण स्तंभ हैं। इन प्रणालियों के माध्यम से, भारत सरकार ने खाद्यान्न की उपलब्धता, पहुंच और उपयोगिता को बढ़ाया है, जिससे देश के गरीब और कमजोर वर्गों को लाभ होता है।

अंत में, खाद्य और सार्वजनिक वितरण की व्यवस्था न केवल भूख को कम करने में मदद करती है, बल्कि यह सामाजिक समरसता और आर्थिक स्थिरता को भी बढ़ावा देती है। इसलिए, इस प्रणाली को और अधिक प्रभावी और कुशल बनाने के लिए निरंतर प्रयास और सुधार की आवश्यकता है।

इस लेख के माध्यम से, हमने भारत में खाद्य और सार्वजनिक वितरण की व्यवस्था का एक संक्षिप्त अवलोकन प्रस्तुत किया है। इस विषय पर और अधिक जानकारी के लिए, आप उपभोक्ता मामले, खाद्य और सार्वजनिक वितरण मंत्रालय की वेबसाइट पर जा सकते हैं।

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## आहार के प्रकार जिनका पालन करना चाहिए

स्वस्थ जीवन के लिए सही आहार का पालन करना अत्यंत महत्वपूर्ण है। अलग-अलग व्यक्ति की जरूरतों और स्वास्थ्य स्थितियों के आधार पर विभिन्न प्रकार के आहार होते हैं। यहाँ कुछ प्रमुख प्रकार के आहारों का विवरण दिया जा रहा है जिन्हें आप अपने स्वास्थ्य लक्ष्यों के अनुसार अपना सकते हैं:

### 1. संतुलित आहार (Balanced Diet)

संतुलित आहार वह है जिसमें सभी आवश्यक पोषक तत्व उचित मात्रा में होते हैं। इसमें प्रोटीन, कार्बोहाइड्रेट, वसा, विटामिन और खनिज शामिल होते हैं। संतुलित आहार के लिए फल, सब्जियाँ, अनाज, दुग्ध उत्पाद, मांस, मछली, अंडे, नट्स और बीजों का सेवन करना चाहिए।

### 2. कीटो आहार (Ketogenic Diet)

कीटो आहार में कार्बोहाइड्रेट की मात्रा बहुत कम और वसा की मात्रा अधिक होती है। यह आहार शरीर को कीटोसिस अवस्था में लाने के लिए डिजाइन किया गया है, जिसमें शरीर ऊर्जा के लिए वसा को जलाने लगता है। इस आहार में मुख्य रूप से मांस, मछली, अंडे, पनीर, नट्स, बीज और स्वस्थ वसा शामिल होते हैं।

### 3. शाकाहारी आहार (Vegetarian Diet)

शाकाहारी आहार में मांस, मछली और पोल्ट्री को शामिल नहीं किया जाता है। इसके बजाय, इसमें फल, सब्जियाँ, अनाज, दालें, नट्स और बीजों का सेवन किया जाता है। यह आहार पर्यावरण के लिए भी फायदेमंद माना जाता है और हृदय स्वास्थ्य को बेहतर बनाने में मदद कर सकता है।



#### 4. वीगन आहार (Vegan Diet)

वीगन आहार एक प्रकार का शाकाहारी आहार है जिसमें सभी पशु उत्पादों को छोड़ दिया जाता है, जिसमें डेयरी, अंडे और शहद भी शामिल होते हैं। वीगन आहार में फल, सब्जियाँ, अनाज, दालें, नट्स और बीजों का उपयोग होता है। यह आहार स्वास्थ्य और पर्यावरण दोनों के लिए लाभदायक हो सकता है।

#### 5. पैलियो आहार (Paleo Diet)

पैलियो आहार प्राचीन काल के मनुष्यों के आहार पर आधारित है। इसमें उन खाद्य पदार्थों का सेवन किया जाता है जो शिकार और संग्रहण से प्राप्त होते हैं। इसमें मांस, मछली, फल, सब्जियाँ, नट्स और बीज शामिल होते हैं, जबकि प्रसंस्कृत खाद्य पदार्थ, अनाज, डेयरी और चीनी से बचा जाता है।

#### 6. भूमध्यसागरीय आहार (Mediterranean Diet)

भूमध्यसागरीय आहार में फल, सब्जियाँ, अनाज, नट्स, बीज, मछली और जैतून का तेल मुख्य रूप से शामिल होते हैं। इस आहार में रेड मीट, चीनी और प्रसंस्कृत खाद्य पदार्थों का सेवन सीमित किया जाता है। यह आहार हृदय स्वास्थ्य के लिए बहुत फायदेमंद माना जाता है।

#### 7. ग्लूटेन मुक्त आहार (Gluten-Free Diet)

ग्लूटेन मुक्त आहार में उन खाद्य पदार्थों से परहेज किया जाता है जिनमें ग्लूटेन प्रोटीन होता है, जैसे कि गेहूं, जौ और राई। यह आहार सीलिएक रोग या ग्लूटेन असहिष्णुता से पीड़ित लोगों के लिए आवश्यक होता है। इसमें फल, सब्जियाँ, मांस, मछली, चावल, आलू और अन्य ग्लूटेन मुक्त खाद्य पदार्थ शामिल होते हैं।

#### 8. लो-कार्ब आहार (Low-Carb Diet)

लो-कार्ब आहार में कार्बोहाइड्रेट की मात्रा को कम करके प्रोटीन और वसा की मात्रा को बढ़ाया जाता है। यह आहार वजन घटाने और ब्लड शुगर नियंत्रण के लिए प्रभावी हो सकता है। इसमें मांस, मछली, अंडे, नट्स, बीज, सब्जियाँ और स्वस्थ वसा शामिल होते हैं।

#### 9. इंटरमिटेंट फास्टिंग (Intermittent Fasting)

इंटरमिटेंट फास्टिंग एक आहार योजना है जिसमें खाने और उपवास के समय को विभाजित किया जाता है। इसमें 16/8 पद्धति (16 घंटे उपवास और 8 घंटे खाना) या 5:2 पद्धति (सप्ताह में 5 दिन सामान्य खाना और 2 दिन कम कैलोरी सेवन) शामिल होती है। यह आहार वजन घटाने और मेटाबॉलिक स्वास्थ्य के लिए फायदेमंद हो सकता है।

सही आहार का चुनाव करना आपके स्वास्थ्य और जीवनशैली पर निर्भर करता है। किसी भी आहार को अपनाने से पहले डॉक्टर या पोषण विशेषज्ञ से परामर्श करना हमेशा अच्छा होता है। सही आहार और नियमित व्यायाम से आप स्वस्थ और खुशहाल जीवन जी सकते हैं।

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## सौंदर्य और स्वच्छता: ग्रूमिंग पर एक विस्तृत लेख

ग्रूमिंग का अर्थ केवल बाहरी सुंदरता से नहीं है, बल्कि इसमें स्वच्छता, स्वास्थ्य और आत्मविश्वास का भी महत्वपूर्ण योगदान होता है। यह प्रक्रिया हमें न केवल शारीरिक रूप से स्वस्थ और सुंदर बनाती है, बल्कि मानसिक रूप से भी सशक्त और आत्मविश्वासी बनाती है।

### 1. व्यक्तिगत स्वच्छता

ग्रूमिंग की सबसे पहली और महत्वपूर्ण कड़ी है व्यक्तिगत स्वच्छता। इसमें निम्नलिखित बिंदु शामिल हैं:

#### (i) नियमित स्नान:

नियमित रूप से स्नान करना शरीर की स्वच्छता के लिए अत्यंत आवश्यक है। इससे शरीर की गंदगी और पसीने को हटाया जा सकता है, जो त्वचा संबंधी समस्याओं से बचाता है।

#### (ii) हाथों की सफाई:

खाने से पहले और बाद में हाथ धोना और अन्य समय पर हाथों की स्वच्छता बनाए रखना बहुत जरूरी है। यह बीमारियों से बचने में मदद करता है।

#### (iii) दांतों की देखभाल:

दांतों की सही देखभाल करना और नियमित रूप से ब्रश करना न केवल सुंदर मुस्कान के लिए आवश्यक है, बल्कि यह मुख स्वास्थ्य के लिए भी महत्वपूर्ण है।

### 2. बालों की देखभाल

#### (i) नियमित शैम्पू और कंडीशनर:

बालों की स्वच्छता और सुंदरता के लिए नियमित रूप से शैम्पू और कंडीशनर का उपयोग करना चाहिए। इससे बाल साफ और मुलायम रहते हैं।

#### (ii) तेल मालिश:

सप्ताह में एक बार बालों में तेल मालिश करना बालों को पोषण और मजबूती प्रदान करता है।

### 3. त्वचा की देखभाल

#### (i) चेहरे की सफाई:

चेहरे की त्वचा को नियमित रूप से साफ करना और मॉइस्चराइजर का उपयोग करना त्वचा को स्वस्थ और चमकदार बनाए रखता है।

#### (ii) सनस्क्रीन का उपयोग:

सूरज की हानिकारक किरणों से बचाव के लिए सनस्क्रीन का उपयोग अनिवार्य है।

### 4. नाखूनों की देखभाल

#### (i) नियमित कटाई:

नाखूनों को नियमित रूप से काटना और साफ रखना स्वच्छता और सुंदरता दोनों के लिए आवश्यक है।

#### (ii) मॉइस्चराइजिंग:

हाथों और नाखूनों को मुलायम और स्वस्थ बनाए रखने के लिए मॉइस्चराइजिंग जरूरी है।

### 5. शारीरिक फिटनेस

#### (i) नियमित व्यायाम:

नियमित व्यायाम शारीरिक और मानसिक स्वास्थ्य दोनों के लिए लाभकारी होता है। यह शरीर को फिट और ऊर्जावान बनाए रखता है।

#### (ii) संतुलित आहार:

संतुलित आहार का सेवन शरीर को आवश्यक पोषक तत्व प्रदान करता है, जिससे त्वचा, बाल और समग्र स्वास्थ्य अच्छा रहता है।

### 6. परिधान और स्वच्छता

#### (i) स्वच्छ वस्त्र:

स्वच्छ और अच्छी तरह से इस्त्री किए हुए वस्त्र पहनना व्यक्ति के व्यक्तित्व को निखारता है।

#### (ii) उचित परफ्यूम का उपयोग:

हल्का और सुखद सुगंध वाला परफ्यूम व्यक्ति की पहचान को और अधिक आकर्षक बनाता है।

#### निष्कर्ष

गूमिंग केवल एक आदत नहीं, बल्कि एक कला है। यह हमें न केवल सुंदर और आकर्षक बनाता है, बल्कि आत्मविश्वास और स्वास्थ्य में भी सुधार लाता है। आज की तेज़-तर्रार जिंदगी में, व्यक्तिगत स्वच्छता और गूमिंग पर ध्यान देना अत्यंत महत्वपूर्ण है। इसलिए, अपने दैनिक जीवन में इन बातों का ध्यान रखें और खुद को बेहतर बनाएं।

ताथोडे वैष्णवी  
एम . फार्म द्वितीय वर्ष



## ओलंपिक का आत्मा: उत्कृष्टता और एकता का वैश्विक उत्सव

खेल के क्षेत्र में, कुछ ऐसे आयोजन हैं जिनका इतना महत्व और वैश्विक आकर्षण होता है जैसे ओलंपिक खेल. हर चार वर्ष में, विश्व के खिलाड़ी उच्चतम स्तर पर प्रतिस्पर्धा के लिए एकत्र होते हैं, न केवल अपनी शारीरिक प्रतिभा को प्रदर्शित करते हैं बल्कि सहगामिता, निर्धारण और सांस्कृतिक विनिमय के मूल्यों को भी प्रकट करते हैं. ओलंपिक केवल प्रतिस्पर्धा का संदर्भ नहीं है, यह वैश्विक स्तर पर मानव सफलता और एकता का एक उत्सव है. 1896 में अपनी पुनर्जागरण से लेकर, आधुनिक ओलंपिक खेल अंतरराष्ट्रीय सहयोग और खेल की उत्कृष्टता का प्रतीक बन गए हैं. पियर डे कूबर्टेन द्वारा अमन को खेल के माध्यम से प्रोत्साहित करने के रूप में सोचे गए, ओलंपिक को मानव सप्तर्षि के सपनों की पूर्ति करने का एक साधन बनाया गया है.

प्रत्येक ओलंपिक का संस्मरण उन पलों को उत्कृष्टता के इतिहास में स्थापित करता है जो खेल इतिहास में स्थान बनाते हैं. 1936 में जेसी ओवेस ने नाजी विचारधारा का अवाज उठाया अपने चार स्वर्ण पदकों के साथ, जबकि 1980 में "आइस पर चमत्कार" में अमेरिकी आइस हॉकी टीम ने उस समय संयुक्त राज्य संघ को हराया, ये पल खेल से बाहर उत्कृष्टता, साहस और मानव आत्मा की विजय का प्रतीक हैं.

टोक्यो 2020 ओलंपिक को न केवल उत्कृष्ट खेल प्रदर्शनों के लिए याद किया जाएगा, बल्कि इसके सामने आए अभूतपूर्व चुनौतियों के लिए भी. एक वैश्विक महामारी के बीच, खेलों को पहली बार उनके आधुनिक इतिहास में स्थगित किया गया, जो खिलाड़ियों और आयोजकों की समर्थन के रूप में अनुकूलित होने में साबित हुआ. पारंपरिक उत्साह की अनुपस्थिति के बावजूद, टोक्यो 2020 ने एक आशा और प्रेरणा का प्रकाश प्रस्तुत किया जो एक अस्पष्टता से जूझ रही दुनिया को आशा के दीपक में जलाया.

विजय के उत्कृष्टता और हानि की दुखी अवस्था के परे, ओलंपिक सामाजिक परिवर्तन के लिए एक उत्तेजक के रूप में कार्य करते हैं. अक्सर खिलाड़ियों अपनी प्लेटफॉर्म का उपयोग कर अपने दिल की करीबी विषयों के लिए आवाज़ उठाते हैं, चाहे वह लिंग समानता, पर्यावरणीय स्थिरता या मानव अधिकारों हो. खेल इन आवाजों को अधिकतम करते हैं, जो खेले गई स्थानीय स्थान से दूर तक आकर्षित करते हैं.

हावळे वैष्णवी  
एम.फार्म द्वितीय वर्ष



## हर्बल चाय: स्वास्थ्य के लिए वरदान

हर्बल चाय, जिसे हर्बल इन्फ्यूजन भी कहा जाता है, आजकल लोगों के बीच स्वास्थ्य और तंदुरुस्ती के लिए एक लोकप्रिय विकल्प बन गई है। यह चाय विभिन्न प्रकार के जड़ी-बूटियों, फूलों, फलों, और मसालों के मिश्रण से तैयार की जाती है और इसमें कैफीन की मात्रा नगण्य होती है, जिससे यह स्वास्थ्य के लिए और भी अधिक लाभकारी बन जाती है।

हर्बल चाय के विभिन्न प्रकार और उनके लाभ भी अनेक हैं। उदाहरण के लिए, पुदीना चाय पाचन तंत्र के लिए अत्यंत लाभकारी है। यह अपच, पेट दर्द और मरोड़ जैसी समस्याओं में राहत प्रदान करती है। इसके अलावा, यह सर्दी-खांसी में भी लाभकारी होती है और सांस की ताजगी को बढ़ाने में मदद करती है। पुदीना की ठंडी तासीर शरीर को ताजगी का अनुभव कराती है और मानसिक तनाव को कम करने में भी सहायक होती है।

कैमोमाइल चाय, जिसे आमतौर पर शाम के समय पीया जाता है, नींद की गुणवत्ता में सुधार करती है और तनाव कम करने में मददगार होती है। इसके सेवन से मांसपेशियों को आराम मिलता है और यह माइग्रेन और सिरदर्द में भी राहत प्रदान करती है। कैमोमाइल के प्राकृतिक गुण शरीर को शांत करने और मन को सुकून देने का काम करते हैं।

हिबिस्कस चाय, जो अपने खट्टे स्वाद के लिए जानी जाती है, रक्तचाप को नियंत्रित करने और कोलेस्ट्रॉल के स्तर को कम करने में सहायक होती है। इसमें विटामिन सी की प्रचुर मात्रा होती है, जो रोग प्रतिरोधक क्षमता को बढ़ाती है। इसके अलावा, हिबिस्कस चाय में एंटीऑक्सिडेंट गुण होते हैं जो शरीर को विषाक्त पदार्थों से मुक्त रखने में मदद करते हैं और त्वचा को भी स्वस्थ और चमकदार बनाते हैं।

अदरक चाय, जो विशेष रूप से सर्दियों में लोकप्रिय होती है, सूजन को कम करती है और प्रतिरक्षा प्रणाली को मजबूत बनाती है। यह सर्दी-खांसी, गले की खराश, और अपच जैसी समस्याओं में राहत प्रदान करती है। अदरक के प्राकृतिक एंटी-इंफ्लेमेटरी गुण शरीर के लिए बेहद लाभकारी होते हैं और पाचन तंत्र को भी स्वस्थ रखते हैं।

तुलसी चाय, जिसे आयुर्वेद में विशेष स्थान प्राप्त है, तनाव और चिंता को कम करने में अत्यंत प्रभावी होती है। यह श्वसन तंत्र को स्वस्थ रखती है और संक्रमण से बचाव करती है। तुलसी के पत्तों में एंटीबैक्टीरियल और एंटीवायरल गुण होते हैं, जो रोग प्रतिरोधक क्षमता को बढ़ाते हैं और शरीर को विभिन्न प्रकार के संक्रमणों से बचाते हैं।

हर्बल चाय बनाना बेहद आसान है। इसके लिए सबसे पहले एक कप पानी उबालें। पानी में चुनी हुई जड़ी-बूटियाँ या मसाले डालें और इसे 5-10 मिनट तक उबलने दें। इसके बाद इसे छानकर कप में डालें और स्वादानुसार शहद या नींबू मिलाएं। हर्बल चाय को आप अपने स्वाद और स्वास्थ्य लाभों के अनुसार अलग-अलग प्रकार से बना सकते हैं।

हर्बल चाय न केवल एक स्वादिष्ट पेय है, बल्कि यह स्वास्थ्य के लिए भी अत्यंत लाभकारी है। विभिन्न प्रकार की हर्बल चाय को अपने दैनिक आहार में शामिल करके आप अपनी सेहत में सुधार कर सकते हैं और एक स्वस्थ जीवन शैली अपना सकते हैं। प्राकृतिक उपायों की ओर लौटना और हर्बल चाय को अपनाना निस्संदेह एक समझदारी भरा कदम है। हर्बल चाय के नियमित सेवन से आप न केवल शारीरिक बल्कि मानसिक रूप से भी स्वस्थ रह सकते हैं। इसलिए, अगली बार जब आपको आराम की जरूरत हो या आप अपने स्वास्थ्य को सुधारना चाहें, तो एक कप हर्बल चाय का आनंद लें और इसके जादुई गुणों का अनुभव करें। प्राकृतिक और स्वस्थ जीवनशैली की ओर बढ़ते हुए हर्बल चाय को अपने जीवन का हिस्सा बनाएं और इसके अद्वितीय लाभों का आनंद उठाएं।

प्रा. गोपाल लोहिया  
दयानंद कॉलेज ऑफ फार्मसी





## भारतीय मसाले: स्वाद और स्वास्थ्य का अनोखा संगम

भारतीय मसाले अपने अद्वितीय स्वाद, रंग और औषधीय गुणों के लिए विश्वभर में प्रसिद्ध हैं। ये मसाले न केवल व्यंजनों को लजीज बनाते हैं बल्कि स्वास्थ्य के लिए भी अत्यंत लाभकारी होते हैं। भारतीय रसोई में सदियों से मसालों का उपयोग होता आ रहा है, और ये मसाले भारतीय संस्कृति और परंपरा का अहम हिस्सा हैं। भारतीय मसालों का इतिहास हजारों साल पुराना है। प्राचीन समय में भारत को 'स्पाइस लैंड' कहा जाता था, और यह मसालों के व्यापार का केंद्र था। मसालों की विशेषता यह है कि ये न केवल भोजन के स्वाद को बढ़ाते हैं बल्कि उनके औषधीय गुण भी होते हैं। हल्दी, जिसे "गोल्डन स्पाइस" भी कहा जाता है, में एंटी-इंफ्लेमेटरी और एंटीऑक्सिडेंट गुण होते हैं, जो शरीर को विभिन्न बीमारियों से बचाने में मदद करते हैं। जीरा पाचन तंत्र को मजबूत बनाता है और मेटाबोलिज्म को बढ़ाता है। दालचीनी रक्त शर्करा के स्तर को नियंत्रित करने में सहायक होती है, जबकि इलायची सर्दी-खांसी और बदहजमी में राहत देती है। इसके अलावा, लाल मिर्च विटामिन सी से भरपूर होती है और प्रतिरक्षा प्रणाली को मजबूत बनाती है।

इन मसालों का सही उपयोग न केवल भोजन को स्वादिष्ट बनाता है बल्कि शरीर को आवश्यक पोषक तत्व भी प्रदान करता है। भारतीय मसालों का सही मिश्रण और संतुलित मात्रा में सेवन स्वास्थ्य के लिए अत्यंत लाभकारी हो सकता है। लौंग, जो अपने तेज और मीठे स्वाद के लिए जानी जाती है, दांत दर्द और सांस की दुर्गंध के इलाज में कारगर होती है। धनिया, जिसे धनिया पत्तियां भी कहा जाता है, में विटामिन ए और सी प्रचुर मात्रा में होते हैं, जो त्वचा और आंखों के लिए लाभकारी हैं। काली मिर्च, जिसे 'मसालों की रानी' कहा जाता है,

पाचन को सुधारती है और भूख बढ़ाती है। इसका उपयोग सर्दी, खांसी और गले की खराश में भी राहत देने के लिए किया जाता है। हींग, जिसे भारतीय व्यंजनों में एक महत्वपूर्ण घटक माना जाता है, गैस और अपच को कम करने में मदद करती है। सरसों के दाने, जो विभिन्न प्रकार के अचार और करी में इस्तेमाल होते हैं, पाचन तंत्र को स्वस्थ रखते हैं और माइग्रेन के दर्द को कम करते हैं। इन मसालों का वैज्ञानिक दृष्टिकोण से भी विश्लेषण किया गया है, और इनके औषधीय गुणों को मान्यता दी गई है।

भारतीय मसालों का उपयोग न केवल स्वाद और रंग के लिए होता है, बल्कि यह एक संपूर्ण चिकित्सा प्रणाली का हिस्सा भी है। आयुर्वेद में, मसालों का उपयोग उपचार के लिए किया जाता है। अदरक, जो विभिन्न प्रकार की चाय और व्यंजनों में इस्तेमाल होता है, सर्दी, खांसी और अपच में राहत प्रदान करता है। इसके अलावा, इसका सेवन प्रतिरक्षा प्रणाली को भी मजबूत बनाता है।

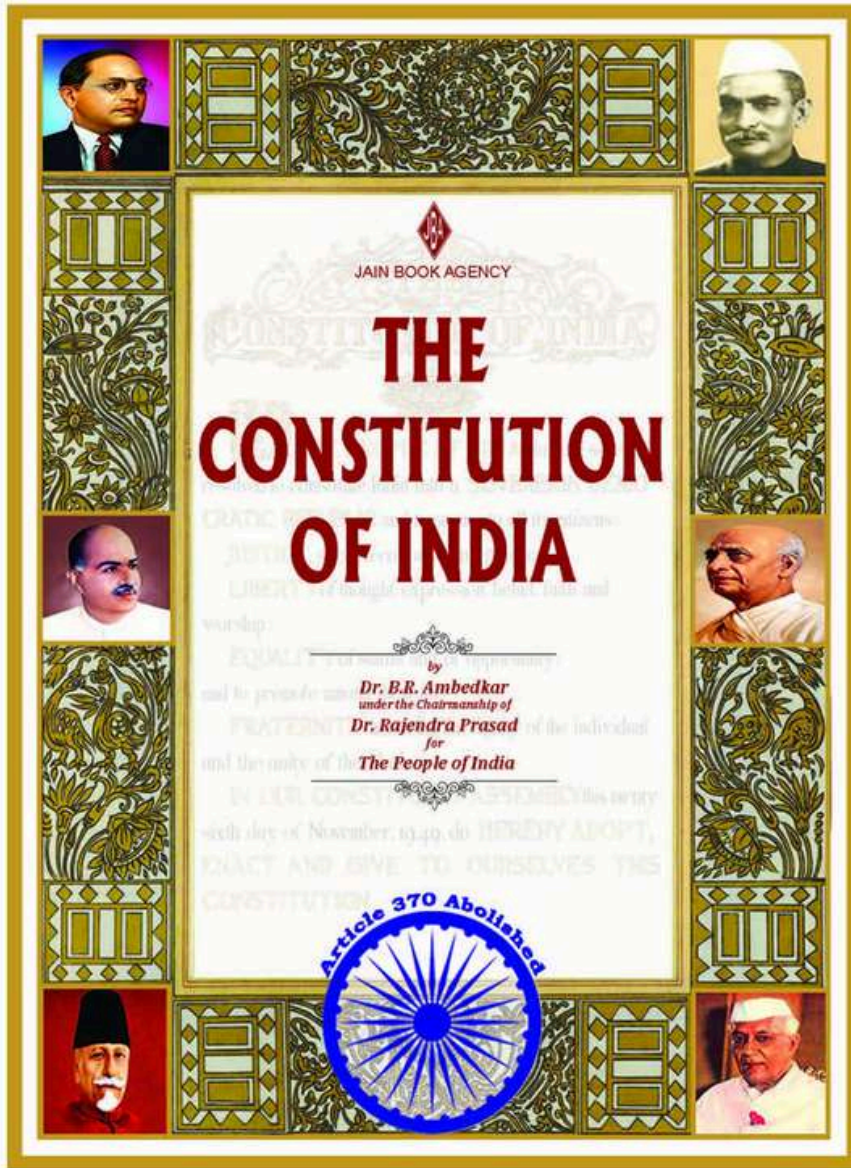
इस प्रकार, भारतीय मसाले हमारे भोजन को स्वादिष्ट बनाने के साथ-साथ हमें स्वस्थ रखने में भी महत्वपूर्ण भूमिका निभाते हैं। इनके उपयोग से न केवल हमारे व्यंजन अधिक स्वादिष्ट बनते हैं, बल्कि हम स्वास्थ्यवर्धक गुणों का भी लाभ उठा सकते हैं। अगली बार जब आप अपने भोजन में भारतीय मसालों का उपयोग करें, तो न केवल उनके अद्भुत स्वाद का आनंद लें बल्कि उनके स्वास्थ्यवर्धक गुणों का भी पूरा लाभ उठाएं। इस प्रकार, भारतीय मसालों का उपयोग एक संतुलित और स्वस्थ जीवन शैली की ओर एक महत्वपूर्ण कदम हो सकता है।

**प्रा. लिंबराज राख**

दयानंद कॉलेज ऑफ फार्मसी







## भारतीयसंविधान का निर्माण: समर्थन से संविधान तक

भारतीय संविधान का निर्माण एक महत्वपूर्ण और ऐतिहासिक कार्यक्रम है, जिसने भारतीय राजनीति और समाज को संविधानिक संरचना और संरचना के माध्यम से मजबूती और स्थिरता प्रदान की। संविधान का निर्माण न केवल एक संविधानिक दस्तावेज की रचना थी, बल्कि यह एक राष्ट्रीय संस्कृति के निर्माण का प्रयास था जिसमें समाज, न्याय, स्वतंत्रता और समानता के मूल्यों की भावना शामिल थी।

1947 में भारत की स्वतंत्रता के बाद, भारतीय संविधान सभा का गठन किया गया, जिसका मुख्य उद्देश्य एक संविधान तैयार करना था जो देश के सभी नागरिकों के अधिकारों को सुनिश्चित करता हो। इस सभा के सदस्य विभिन्न समाज, संस्कृति और विचारधाराओं से आए, जिन्होंने अपने विचार और दृष्टिकोण से संविधान के निर्माण में महत्वपूर्ण योगदान दिया। डॉ. बी. आर. अंबेडकर ने भारतीय संविधान के मुख्य लेखक के रूप में महत्वपूर्ण भूमिका निभाई, जिन्होंने अपने व्यापक ज्ञान, विचारशीलता और संविधानिक विशेषज्ञता के माध्यम से संविधान के लिए एक समर्थ विधान तैयार किया। संविधान निर्माण की प्रक्रिया में बहुत सारे विवाद और चुनौतियां भी थीं, लेकिन उन्होंने इन सभी को समाप्त करते हुए एक संविधान तैयार किया जो भारतीय समाज की वास्तविकताओं और आधुनिक ज़रूरतों को सम्मान देता है। भारतीय संविधान की विशेषता यह है कि वह एक लिखित संविधान है जो देश की संविधानिक और राजनीतिक व्यवस्था को व्यावहारिक और स्थिर बनाने में मदद करता है। यह न केवल राजनीतिक विचारधाराओं का प्रतिनिधित्व करता है, बल्कि समाज के सभी वर्गों के अधिकारों की रक्षा और सुरक्षा को भी सुनिश्चित करता है। इसके उपयुक्त और सुविधाजनक प्रारूप ने भारतीय संविधान को एक मूल्यवान और सांस्कृतिक विरासत में बदल दिया है, जो देश की अद्वितीयता और एकता का प्रतीक बना है।

**वैद्य आकांक्षा**  
बी. फार्म चतुर्थ वर्ष





## भारतीयसम्राट अशोकः शांति के प्रेरणा स्रोत

भारतीय इतिहास के श्रेष्ठ राजा में से एक, सम्राट अशोक का नाम साहित्यिक, ऐतिहासिक और धार्मिक कृतियों में महानतम राजाओं में गिना जाता है। वह एक ऐसे शासक थे जिनके शांतिप्रिय और समझदाराना शासन के कारण उनका नाम विश्व इतिहास में सदैव के लिए बन गया। अशोक ने मौर्य साम्राज्य के पाँचवें सम्राट के रूप में शासन किया, और उनकी सत्ता काशी से लेकर दक्षिण तक फैली हुई थी। अशोक का शांति प्रेम अशोक का शांति प्रेम उनके शासनकाल का सबसे महत्वपूर्ण और प्रभावशाली पहलू था। उन्होंने साम्राज्य की सीमाओं को विस्तारित करने के बजाय, शांति और समझौते के माध्यम से सम्राटीय स्थान की प्राप्ति को प्राथमिकता दी। अशोक ने धर्म और शांति को अपने शासन का मूल मंत्र माना और उन्होंने अपने साम्राज्य में शांति और सहमति की बात को प्रचारित किया। उन्होंने धार्मिक सहमति को बढ़ावा दिया और विभिन्न धर्मों के साथ समझौते किए। उन्होंने धर्म संबंधी असहमतियों का समाधान करने के लिए धर्म विश्वविद्यालय जैसे संस्थान स्थापित किए और जनता को शिक्षा और राष्ट्रीय एकता के

माध्यम से जोड़ने का प्रयास किया। अशोक की विशालकाय शांति यात्राएँ अशोक की शांति यात्राएँ उनके शासन के अवसर पर सभी धर्मों के संतों और बौद्ध भिक्षुओं को दी गईं। उन्होंने बौद्ध धर्म का प्रचार किया और अपनी इस पहल से भारतीय समाज में शांति और सहमति की भावना को फैलाया। उनकी सबसे प्रसिद्ध यात्रा उनकी धम्मा यात्रा थी, जिसमें वे बौद्ध धर्म के महत्वपूर्ण स्थलों पर गए और उन्होंने धर्म और शांति के संदेश को लोगों तक पहुंचाया। अशोक की विश्व यात्राएँ और प्रभाव अशोक के शांति प्रेम और सहमति के संदेश ने उस समय की भारतीय समाज में गहरा प्रभाव डाला और उसके शासन काल को "सुनहरा युग" के रूप में जाना जाता है। उनकी इसी सोच ने बाद में भी विश्व भर में शांति और सहमति के संदेश को प्रेरित किया। उनका योगदान भारतीय इतिहास में अविस्मरणीय रहा है और उनका शांतिप्रिय शासन आज भी हमें प्रेरित करता है।

प्रतीक्षा चव्हाण

एम . फार्म द्वितीय वर्ष



## खेत

खेतों में लहराते धान के बाल,  
किसानों के जीवन का है यही कमाल।  
हल चलाते, बीज बोते, मेहनत से सिंचाई,  
धरती मां की गोद में, खुशहाली की छाई।

खेतों में फसलें, आशीर्वाद के फूल,  
मेहनत के रंग से, सजी यह धरा कूल।  
गन्ने की मिठास, गेहूं की सोने जैसी चमक,  
किसानों की मेहनत से, धरती बनती अमृतधारा की  
झलक।

आओ सलाम करें, उन अन्नदाताओं को,  
जिनके बिना अधूरी है, हमारी हर कामना।  
धरती का श्रृंगार, मेहनत की मूरत,  
किसानों का जीवन, है सच्ची सरहद।

सूरज की तपिश में, पसीने की धारा,  
हरियाली की चादर ओढ़े, धरती हुई प्यारी सारा।  
बैलगाड़ी की चरमराहट, खेतों की सजी हुई रौनक,  
किसानों के सपनों का है यह अनोखा संगम।

कभी सूखा, कभी बाढ़, कठिनाईयों का सामना,  
पर उम्मीद की किरण से, नहीं टूटता है उनका सपना।  
खेतों में मेहनत, और पूजा की कहानी,  
किसानों की मेहनत, बनती हमारी जुबानी।

बाणे ममता  
बी. फार्म चतुर्थ वर्ष



## कर्म

आपने जरूर कुछ ऐसा किया है या कर रहे हैं जिसके कारण आप दुखी है ।  
परमात्मा कभी भूल नहीं करते ।  
प्रकृति कभी गलती नहीं करती ।  
तुम अपनी जिन्दगी को देखो, तुमने जो कुछ दिया है, वही मिल रहा है। तुमने जो कुछ  
बोया है, वही काट रहो हो ।  
तुम भूल जाते हो, बोते समय तुम सोचते हो बीज तो हमने बोये थे अमृत के और फल  
मिल रहे हैं विष के ।  
किया तो था हमने भला और हो रहा है बुरा ।  
दिये थे आशीर्वाद और मिल रही हैं गालियाँ ।  
दिया था प्यार और मिल रही है फटकार ।  
नहीं, यह संभव नहीं है ।  
यहाँ इंच-इंच का हिसाब है, रत्ती-रत्ती का हिसाब है ।  
तुमने जो किया है, वही मिल रहा है।

प्रा. वरद येवलेकर  
दयानंद कॉलेज ऑफ फार्मसी



## बचपन

बचपन की यादें, मीठी मिठाई,  
नन्हें सपनों की, रंगीन परछाई।  
कंचे, गिल्ली-डंडा, और पतंगों की उड़ान,  
बचपन की बातें, हैं सबसे महान।

संग खेलते, संग लड़ते, और फिर संग हंसते,  
वो प्यारे दिन, जब चिंता की न थी बस्ते।  
मिट्टी में खेलना, बारिश में भीगना,  
माँ की गोद में सोना, बिना किसी ठिकाना।

स्कूल की घंटी, और दोस्तों की टोली,  
कागज की नाव, और बारिश की झॉली।  
टीचर की डांट, और दोस्तों का साथ,  
बचपन की दुनिया, थी कितनी खुशहाल।

आओ फिर से जी लें, बचपन के वो पल,  
वो हंसी, वो खुशी, और वो अनमोल कल।  
बचपन की यादों को, दिल में बसाएं,  
जीवन की राहों में, खुशियों की ज्योति जलाएं।

छोटे-छोटे हाथों में, बड़े-बड़े सपने,  
सपनों की दुनिया में, थे हम सब अपने।  
रंग-बिरंगे खिलौने, और चॉकलेट की मिठास,  
बचपन की दुनिया, थी सच्ची और खास।

फिर बड़ा होना, और जिम्मेदारियों का बोझ,  
बचपन की यादें, जैसे मीठा एक ख्वाब।  
जीवन की भागदौड़ में, कभी खो न जाएं,  
बचपन की खुशियों को, दिल से संजो जाएं।

जाधव स्नेहल  
बी. फार्म चतुर्थ वर्ष



## प्रकृति

शाम का सूरज, ढलता हुआ,  
नदी के किनारे, शांति में डूबा हुआ।  
हल्की हवा, संगीतमय स्वरों में,  
प्रकृति की गोद में, मन खोया हुआ।

पेड़ों की छाया, और पत्तों की सरसराहट,  
पक्षियों का कलरव, और जल की मधुर गुंजन।  
धरती की सुंदरता, जैसे स्वर्ग की झलक,  
प्रकृति का यह रूप, मन को कर देता विमल।

कभी बरसात की बूंदें, कभी धूप की रौनक,  
कभी बर्फ की चादर, कभी बसंत की बास।  
हर ऋतु का सौंदर्य, हर पल की बात,  
प्रकृति की यह लीला, अद्भुत और अनमोल है खास।

कुदरत की गोद में, सच्ची खुशियां मिलती हैं,  
प्रकृति की गोद में, आत्मा को शांति मिलती है।

आओ हम सब, इसके रक्षक बनें,  
प्रकृति की इस धरोहर को, सदा संजोए रखें।

पर्वतों की ऊंचाई, और घाटियों की गहराई,  
हरियाली की चादर, जैसे जन्नत की रजाई।  
झरनों की धारा, और फूलों की महक,  
प्रकृति का यह जादू, मन को करता नेक।

आओ हम सब, प्रकृति की रक्षा करें,  
इसकी सुंदरता को, सदा जीवित रखें।  
धरती मां का यह उपहार, हमें सहेजना है,  
प्रकृति की इस मूरत को, सदा निहारते रहना है।

मेश्राम करीना  
बी. फार्म चतुर्थ वर्ष



## रातकी चांदनी

रात की चांदनी, और तारों की चमक,  
आसमान की गोद में, जैसे कोई अनमोल रत्न।  
चुपचाप बैठा चाँद, अपनी धुन में मगन,  
रात की यह शांति, मन को कर देती है प्रसन्न।

तारों की टोली, झिलमिलाती है यूँ,  
जैसे आसमान में हो, रोशनी की कोई धुन।  
हर तारा जैसे कोई सपना, कोई ख्वाब,  
रात का यह जादू, है सबसे खास।

सर्द हवा का स्पर्श, और रात की चुप्पी,  
मन की गहराइयों में, जैसे कोई रागिनी।  
रात की यह रहस्यमयी खूबसूरती,  
हर दिल में बसती, हर आत्मा को छूती।

नींद की गोद में, हर थका हुआ तन,  
रात की ममता में, सुकून पाता हर मन।  
दिनभर की थकान, जैसे हो जाती धुल,  
रात की यह शांति, हर दर्द को है भुलाती।

चाँदनी की चादर में, सपनों की बस्ती,  
रात की यह दुनिया, होती है बहुत प्यारी।  
सपनों के सहारे, उड़ते हैं हम सब,  
रात की यह कहानी, होती है सबसे रसभरी।

आओ हम भी, रात की इस शांति में खो जाएं,  
चाँद-तारों की संगत में, सपनों की दुनिया में जाएं।  
रात की इस मूरत को, दिल से अपनाएं,  
इसकी खूबसूरती को, हमेशा मन में बसाएं।

ऋतुजा हालसे  
बी. फार्म प्रथम वर्ष



# मेहनत की कहानी

मेहनत की कहानी, कर्म की महिमा,  
हर दिन की तपस्या, जीवन की गरिमा।  
सपनों की मंज़िल, और हौंसले की उड़ान,  
मेहनत की ताकत, बनाती हर इंसान महान।

सुबह की किरणों, जब नींद को तोड़ती,  
मेहनत की राहें, सजीव हो उठती।  
हाथों में मेहनत, दिल में विश्वास,  
हर कदम पर होता, सफलता का एहसास।

पसीने की बूंदें, जैसे मोती की लड़ी,  
मेहनत की राह में, नहीं होती कोई कड़ी।  
दृढ़ संकल्प से भरा, हर एक इंसान,  
मेहनत की बुनियाद पर, बनती है पहचान।

जीवन की चुनौतियाँ, कभी न करेंगी मात,  
मेहनत की शक्ति से, बदलेंगे हर हालात।  
असफलताओं से भी, डरना नहीं है,  
मेहनत की राह में, ठहरना नहीं है।

सपनों को सच करने का, एक ही मंत्र,  
मेहनत करो, और करो हर रोज़ का फिक्र।  
सफलता की ऊँचाई, दूर नहीं रह पाएगी,  
मेहनत की मशाल से, राहें रोशन हो जाएंगी।

आओ हम सब, मेहनत को अपनाएं,  
जीवन के हर क्षण को, सार्थक बनाएं।  
मेहनत की इस राह में, सच्ची खुशी पाएं,  
सपनों की दुनिया को, अपने हाथों से सजाएं।

ईश्वर मोरे  
कॉम्प्यूटर ऑपरेटर



## वर्षा

वर्षा की बूंदें, धरती पर गिरतीं,  
सूखी धरती को, हरियाली से भरतीं।  
काले बादल, आसमान में छा जाते,  
मोर नाचते, पंख फैलाते।

पहली बारिश की, वो सौंधी खुशबू,  
धरती की प्यास, बूंदों से होती दूर।  
पत्तों पर मोती, जैसे चमकते हुए,  
बच्चों की टोली, खुशियों में डूबे।

तालाब में मेंढक, टर्-टर् करते,  
झरने और नदियाँ, जोरों से बहते।  
खेतों में हरियाली, किसान के चेहरे पर मुस्कान,  
वर्षा की फुहार से, होती उनकी पहचान।

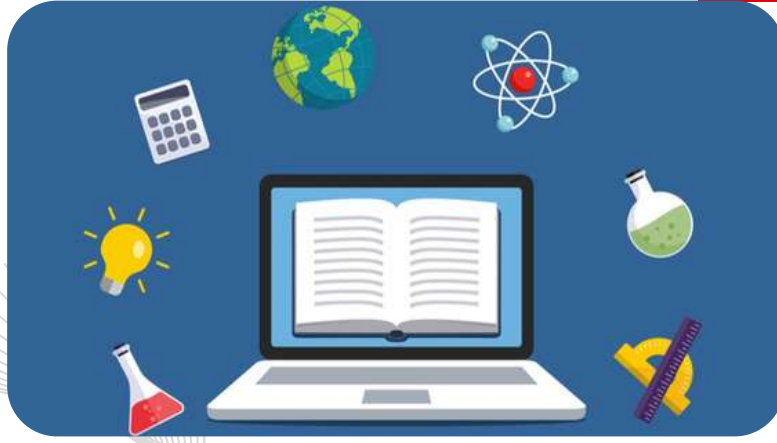
बारिश की यह रुत, दिल में बसी रहती,  
बचपन की यादें, फिर से जगा देती।  
कागज की नाव, और छप-छप के खेल,  
वर्षा की यह धुन, बनाती जीवन को मेल।

आओ हम सब, इस वर्षा का आनंद लें,  
प्रकृति की गोद में, सुकून से दिन बिताएं।  
वर्षा की बूंदों में, खुशियों की बाती जलाएं,  
धरती की इस रुत को, सदा अपनाएं।



प्रज्ञा शिंदे

एम . फार्म द्वितीय वर्ष



## शिक्षा

शिक्षा का सफर, जीवन की पहचान,  
ज्ञान की बातें, हर दिल की जुबां।  
पुस्तकों की धज्जियां, और शिक्षकों की महिमा,  
शिक्षा की यह प्रेरणा, है सबसे बड़ी नीति।

विद्यालय की छत्री, प्रेरणा का केंद्र,  
ज्ञान की भारती, सबको रोशनी का पथ दें।  
शिक्षा की शक्ति, समाज का निर्माण,  
ज्ञान की खान, हर दिल को चमकाएं।

शिक्षा की छाया, बच्चों को संजीवनी,  
ज्ञान की कहानी, सबको बनाती समृद्ध और महानी।  
ज्ञान की देशभक्ति, शिक्षा की अमानत,  
इसकी शक्ति से ही, बढ़ता समाज का विकास।

शिक्षा की राहें, सीखने का जज्बा,  
ज्ञान के प्याले से, जीवन को सराबा।  
ज्ञान की रोशनी, दिल को बुझाती,  
शिक्षा की यह धारा, हमें सदा प्रेरित करती।

विद्या का सम्मान, हर धरतीवासी का अधिकार,  
ज्ञान की अमृत धारा, बांधे हर इंसान को प्यार।  
शिक्षा का पथ, देता समृद्धि का वादा,  
ज्ञान की इस महिमा में, है हर व्यक्ति का विश्वास।

शिक्षा का यह संदेश, हर दिल को छू जाए,  
ज्ञान की इस महाधारा में, हर कठिनाई को पार कर जाएं।  
शिक्षा के इस सफर में, हर एक कदम साथ चलें,  
ज्ञान के इस समुंदर में, हर दिल को नया रंग दिखलाएं।

अभिकरांत आल्टे  
एम . फार्म द्वितीय वर्ष

## हॉस्टल: एक संपूर्ण अनुभव

हॉस्टल, जिसे हम छात्रावास के नाम से भी जानते हैं, एक ऐसी जगह है जहाँ छात्र अपने शिक्षा के दिनों में रहते हैं। यह स्थान उन्हें न केवल आवास प्रदान करता है, बल्कि एक ऐसा वातावरण भी उपलब्ध कराता है जिसमें वे स्वतंत्रता और अनुशासन का सही संतुलन सीख सकते हैं। हॉस्टल जीवन में कई अनुभव और यादें होती हैं जो व्यक्ति के पूरे जीवन के लिए मूल्यवान होती हैं।

हॉस्टल में रहना छात्रों को आत्मनिर्भर बनाता है। यहाँ रहने वाले छात्रों को अपने दैनिक कार्य जैसे कपड़े धोना, कमरा साफ करना, और समय पर भोजन करना खुद ही करना पड़ता है। यह उन्हें जीवन में अनुशासन और जिम्मेदारी का महत्व सिखाता है।

हॉस्टल में विभिन्न पृष्ठभूमियों से आने वाले छात्र रहते हैं। यह उन्हें विभिन्न संस्कृतियों और विचारधाराओं से अवगत कराता है और उनकी सोच को व्यापक बनाता है। छात्रों में एकता और सहयोग की भावना विकसित होती है।

हॉस्टल जीवन छात्रों को समय प्रबंधन का पाठ पढ़ाता है। नियमित कक्षाएं, पढ़ाई, खेलकूद और अन्य गतिविधियों के बीच संतुलन बनाए रखना उन्हें सिखाता है कि कैसे अपने समय का सदुपयोग करें।

शुरुआत में, अधिकांश छात्रों को घर की याद सताती है। परिवार और दोस्तों से दूर रहने की आदत डालना मुश्किल हो सकता है।

हॉस्टल में कई सुविधाएँ साझा करनी पड़ती हैं जैसे बाथरूम, वॉशिंग मशीन, और अध्ययन कक्ष। यह कभी-कभी असुविधाजनक हो सकता है, विशेषकर जब सभी को एक साथ उनका उपयोग करना हो।

हॉस्टल में व्यक्तिगत स्थान की कमी हो सकती है, खासकर जब आपको कमरा किसी और के साथ साझा करना पड़े। यह कभी-कभी तनाव का कारण बन सकता है।

हॉस्टल जीवन छात्रों के समग्र विकास में महत्वपूर्ण भूमिका निभाता है। यह न केवल उन्हें शिक्षा में सफलता प्राप्त करने में मदद करता है, बल्कि जीवन की महत्वपूर्ण कौशल भी सिखाता है। आत्मनिर्भरता, समय प्रबंधन, और विविधता को अपनाने की क्षमता छात्रों के भविष्य को उज्ज्वल बनाती है। हालाँकि इसमें कुछ चुनौतियाँ भी होती हैं, लेकिन ये चुनौतियाँ ही उन्हें मजबूत और आत्मनिर्भर बनाती हैं। इस प्रकार, हॉस्टल जीवन एक ऐसा अनुभव है जो छात्रों के जीवन में अमिट छाप छोड़ता है।

पवन पापडे

बी. फार्म तृतीय वर्ष

## वित्तीय प्रबंधन पर एक लेख

वित्तीय प्रबंधन किसी भी संगठन या व्यक्तिगत जीवन का एक महत्वपूर्ण हिस्सा है। यह वह प्रक्रिया है जिसके माध्यम से एक व्यक्ति या संगठन अपनी वित्तीय संपत्तियों और देनदारियों का प्रबंधन करता है ताकि वित्तीय स्थिरता और लाभप्रदता सुनिश्चित की जा सके। वित्तीय प्रबंधन के मुख्य तत्वों में योजना बनाना, बजट बनाना, निवेश करना, वित्तीय विश्लेषण करना और जोखिम प्रबंधन शामिल हैं।

**वित्तीय प्रबंधन की आवश्यकता**

1. वित्तीय स्थिरता: सही वित्तीय प्रबंधन से वित्तीय स्थिरता प्राप्त होती है। यह सुनिश्चित करता है कि संसाधनों का सही और प्रभावी उपयोग हो रहा है।
2. लाभप्रदता: वित्तीय प्रबंधन संगठन या व्यक्ति को अधिकतम लाभ प्राप्त करने में मदद करता है। यह आय और व्यय के बीच संतुलन बनाए रखने में सहायक होता है।
3. विकास और विस्तार: वित्तीय प्रबंधन नए अवसरों का पता लगाने और विस्तार करने के लिए संसाधन प्रदान करता है।
4. जोखिम प्रबंधन: यह संभावित वित्तीय जोखिमों की पहचान और प्रबंधन करने में मदद करता है, जिससे अनपेक्षित वित्तीय संकटों से बचा जा सकता है।

**वित्तीय प्रबंधन के प्रमुख तत्व -**

1. वित्तीय योजना: यह सबसे महत्वपूर्ण कदम है, जिसमें भविष्य की वित्तीय आवश्यकताओं और लक्ष्यों का निर्धारण किया जाता है। इसमें आय, व्यय, निवेश और बचत का आकलन किया जाता है।
  2. बजट प्रबंधन: बजट बनाना और उसका पालन करना वित्तीय प्रबंधन का मुख्य हिस्सा है। यह सुनिश्चित करता है कि खर्च नियंत्रण में रहे और वित्तीय लक्ष्यों को प्राप्त किया जा सके।
  3. निवेश प्रबंधन: सही निवेश के माध्यम से धन को बढ़ाना भी वित्तीय प्रबंधन का एक महत्वपूर्ण भाग है। निवेश में विविधता लाना और सही समय पर सही निवेश करना महत्वपूर्ण है।
  4. वित्तीय विश्लेषण: वित्तीय स्थिति का नियमित विश्लेषण करना आवश्यक है। इससे वित्तीय प्रदर्शन का मूल्यांकन होता है और सुधार के क्षेत्र पहचाने जाते हैं।
  5. जोखिम प्रबंधन: संभावित जोखिमों की पहचान और उनका प्रबंधन करना भी महत्वपूर्ण है। यह अनिश्चितताओं से बचाव करता है और वित्तीय सुरक्षा प्रदान करता है।
- वित्तीय प्रबंधन केवल बड़े संगठनों के लिए ही नहीं, बल्कि व्यक्तिगत जीवन में भी महत्वपूर्ण है। यह हमें वित्तीय लक्ष्यों को प्राप्त करने, वित्तीय स्थिरता बनाए रखने और भविष्य की अनिश्चितताओं से निपटने के लिए तैयार करता है। एक अच्छी वित्तीय योजना और अनुशासित बजट प्रबंधन के माध्यम से हम अपने वित्तीय जीवन को बेहतर बना सकते हैं और दीर्घकालिक लाभ प्राप्त कर सकते हैं।

प्रथमेश राऊलवार

बी. फार्म तृतीय वर्ष

# Photography and Sketch



**Pradnya Shinde**

M. Pharm 2nd yr



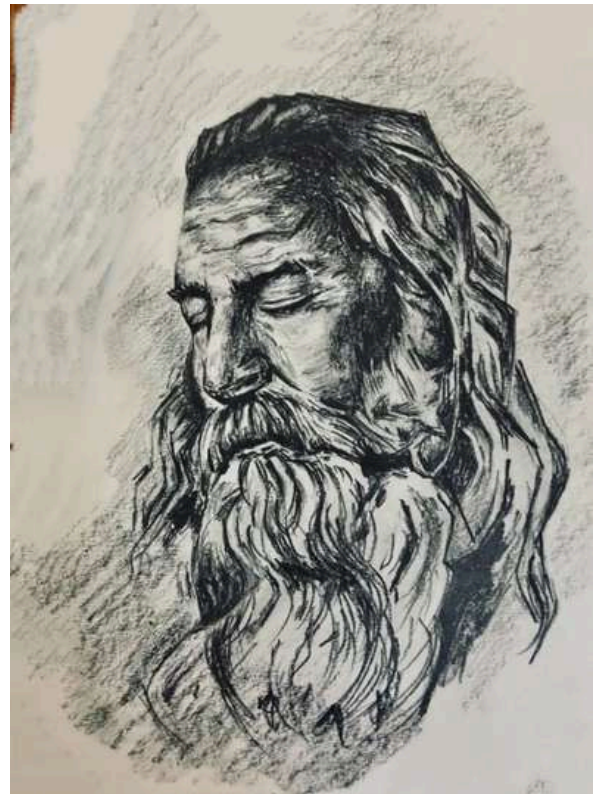
**Bomblikar Asmita**  
B. Pharm Final Year



**Pankaj Pawar**  
B. Pharm III rd Year



**Pawan Papade**  
B. Pharm III rd Year



**Prathmesh Raulwar**  
B. Pharm III rd Year





**Sanjana Ajane**

B. Pharm Final Year



**Akash Sakale**

B. Pharm III rd Year



**Vaishnavi Rathi**

Assistant Professor





**Kodbale Gangasagar**

B. Pharm Final Year



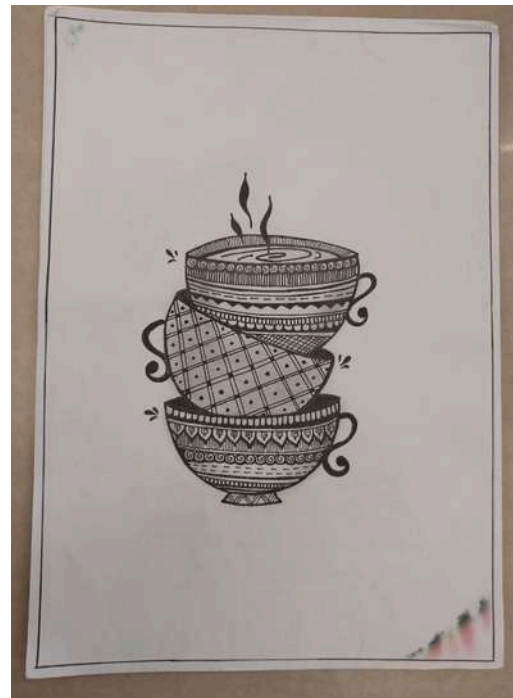
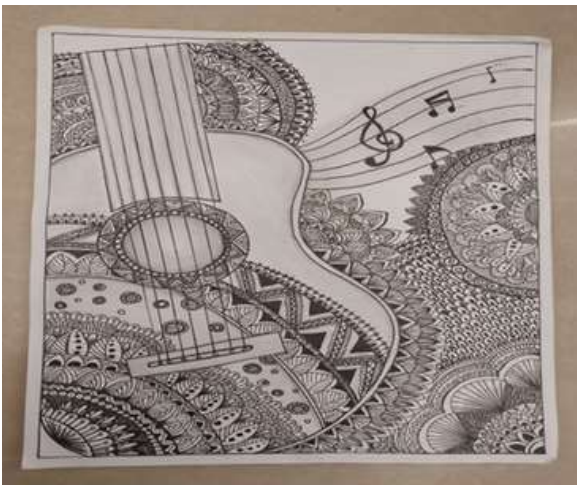
**Shruti Tat**

B.Pharm Ist yr.



**Sanjana Ajane**

B.Pharm Final yr.



**Dhanashri Sangewar**

B.Pharm III rd yr



**Sohel Nadaf**  
B.Pharm IInd yr.



**Vaishnav Gauri**  
Asst.Professor



**Aditi Sabne**  
B. Pharm III rd Year



**Akshata Phad**  
B. Pharm Final Year.



**Mr. More Ishwar**  
Computer Operator



**Gujar Shivani**  
B. Pharm Final Year.



**Mr. Gadgul Ajay**  
Assistant Professor

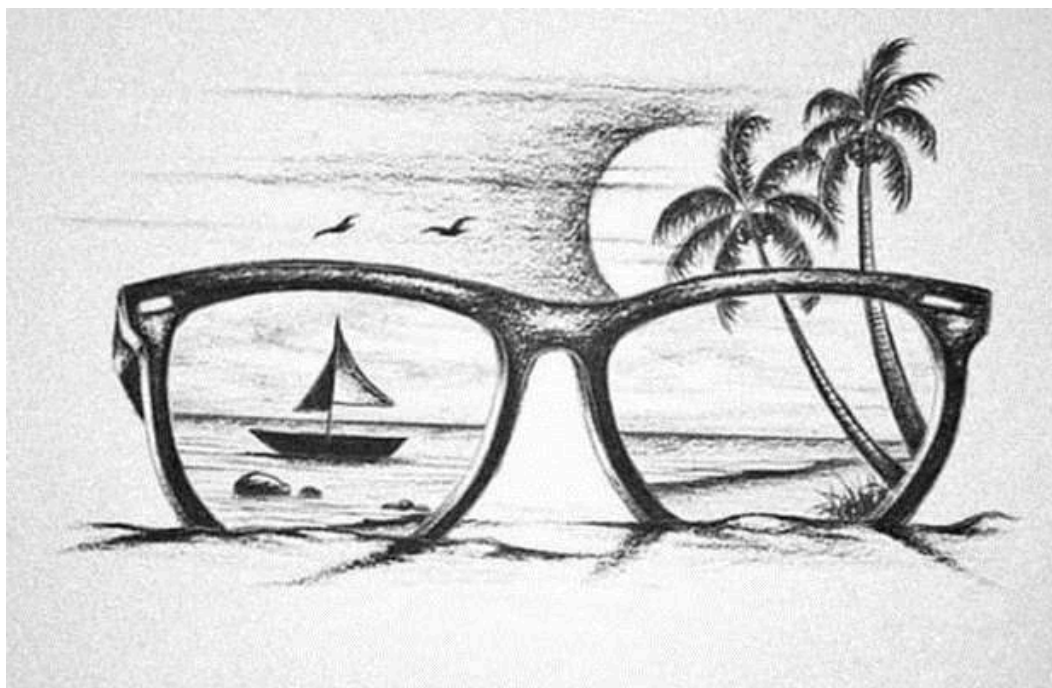


**Totawar Ambika**  
B. Pharm III rd Year

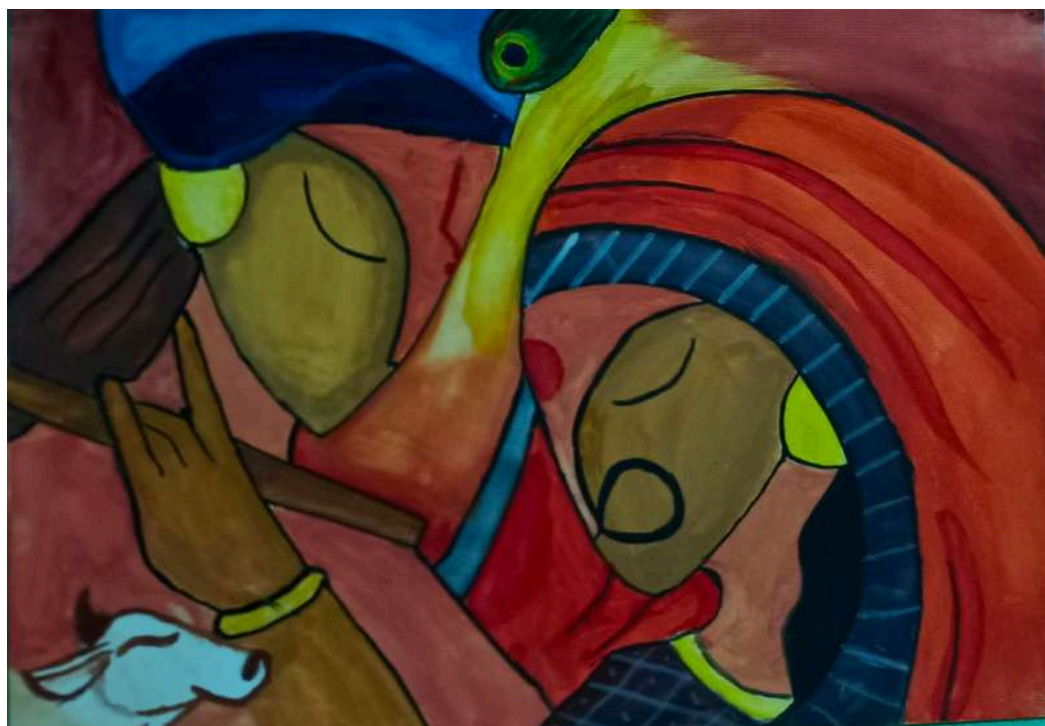


**Pradnya Shinde**

M. Pharm 2nd yr



**Pratik Pawar**  
B. Pharm III rd Year



**Bomblikar Asmita**  
B. Pharm Final Year

## Annual Report 2023-24

The college successfully planned a number of events and activities for the 2023–24 academic year. This is the outcome of the principal and all teaching and non-teaching staff tireless efforts. The following are the specifics of the events and activities that the college has planned.

**1) Admission :-** Admissions process in compliance with governmental regulations for the B. Pharmacy course, Mr. Sayyed S.G. was the FC coordinator; for the M. Pharmacy course, Dr. Wadulkar R. D. was the FC coordinator; and for the D. Pharmacy course, Mr. Shivnachari P.M. Together with all of the teaching personnel, Mr. Gadgul A.B. and Mr. Birajdar M. J. oversaw the entire process. According to the rules, students from all categories were admitted and eligible for government scholarships. More than a thousand students received phone and in-person counselling from an effective counselling cell. Admission to every course was 100%. (D Pharm, B. Pharm, M. Pharm).

**2) Curricular achievements of college:** - Dayanand Education Society's, Dayanand College of Pharmacy, Latur. (PCI-408) has completed NAAC Accreditation process on a dated 20/07/2023 - 21/07/2023. In first cycle of NAAC Accreditation our college secured A+ grade with CGPA 3.35. Accreditation from NAAC is a significant milestone that reflects our commitment to academic excellence and continuous improvement. It not only elevates the reputation of our institution but also ensures that we adhere to the highest standards in the field of education.

**3) Research centre approval:-** For Ph.D Study University approved the research centre to the Dayanand Education societies, Dayanand College of pharmacy on dated 03/06/2024.

**4) Approved Research Assessment Centre (RAC):-**

Maharashtra State Board of Technical Education, Mumbai approved the exam centre and Research assessment centre (RAC) to our D.Pharmacy course on dated 03/05/2024.

**5) Research Proposal Submitted by Faculty:-**

i. Principal Investigator Dr. Satpute K.L., Co- Investigator Dr. Syed S.M. & Dr. Wadulkar R.D. submitted FIST Research Project (Level-A) proposal to R & D Infrastructure, DST FIST PG College of Rs. 1.5 Cr. On dated 06/04/2024.

ii. Principal Investigator Dr. Satpute K.L & Co- Investigator Dr. Syed S.M. submitted Research & Innovation in Ayush (Extra Mural Research Scheme) of Rs. 70 Lakhs on dated 11/07/2024.

iii. Mr. Gadgul A.B., Mr. Lohiya G.V., Mr. Sarda R.R., Mr. Waghmare R.S., Mr. Halke N.S., Mr. Rakh L.B. & Mr. Sayyed S.G. submitted seven Minor Research Project to Swami Ramanand Teerth Marathwada University, Nanded on dated 22/02/2024.

**6) Academic excellence by the students in MSBTE examination:** - The examination-2023-24 conducted by MSBTE declared result D.Pharmacy Ist& IInd year. The college result of D.Pharmacy first year is 95% and Second year result 86.20%.Mr. Gholap Saurabh got first rank in second year by scoring 87.09 % & where as Ms. Bhausar Anuja got first rank in D.Pharmacy First year by scoring 87%. The rankers were felicitated by Honourable Management of Dayanand Education society's, Principal, Teaching and Non-teaching staff.



**7) Academic excellence by the students in University examination:** - The examination-2023-24 conducted by Swami Ramanand Teerth Marathwada University, Nanded declared result B.Pharmacy Ist to IVth year. The college result of B.Pharmacy first year is 88.11%, Second year result 81.81%, Third year result 97.01% & Final year result 92.42% . Ms. Bhise Ankita got first rank in second year by scoring 8.57 CGPA & whereas Ms. Gujar Shivani got second rank with 8.48 CGPA in B.Pharmacy final year. 100% result for M.Pharmacy in both Pharmacology and Pharmaceutical Regulatory affairs subject. The rankers were felicitated by Honourable Management of Dayanand Education society's, Principal, Teaching and Non-teaching staff.

**8) Academic excellence by the students in GPAT examination:-** For an admission in higher education (M.Pharmacy) National Testing Agency conducted GPAT examination. Twenty eight students were qualified GPAT examination-2023 with an excellent score. Qualified students are eligible for the stipend for Post-graduation course. Following are the list of GPAT 2023 Qualified students:

- |                                     |                                  |
|-------------------------------------|----------------------------------|
| i. Kale Akshay Ravaso               | ii. Patil Vishal Mahaveer        |
| iii. Gujar Shivani Vilas            | iv. Mote Arpita Vaijinath        |
| v. Misale Gayatri Gajanan           | vi. Surnar Vedanti Dilip         |
| vii. Navgire Sakshi Dashrath        | viii. Kapale Shrinivas Sakharam  |
| ix. Gaddapwar Anjali Dnyaneshwar    | x. Gade Pratiksha                |
| xi. Ambore Snehal Dnyaneshwar       | xii. Sutar Prajwal               |
| xiii. Panchal Rutuja Kashinath      | xiv. Vaidya Akanksha Hiranman    |
| xv. Dudhe Dishani                   | xvi. Bagwan Aalfiya Bashirahamad |
| xvi. Hulsurkar Sakshi Gunvant       | xviii. Vijapure Hanmant Balaji   |
| xix. Kornule Balaji Gangadhar       | xx. Gaikwad Aditya Sanjay        |
| xxi. Kawalgaonkar Vaishnavi Shivaji | xxxii. Sasane Prathamesh Vilas   |
| xxiii. Jadhav Snehal Nagnath        | xxiv. Kirtankar Divya Rajkumar   |

**9) Academic excellence by the students in JEE-NIPER examination:-**

In JEE-NIPER- 2023-24 examination 17 college students qualified with good score-

- |                                  |                               |
|----------------------------------|-------------------------------|
| i. Patil Vishal Mahaveer         | ii. Gujar Shivani Vilas       |
| iii. Kale Akshay Ravaso          | iv. Dudhe Dishani Nandkumar   |
| v. Misale Gayatri Gajanan        | vi. Vijapure Hanmant Balaji   |
| vii. Maniyar Rachana Vishalkumar | viii. Navgire Sakshi Dashrath |
| ix. Ambore Snehal Dnyaneshwar    | x. Kirtankar Divya Rajkumar   |
| xi. Athawale Pranita Santosh     | xii. Bhise Ashwini Chandanrao |
| xiii. Shinde Pratima Dattarao    | xiv. Mote Arpita Vaijanath    |
| xv. Panchal Rutuja Kashinath     | xvi. Gaikwad Aditya Sanjay    |
| xvii. Atkore Sujit Santosh       | xviii. Labde Shital Vijay     |

**10) Academic excellence by the students in GATE-2024 examination:-**

In GATE-2024 examination 04 college students qualify with good score-

- i. Patil Vishal
- ii. Gujar Shivani
- iii. Maniyar Rachana
- iv. Suryawanshi Sainath

**11) Major Research Project Sanctioned:-**

Dr. Satpute K.L. granted major research project of Rs. 5,50,000/- on topic entitled as “Sanjivani bet: Design and development of nano herbal formulation for dermal disorders” from Rajiv Gandhi Science Technology Commission, Mumbai, Government of Maharashtra on dated 27/10/2023.

**12) Proposal Submitted for Research fund:-**

i. Principal Investigator Dr. Satpute K.L., Co- Investigator Dr. Syed S.M. & Dr. Wadulkar R.D. submitted FIST Research Project (Level-A) proposal to R & D Infrastructure, DST FIST PG College of Rs. 1.5 Cr. On dated 06/04/2024.

ii. Principal Investigator Dr. Satpute K.L. & Co- Investigator Dr. Syed S.M. submitted Research & Innovation In Ayush (Extra Mural Research Scheme) of Rs. 70 Lakhs on dated 11/07/2024.

iii. Mr. Gadgul A.B., Mr. Lohiya G.V., Mr. Sarada R.R., Mr. Waghmare R.S., Mr. Halke N.S., Mr. Rakh L.B. & Mr. Sayyad S.G. submitted seven Minor Research Project under Rajiv Gandhi Science & Technology Commission (RGSTC) to Swami Ramanand Teerth Marathwada University, Nanded on dated 22/02/2024.

**13) Vice chancellor Dr. Manohar Chaskar Visit to our college:-**

Dr. Manohar Chaskar, Vice –Chancellor, Swami Ramanand Teerth Marathwada University, Nanded visited surprisingly to our college on a date 28/05/2024 to observe the paper evolution work carried out at college centre. VC sir satisfy and appreciate the overall paper evolution work carried out at college examination centre.

**14) Achievement by Principal & Teaching staff:-**

i. Dr. Satpute K.L, Mr. Waghmare & Ms. Wakade S.L. published a book entitled as “Social & Preventive Pharmacy” on dated 25/10/2023.

ii. Ten D.Pharmacy practical textbooks were published by Principal Dr. Satpute K.L. and D.Pharmacy faculty members, and they were officially inaugurated by APTI President Dr. Milind Umekar and honourable management members of DES, Latur on February 02, 2024.

iii. Dr. Yelmate A.A. appointed as a co-ordinator for ANVESHAN -2024 by SRTMU, Nanded.

iv. Mr. Lohiya G.V. Published a book entitled as “Communication & Soft skill development” on dated 21/01/2024.

v. Dr. Yelmate A.A. participated in paper presentation in International conference at D.D Vispute college of Pharmacy & Research centre, Panvel, Navi Mumabi and publish abstract in souvenir with ISBN 978-81-970544-9-5 on dated 22 March 2024.

**15) International Conference:-**

i. College organize International conference entitled as “Dayanand Pharmacon: 2024 Recent Trends in Drug Discovery & Development” from 02/02/2024-03/02/2024. For this conference following speaker were invited-

- 1) Dr. C.E Umer - Faculty of Pharmaceutical Sciences, Nnamdi Azikiwe University, Nigeria-
- 2) Dr K.S Ladda- Professor, Department of Pharmaceutical Sciences, ICT Mumbai.
- 3) Dr. Irina Pustoliakina –Associate Professor, Karaganda University, Kazakhstan.
- 4) Dr. Vishnu Thakare- Founder Director, Scintilla, Mumbai.
- 5) Mr. Amit Patil-Data Science and strategy, Manager, Accenture, Pune.
- 6) Dr. C.S Kadam –Head Speciality Formulation, Alembic, Hyderabad.

**16) Ph.D awarded:-**

Our faculty member Mr. Sayyed S.G. have awarded PhD degree from Sunrise University, Rajasthan under the guidance of Prof. Dr. Dharendra Sanghai on the date 13/02/2024.

**17) Patent Published / Granted :-**

- a) Dr. Satpute K.L – One Indian patent Granted.
- b) Dr. Satpute K.L & Dr. Syed S.M – One UK patent Granted.
- c) Mr. Sarda R.R. – One Indian patent Granted.
- d) Mr. Lohiya G.V- Two Indian patent granted
- e) Mr. Halke N.S. & Mr. Chalmale N.B. –one Indian patent published
- f) Mr. Rakh L.B- One Indian patent granted.
- g) Mr. Kshirsagar S.S.- Published one Indian patent

**18) Pool Camus Drive:-**

- i. College organize campus placement drive by Flamingo Pharmaceutical limited, Nanded on dated 03/09/2023. 21 students short listed in this campus drive.
- ii. College organize pool campus drive of Alembic Pharma. 05 students shortlisted in this pool campus drive on dated 22/12/2023.

**19) Add on courses:-**

College conduct different six adds on certificate courses & 16 SWAYAM course for B. Pharm & M. Pharm students.

**20) Teacher’s day Celebration:-**

Teachers Day was celebrated in Dayanand College of pharmacy by worship of goddess Saraswati and Dr. Sarvpalli Radhakrishanan date on (05/09/2023). Cultural department has organized teaching competition for students. In this competition Third & final year students conducted the classes on First, Second and Third year students. In this competition winner was Mr. Aniket Nisale and Runner Ms. Pratiksha Gade.

**21) Induction & Freshers Welcome Programme:-**

Dayanand Education Society’s Dayanand college of Pharmacy, Latur organised Induction & freshers welcome programme on dated 30/09/2023 for D.Pharmacy, B.Pharmacy & M.Pharmacy students.

**22) Cultural days celebrations:-**

Traditional day, fishpond, group day, Mismatch-day, Twins-day, Bollywood-day, Fashion show was organized on dated 2nd April 2024 at the seminar hall of Dayanand college of Pharmacy, Latur. Such events also teaches valuable lessons in time management, strategic planning, and negotiation, all while promoting an understanding of important issues like sustainability, social justice, diversity.

**23) Dyanteerth Youth Festival- 2023**

Our 17 students have been participated in Inter collegiate Youth Festival Dyanteerth-2023 which was held from 11/10/23 to 14/10/23 which is jointly organized by Swami Ramanand Teerth Marathwada University, Nanded & Dayanand arts college Latur.

**24) Fine Arts & Performing Arts Workshop:-**

Our B.Pharm 1st & 2nd year 8 students have participated in Fine Arts & Performing Arts Workshop which was held from 16th to 18th Feb 2024 at Dayanand Science college, Latur.

**25) Expert Talk organised by college:-**

Training and Placement cell organised expert talk on the topic "Recent Trends on SAS Technology and Programming in Drug Discovery." by Mr. Rohankumar Borade, Sr. Associate Consultants, Accenture, Mumbai. On dated 07/03/2024 for M. Pharmacy Students.

**26) Achievement in Avishkar research festival:-**

i. 19 students have participated in District level Avishkar Competition at CCOCIT, Latur on dated 23/12/2023. In this 07 students achieved prizes and selected for University level Avishkar competition.

a. B. Pharm thirdyear student Mr. Sainath Suryawanshi received second prize in AAH.

b. Ms. Pranjali khardkhedkar received first prize in pure sciences at UG in District Level Avishkar Research Festival 2023 at College of Computer Science and Information Technology, Latur.

c. Our PG students Ms. Shweta kyadalwar received first prize in Medicine and pharmacy category.

d. Ms. Shivani Hunekari received third prize in commerce, management and law category.

e. Ms. Katke Nikita received first prize in pure sciences at level PG.

f. Ms. Kale Kanak received second prize in pure sciences at level PG.

g. Ms. Kore Vaishnavi received first prize in PG Category in Languages, humanities and fine arts in District Level Avishkar Research Festival 2023 at College of Computer Science and Information Technology, Latur.

ii. 07 students are participated in University level Avishkar Competition at MGM College of computer science & IT, Nanded on dated 28/12/2023. In this 02 students achieved prizes and selected for State level Avishkar competition.

a. Ms. Kore Vaishnavi received first prize in PG Category in Languages, humanities and fine arts in District Level Avishkar Research Festival 2023 at College of Computer Science and Information Technology, Latur.

**27) Achievement in ANVESHEN-2024 Research festival :-**

i. 07 students participated in west zone ANVESHEN-2024 conducted at Shivaji University

Kolhapur. Out of all above participants Mr. More Shankar and Sainath Suryawanshi received second prize in agriculture and eligible for international level.

ii. Mr. More Shankar and Sainath Suryawanshi participated in International level student convention at University of Mumbai on dated 11-12 March 2024 in agriculture category.

**28) Achievement in YIN competition:-**

i. B. Pharmacy Third year student Mr. Aniket Nisale elected as a president for Sakal Media YIN election.

ii. Three students Ms. Nujat Masuldar, Mr. Azan kazi & Mr. Shubham Munge selected as Latur District Vice-President in YIN election conducted by Sakal Newspaper group.

**29) Celebration of World Pharmacist Day:-**

i. On occasion of World Pharmacist Day College organise Wellness Craft in which we organise online Essay compition, Pharma Sketch competition and Patient counselling Video clip compition the theme. College organises Health awareness rally on organ donation, Pharmacist Oath ceremony and welcome of pharmacist done by the students on dated 25/09/2023.

**30) NSS foundation day: -**

College organise guest lecture on topic “NSS Orientation” By Dr. Algule on date 25/09/2023 on NSS foundation day. And also organize awareness rally.

**31) One Day Work shop :-**

College organize one day workshop for students on topic “Mera Yuva Bharat” by Mr. Prashant Sabne, coordinator, Nehru Yuva Kendra Tq- Chakur, Latur on dated 21/12/2023.

**32) Achievements of the staff:-**

Dr. Yelmate Archana A won second prize in poster presentation competition on topic entitled as “Clinical study of poly herbal formulation for bacterial skin diseases” in two days national conference organised by D. Y Patil deemed to be university, School of Pharmacy, Navi Mumbai on date 14 & 15/09/2023.

**33) Guest lecture on “Fastest study techniques” :-**

To increase health awareness among the students college organize guest lecture on “Fastest study techniques” by Mr. Ramesh Sonule on a date 22/02/2024.

**34) Industrial Visit:-**

Training & placement department has organised industrial visit at Sanofi lab, on dated 01/10/2023- 06/10/2023. Around 40 students have successfully completed visit.

**35) Talk by Industrial Expert:-**

Expert talk on topic “Understanding Horizons of Pharmaceuticals Manufacturing Industry” by Mr. Amol Laddha, Deputy Manager, Enzene Biosciences ltd. Pune. Followed by CV analysis of M. Pharm Students, on dated 16/03/2024.

**36) Guest lecture on Rights and responsibilities of Indian Constitution :-**

College organised guest lecture on “Rights and responsibilities of Indian Constitution” by Dr. Ashok N Gaikwad on dated 05/10/2023.

**37) Alumni interaction by Mr. Ganesh Warade :-**

College organised guest lecture on “Scope in Pharma Marketing” by Mr. Ganesh Warade as a alumni interaction on a date 16/09/2023.

**38) Webinar on Food Planet Health:-**

Webinar organised on “Food Planet Health” By Ms. Sami Bhattacharya, Director, Vegan Outreach on a dated 02/11/2023.

**39) Guest lecture on Application of Biotechnology in Pharma Industry:-**

College organised Guest lecture on “Application of Biotechnology in Pharma Industry” in by Dr Komal Gomare on dated 05/10/2023.

**40) Alumni meet:-**

i. On blended mode (online/offline) dated on 30th June 2024 meeting was organised on zoom platform regarding planning of alumni meet.

ii. Alumni meet was organised on 20th July 2023 in the seminar Hall of Dayanand College of pharmacy, Latur. Around 80 Alumni was attended the meet & shared their college experiences with faculty members & current students.

**41) Intra College Badminton Competition:-**

College conducted Intra College Badminton Competition on 26/08/2023. Students actively participated in this event.

**42) Guest lecture on Dental care and hygiene:-**

College organize guest lecture on a “Dental care and hygiene” by Dr. Anand Sharad Ambekar, professor, Department of orthodontics and dentofacial orthopaedics, MIT College Latur on dated 23/11/2023.

**43) Intra college Reel making competition:-**

College conduct Intra College Reel Making Competition for overall development of students on dated 25/01/2024. (Activity day).

**44) Intra college poster competition:-**

College organise Intra college poster competition for Avishkar-2024 on dated 26/10/2023. Students were actively participated in these events.

**45) Guest lecture on Awareness of Marathi Language:-**

On the occasion of Marathi language Conservation Fortnight College organize guest lecture on a “Awareness of Marathi Language” by Mr. Ramshetty Shetkar on dated 29/01/2024.

**46) Intra college Quiz competition:-**

i. College organise intra college Quiz competition on date 19/10/2023. Students actively participated in these events.

ii. College organise intra college Quiz competition on date 27/11/2023.

**47) Guest lecture on GPAT preparation :-**

College organize guest lecture on “GPAT exam preparation” by Ms. Pooja Nandurge on a date 15/02/2024. (Student- Alumni Interaction series)

**48) Guest lecture by Mr. Anuj Porwal :-**

College organise guest lecture of Alumni on topic ‘Entrepreneurship development skill’ By Mr. Anuj Porwal on dated 23/11/2023 as a student alumni interaction.

**49) Work shop on “ CPR awareness”:-**

In collaboration with PCI college organize CPR awareness programme on a dated 06/12/2023.

**50) Achievement in model making competition:-**

Mr. Ajay Rathod & Ms. Payal Podar, D. Pharm II Year Students won First Prize in Model making competition by Shivlingeshwar College of Pharmacy, Almala on dated 23 Feb 2024.

**51) College organised emergency medical camp:-**

College organize emergency medical camp in SRTMU, Nanded Youth festival Dyanteerth -2023 during 12/10/2023-15/10/2023.

**52) Organised Health Check-up camp:-**

i. College organise Free health check-up Camp at Tuljapur pilgrims at Ausa mode on dated 20/10/2023 to 21/10/2023.

ii. College organise Free health check-up Camp at Renapur pilgrims at Renapur mode on dated 22/10/2023 to 23/10/2023.

**53) Intra college Sport competition:-**

To increase physical health of students college organize intra college sport competition such as Chess, Carom & table tennis competition on date 08/02/2024.

**54) One day Seminar:-**

Dayanand Education Society organize seminar on topic “Shodh Sukhacha & Aajchi Tarunai...Palkanchi Bhumika” by Dr. Nandu Mulmule & Dr. Sakshi Sarda at Dayanand Auditorium on dated 21/12/2023.

**55) Student participated in Poster competition:-**

04 college students participated in e-poster competition by Sharad Chandra Pawar college of Pharmacy, Othur on 25/09/2023.

**56) Achievement of Students:-**

i. 17 students participated inter collegiate youth festival at Dayanand Education Society's ground on dated 12/10/2023-15/10/2023.

ii. Two D. Pharmacy students participated in One day state level patient counselling contest at Channabasweshwar Polytechnic D.Pharmacy College, Latur on dated 28/12/2023.

iii. 08 students have participated in three days workshop on “fine arts and performing arts” organized by Literary & cultural association Dayanand Science College, Latur held from 16/02/2024-18/02/2024.

iv. Ms. Anuja Bhausar & Ms. Gaytri Bhosale won first prize in poster presentation in International conference Conducted by DCOP, Latur at 02/02/2024.

v. Mr. Shivam Kulkarni & Mr. Mayur Patil won first prize in poster presentation in UG group at International conference Conducted by DCOP, Latur at 02/02/2024.

vi. 02 D.Pharmacy students participated in MSBTE sponsored state level technical paper presentation competition at R. G Sapkal Institute of Pharmacy, Nashik on dated 06/02/2024.

**57) Achievement in model presentation competition:-**

Mr. Ajay Rathod & Ms. Payal Podar, D. Pharm II Year Students won First Prize in Model making competition by Sainath college of Pharmacy, Chatrapati Sambhajinagar on dated 07 March 2024.

**58) Jayanti celebration in college:-**

i. College organise Mahatma Jyotiba Phule Jayanti Celebration on date 11/04/2024.

- ii. College organise Dr. Babasaheb Ambedkar Jayanti Celebration on date 14/04/2024.
- iii. College organise Mahatma Gandhi and Lal Bahadur Shastri Jayanti Celebration on date 02/10/2023.
- iv. College celebrate Sardar Vallabhbhai Patel birth ceremony as a Unity day on dated 30/10/2023.
- v. College organize Savitribai Phule Jayanti birth anniversary on date 12/01/2024.
- vi. College celebrate Rajmata Jijau & Swami Vivekananda birth anniversary on dated 12/01/2024.
- vii. College celebrate Chatrapati Shivaji Maharaj birth anniversary on dated 19/02/2024.
- viii. College organise Rajshri Shahu Maharaj Birth anniversary on date 26/06/2024.

**59) Alumni interaction by Mr. Ganjewar Aniket :-**

College organise guest lecture of Alumni on topic “Industrial Overview on Regulatory Affairs” By Mr. Ganjewar Aniket on dated 24/02/2024. As a student –alumni interaction.

**60) Achievements in Cricket:-**

- i. Our college cricket team won State level inter Pharma cricket competition in first rank at Badnapur, Jalna.
- ii. College got first rank in regional level Inter Pharma cricket competition at Mukhed on date 13th -16th February 2024.
- iii. 13 students participated in Cricket (men) competition at IEDSSA – G2 zone level (29/01/2024).
- iv. Ms. Shradha Deshmukh & Ms. Sneha Kokate won third prize in inter zone women cricket competition.
- v. Mr. Rushikesh Ghule got second rank prize in inter zone men cricket competition.

**61) Achievements in athletics Competition:-**

- i. Mr. Manoj Ghavane got fourth rank in inter zone Taekwondo competition.
- ii. Mr. Manoj Ghavane got first rank in A zone Taekwondo competition.
- iii. D. Pharmacy second year student Ms. Chate Vidya won second rank in disc throw competition at IEDSSA – G2 zone level (29/01/2024).
- iv. 05 students participated in Athletics (women) competition at IEDSSA – G2 zone level (29/01/2024).
- v. In G2 zone EDSSA competition College student Ms. Chate Vidya won second rank in Disc throw competition, Ladies government Polytechnic College, Latur.
- vi. Inter Zone Jawline throw competition Ms. Deshmukh Shradha won third rank.
- vii. A zone collegiate Short Put tournament Ms. Shelke Madhura third rank.
- viii. A zone collegiate Athletics Jawline throw Ms. Deshmukh Shradha second rank.
- ix. A zone collegiate Athletics hammer throws Ms. Kalkutte Shradha second rank.
- x. A zone collegiate Athletics hammer throws Ms. Jadhav Mayuri got third rank.
- xi. A zone collegiate Disc throw competition Ms. Shelke Madhura got First rank.

**62) Participation in Football competition:-**

13 students participated in Football (men’s) competition at IEDSSA – G2 zone level (29/01/2024)



**63) Expert Talk on “Business opportunities with Genericart”:-**

College organize Expert talk on a “Business opportunities with Genericart” by Mr. Vaibhav Baraskar on date 22/02/2024.

**64) Achievement in Chess competition:-**

- i. B.Pharm third year student Mr. Shivam Kulkarni got appreciation certificate in chess competition organized by Channabasweshwar College of Pharmacy, Latur on date 01/12/2023.
- ii. 01 student participated in Chess (women) competition at IEDSSA – G2 zone level (29/01/2024).

**65) Achievement in Table tennis competition:-**

- i. In A zone inter collegiate table tennis men tournament our college men team Mr. Patil Mayur, Mr. Ghule Rushikesh, Mr. Chavan Nikhil, Mr. Kulkarni Tejas got first rank.
- ii. In A zone inter collegiate table tennis men tournament our college women team Khandare Sneha, Baleshetwar Gaytri, Thakur Apurva , Karpude Pooja, Pawar Gopika got first rank.

**66) FDP attended by college faculty:-**

- i. Six staff members attended one week national level FDP programme on topic “Student guidance, counselling and soft skill development at Dayanand Science College, Latur on dated 18/12/2023-23/12/2023.
- ii. Three staff members Dr. Sonvane S.M, Dr. Wadulkar R.D & Mr. Lohiya G.V. attended three day Faculty development programme jointly organized by Astral education Ltd, Queen’s University Belfast & Dayanand Education Society, Dayanand Law College, Latur from 26/01/2024-28/01/2024.
- iii. Mr. Shivnachari P.M. attended Faculty development Training programme at R.C Patel Institute of Pharmacy, Shirpur Sponsored by MSBTE, Mumbai from 05/02/2024-09/02/2024.

**67) Participation of student in Carom competition:-**

- i. 01 student participated in Carom (women) competition at IEDSSA – G2 zone level (29/01/2024).
- ii. 01 student participated in Carom (men) competition at IEDSSA – G2 zone level (29/01/2024).

**68) Guest lecture organised on Government Exam in Pharmacy:-**

Dayanand Education Society’s Dayanand College of Pharmacy organized Guest Lecture on topic government exams in pharmacy by Mr. Dnyaneshwar Patil, Senior Pharmacy officer, Latur. On dated 20 April 2024.

**69) Alumni talk by Mr. Pranav Kauthekar:-**

Alumni Mr. Pranav Kauthekar, Executive trainee, Department of Quality Assurance, Sandoz India Pvt. Ltd. Navi Mumbai delivered expert talk on the topic “Introduction to Drug regulatory Affairs” to the M.Pharmacy 2nd year students on dated 20/04/2024 at the seminar hall of Dayanand College of Pharmacy, Latur.

**70) International Yoga day celebration:-**

College staff and student participate in International Yoga Day organized by Dayanand Education Society, Latur. On date 21/06/2024.

**71) Social event organize by college:-**

- i. College staff and students take meri mati mera desh oath on dated 09/08/2023.
- ii. College celebrate Savindhan day on date 26/11/2023.
- iii. On Diwali occasion College NSS unit has donate cloths to poor people as a “Mayechi Uab and Manuskicha Faral Gokul Balgruh, Latur at on dated 09/11/2023.
- iv. College organise Shiv Swarajya Din Celebration on date 06/06/2024.
- v. College celebrate Sadhbhavna divas by taking Sadhbhavna Oath on dated 20/08/2023.

**72) Achievement of students in Health and Social Care Competition:-**

- i. Mr. Shivam Kulkarni, Mr. Mayur Patil & Mr. Sainath Surwanshi qualified & participated in Cluster –India Skill competition held at Nashik on 16/03/2024 organized by MSSDS & CII.
- ii. Mr. Sainath Suryawanshi, B. Pharm IV Year Students won Runner-up Prize in Health and Social Care organized by Maharashtra state skills computation, India Skills held at Don Bosco center for learning, Kurla, Mumbai & supported by confederation of Indian industry on dated 19 to 20 March 2024.

**73) Blood Donation Camp:-**

College organise Blood donation camp in collaboration with MVPKM, Mumbai within campus on dated 19/08/2023 through NSS unit.

**74) Gram Swachata Programme:-**

College organise Special 07 days NSS camp for gram Swachata Abhiyan at Chandeshwar on dated 11/02/2023-17/02/2023.

**75) Different Intra college competition:-**

For overall development of Students College arrange different extracurricular intra college competition such as Singing, Mimicry & One act play on dated 29/02/2024.

**76) Guest lecture on “Self Care and Self Meditation”:-**

College organize guest lecture on a “Self Care and Self Meditation” by Dr. Anita Rathod, Medical Officer, Government Hospital, Murud on date 15/02/2024.

**77) Inter College Pharma Rangoli competition:-**

Ms. Nandini Vyvhare & Ms. Kumdale Manisha won second and third prize respectively in Rangoli Competition organized on the occasion of fine arts workshop at Dayanand Science college, Latur on date 16/02/2024.

**78) Certificate course on Advanced Personality development:-**

Dayanand Education Society’s Dayanand College of Pharmacy, Latur organized 30hours Certificate course of on advanced personality development Programme by Mr. Rahul Bulani, CATALYST Group, Latur from 16/04/2024.

**79) Guest lecture on “Competitive exam in Pharma”:-**

- i. College organise Guest lecture for B. Pharmacy Ist & IInd year students on “Competitive exam in Pharma” by Mr. Audumber Shinde, on a dated 25/01/2024.
- ii. College organise Guest lecture for D. Pharmacy IInd year students on “Exit & Competitive exam” by Mr. Audumber Shinde, on a dated 06/02/2024.

**80) Achievement in Quiz competition:-**

Mr. Shankar More & Mr. Sainath Suryawanshi participate in 7th national Pharma quiz competition sponsored by Aurobindo Pharma organised by Kishoritai Bhoyar college of Pharmacy, Kamptee.

**81) Guest lecture on “Energy conservation”:-**

To increase awareness of students towards green energy college organize guest lecture on a “Energy conservation” by Mr. Kedar Khamitkar on date 28/03/2024.

**82) Intra college Essay & Elocution competition:-**

On occasion of Marathi language conservation college organizes intra college Essay & Elocution competition on date 29/01/2024.

**83) Conference / Work shop attended by Staff:-**

i. One staff member Mr. Shivnachari P.M. attended one day workshop in Purnalmal Lahoti polytechnic college, Latur. On topic “Youth engagement and water stewardship programme” on dated 09/08/2023.

ii. Four staff member attend National Symposium on topic “Role of Internal Quality Assurance cell (IQAC) in quality Enhancement” at MIT College, Latur on dated 09/12/2023.

**84) Intra college Patient counselling competition:-**

College organize intra college patient counselling & pharmaceutical product manufacturing competition on date 07/03/2024.

**85) Hospital Visit:-**

For B. Pharmacy & D. Pharmacy second year student hospital visit organised at Swami Vivekananda hospital & Research centre on a dated 29/02/2024.

**86) Guest lecture on Voter registration awareness special Camp :-**

Our college organized “New Voter registration awareness Camp” with collaboration with District Collector, Latur. On dated 21/08/2023-23/08/2023.

**Dr. Sonvane Sameep M.**

Academic Incharge

## **Annual Report Training & Placement Department (2023-24)**

### **Highlights of the Training and Placement Activities:**

#### **Placement cell regularly conducting following activities:**

- Industrial In-plant Training
- Seminars and Workshops by experts from Industry, Research and Academic Institutes on Career Development/ Career Counselling Program/ Personality Development.
- Industrial Visit
- Campus Drive/ Pool Campus Drive/ Placements

#### **INDUSTRIAL IN-PLANT TRAINING: -**

The training & placement cell provide the platform to the B. Pharm students for In-plant training also gives the guidance about the importance of In-plant training. 65 students completed the In-plant training in the LORDS Research life science Laboratory Pvt, Ltd., Aurangabad, and Bora Pharma Pvt. Ltd. Ahmednagar respectively.

#### **Seminars and Workshops by Experts from Industry, Research and Academic Institutes:**

1. Training & Placement cell organized 30 hours Certificate course of on “Advanced personality development Programme” by Mr. Rahul Bulani, CATALYST Group, Latur from 16/04/2024.
2. Alumni Interaction was organised on the topic “Entrepreneurship development skill” by Mr. Anuj porwal, Entrepreneur, Latur on dated 23/11/2023.
3. Alumni Interaction was organised on the topic “Scope in Pharmaceutical Marketing” by Mr. Ganesh Warade, Therapy Manager, Cipla Pharmaceuticals Ltd. Latur. on dated 16/09/2023.
4. Alumni Interaction was organised on the topic “Industrial overview of regulatory affairs” by Mr. Aniket Ganjewar, Junior regulatory affairs, officer, Macleod’s Pharmaceutical Ltd, Mumbai Latur on dated 24/02/2024.
5. Alumni Mr. Pranav Kauthekar, Executive trainee, Department of Quality Assurance, Sandoz India Pvt.Ltd. Navi Mumbai delivered expert talk on the topic “Introduction to Drug regulatory Affairs” to the M.Pharmacy 2nd year students on dated 20/04/2024 at the seminar hall of Dayanand College of Pharmacy, Latur.
6. Training and Placement cell organised expert talk on the topic “Business opportunities with Generikart” by Mr. Vaibhav Baraskar, Latur on dated 22/02/2024.
7. College organised Guest lecture on “Application of Biotechnology in Pharma Industry” in by Dr. Komal Gomare on dated 05/10/2023.
8. Expert talk on topic “Understanding Horizons of Pharmaceuticals Manufacturing Industry” by Mr. Amol Laddha, Deputy Manager, Enzene Biosciences ltd. Pune. Followed by CV analysis of M. Pharm Students, on dated 16/03/2024.
9. Training and Placement cell organised expert talk on the topic “Recent Trends on SAS Technology and Programming in Drug Discovery.” by Mr. Rohankumar Borade, Sr. Associate Consultants, Accenture, Mumbai. on dated 07/03/2024.

**INDUSTRIAL VISIT: -**

i) Training & placement department has organised industrial visit at Sanofi India limited, Goa. on dated 05/10/2023. Around 42 students have successfully completed visit.

**POOL CAMPUS DRIVE AND PLACEMENTS: -**

ii) College has organised pool campus drive in Collaboration with Flamingo Pharmaceutical Pvt. Ltd., Nanded. on dated 03/09/2023. 147 Students registered for the process of which 21 students were shortlisted.

iii) College has organised pool campus drive in Collaboration with Alembic Pharmaceutical limited., Mumbai, on dated 22/12/2023. 05 students got selected.

iv) Ms. Shweta Kyadalwar and Mr. Navghire Pritam got placed in Pulse Pharmaceutical Ltd. Hyderabad, in Formulation R&D Department.

v) Ms. Munale Bhagyashri and Ms. Muskan Pathan working as Assistant Professor at D.B. College of Pharmacy, Mahalanga.

vi) Mr. Billapatte Arjun got placed in Acubiosys Pvt.Ltd, Hyderabad in Formulation R&D Department.

vii) Ms. Borade Pradnya got placed in Ishnova Clinical Research Organization, Hyderabad, as CRC Clinical Research Co-ordinator.

**Mr. Rohit R. Sarda**  
Training & Placement Incharge

## Training & Placement



**Dayanand Education Society's Dayanand College of Pharmacy, Latur organized Pool campus interview on dated 03 September 2023.**

## Industrial visit



**Dayanand College of Pharmacy, Latur organized industrial visit at Sanofi India Pvt. Ltd., Goa on dated 05 October 2023**

## Hospital visit



**B. Pharmacy Students visited to Swami Vivekanand Hospital Latur.**





## Annual Report National Service Scheme Activities 2023-24



Sr.no	Name of Activity	Type of Activity
1	Blood Donation Camp 2023-24	Health Camp
2	New voters registration camp	Awareness Camp
3	NSS Foundation Day and World Pharmacist Day	Rally, Guest Lecture
4	Mahatma Gandhi and Lal Bahadur Shastri Jayanti Celebration	Leaders Birth Anniversary Celebration
5	Meri Mati Mera Desh	Social Activity
6	Free health checkup Camp at Tuljapur and Renapur Mode	Health Camp
7	Vachan Prerna Din & Dr. APJ Abdul Kalam Birth Anniversary	Leaders Birth Anniversary Celebration
8	Mayechi Ubani Manuskicha Faral/ Cloth Distribution	Social Activity
9	National Unity Day and Integrity Week	Leaders Birth Anniversary Celebration
10	Online Webinar on Food-Planet-Health	Health Awareness Program
11	YIN Election	Social Activity
12	Rajmata Jijau and Swami Vivekananda Jayanti	Leaders Birth Anniversary Celebration
13	Marathi Language Conservation Fortnight	Guest Lecture
14	NSS Special Camp	All activities
15	Chattrapati Shivaji Maharaj Jayanti	Leaders Birth Anniversary Celebration

Sr.no	Name of Activity	Type of Activity
16	National Pharmacy Education Day	Leaders Birth Anniversary Celebration
17	Mahatama Phule Jayanti	Leaders Birth Anniversary Celebration
18	Dr. Babasaheb Ambedkar Jayanti	Leaders Birth Anniversary Celebration
19	Constitution Day Celebration	Day Celebration
20	Savitribai Phule Jayanti Celebration	Leaders Birth Anniversary Celebration
21	Mera Yuva Bharat	Awareness Camp

## Blood Donation Camp



Dayanand Education Society's Dayanand College of Pharmacy, Latur, Indian Red Cross Societys & Bhalchandra Blood bank Jointly organized Mega Blood Donation Camp on Dated 19 August 2023

## New voters registration camp



NSS Voters Registration camp organized by Dayanand College of Pharmacy, Latur.

## NSS Foundation Day and World Pharmacist Day



Dayanand Education Society, Dayanand College of Pharmacy, Latur, organized world pharmacist day rally inaugurated by chief guest Mr. Keshav Algule, director, NSS district co-ordinator Latur & Principal Dr. Kranti Satpute on the cricket ground of Dayanand education society, Latur.



**Shivaji Maharaj birth Anniversary Celebration at Dayanand College of Pharmacy, Latur.**



**Savitri bai fule Jayanti birth Anniversary Celebration at Dayanand College of Pharmacy, Latur.**



**Dr. Babasaheb Ambedkar birth Anniversary Celebration at Dayanand College of Pharmacy, Latur.**



Latitude: 18.401284  
Longitude: 76.556646

**Constitution Day Celebration at Dayanand College of Pharmacy, Latur.**



Shot on OnePlus

**Mahatma Jyotiba Phule birth Anniversary Celebration at Dayanand College of Pharmacy, Latur.**



GPS Map Camera

Latur, Maharashtra, India

**Mahatma Gandhi & Lal bahadur Shastri Birth Anniversary Celebration at Dayanand College of Pharmacy, Latur.**



**Meri Mati Mera Desh Social Activity Celebration at Dayanand College of Pharmacy, Latur.**



**National Pharmacy Education Day Celebration at Dayanand College of Pharmacy, Latur.**



**Energy Conservation Awareness Program organized by Dayanand College of Pharmacy, Latur.**



**Mayechi UBB and Manuskicha Faral, Cloth Distribution at Balgruh NGO.**



**Tree Plantation at Dayanand College of Pharmacy, Latur.**



**Inauguration of NSS Special Camp**



**Save water Campaign**



**Guest Lecture on Role of NSS in Rural Development**



**Tree Plantation at Zilla Parishad School**



**Free Health Check Up camp at Tuljapur mode & Renapur mode  
Organized by Dayanand College of Pharmacy, Latur.**



**Awareness Camp on Social Media**



**Guest Lecture on Women will Digital Business  
literary program by Mr. Rahul Hude**





Dayanand Education Society's  
**Dayanand College of Pharmacy, Latur**  
**रिटेल फार्मसीचे फायदे**



फार्मासिस्ट आरोग्य आणि उपचार मध्ये आपला भागीदार.

**घराजवळील फार्मासिस्ट कडूनच औषधे का घ्यावीत ?**

<b>वैयक्तिक संवाद:</b>	फार्मासिस्टशी समोरासमोर संवाद प्रदान करतात. हे ग्राहकांना प्रश्न विचारण्यास, सल्ला घेण्यास आणि औषधोपचार आणि आरोग्य स्थितीबद्दल त्यांच्या चिंतांबद्दल चर्चा करण्यास अनुमती देतात.
<b>तात्काळ समाधान:</b>	शिपिंग आणि डिलिव्हरीची वाट पाहण्याची गरज नाही आपत्कालीन परिस्थितीत, ग्राहक आवश्यक औषधे किंवा वैद्यकीय पुरवठ्यासाठी जवळच्या किरकोळ फार्मसीला भेट देऊ शकतात, जे ऑनलाइन फार्मसीमध्ये शक्य होणार नाही.
<b>आणीबाणी उपलब्धता:</b>	फार्मासिस्ट अचूकतेची खात्री करून आणि औषधांच्या सुरक्षितता आणि डोसच्या संभाव्य समस्या टाळण्यासाठी वैयक्तिकरित्या प्रिस्क्रिप्शनची पडताळणी करू शकतात.
<b>प्रिस्क्रिप्शन पडताळणी:</b>	फार्मासिस्ट औषधांच्या संभाव्य साइड इफेक्ट्स आणि औषधांचा योग्य वापर यावर मार्गदर्शन करतात .
<b>फार्मासिस्ट तज्ञ:</b>	ओव्हर-द-काउंटर (OTC) उत्पादनांची शिफारस करू शकतात आणि त्यांच्या योग्य वापराबद्दल सल्ला देऊ शकतात.
<b>ओव्हर-द-काउंटर शिफारसी:</b>	औषधोपचारात काही समस्या असल्यास, ग्राहक भौतिक स्टोरमध्ये सहजपणे परत येऊ शकतात किंवा उत्पादनांची देवाणघेवाण करू शकतात.
<b>परताव्याची सुलभता:</b>	काही ग्राहकांना विश्वासाह औषधे खरेदी करणे अधिक सोयीस्कर वाटते, जेथे ते प्रत्यक्षपणे पाहू शकतात आणि उत्पादनांची सत्यता सत्यापित करू शकतात.
<b>विश्वास आणि सत्यता:</b>	स्थानिक किरकोळ फार्मसीचे संरक्षण स्थानिक अर्थव्यवस्थेला समर्थन देते आणि समुदायाची भावना वाढवते.
<b>स्थानिक अर्थव्यवस्थेला समर्थन:</b>	इन्-स्टोअर सेवा: अतिरिक्त सेवा देतात जसे की लसीकरण, आरोग्य तपासणी आणि आरोग्य सल्लामसलत.
<b>इन-स्टोअर सेवा:</b>	

**Dayanand Institute of Pharmacy, Latur** 02382-223199 /223299

Our students welcomed retail & wholesale pharmacist of latur city by giving them a rose & greeting card on the occasion of world pharmacists day. Greeting card is prepared in considering the theme that to aware general public regarding rational use of medicines.

# Appreciations

डॉ. भालचंद्र वड सेंटर  
रेडी क्रॉस, गवरी रोड, लातूर, जिल्हा: लातूर. (१३)२३१७६०१ ०२३२२६०११  
Email: bhalchandra@redcross.org.in bhalchandra@gmail.com

दिनांक: 12/02/2024

**गौरव पत्र**

प्रति,  
शा.प्राचार्य  
दायानंद कॉलेज ऑफ फार्मसी  
लातूर

महोदय, आपण मानवतेची जाण ठेकून दिनांक 12/02/ 2024 रोजी आपण राष्ट्रीय सेवा योजनेच्या अंतर्गत रक्तदान शिबिराचे आयोजन करून रक्तदानाच्या उच्च कार्यात सहभागी झालेले आहोत. या रक्तदान शिबिरात एकूण 11 रक्तदात्यांनी रक्तदान केले. मानवी जीवनातील आपण दिलेल्या या सर्वश्रेष्ठ दानाने एक प्राणज्योत आज प्रज्वलित होत आहे. त्याने सर्व श्रेय आपणस आहे.

आपण प्रज्वलित केलेल्या जीवनज्योतीच्या प्रकाशातून अनेकांना उज्वळत्यागाची सतत साक्ष मिळेल. आम्हास आपणा सार्ध अभिमान वाटतो.

धन्यवाद.

जन्तपक अधिकारी  
डॉ.भालचंद्र वड बँक, लातूर

B.T.O  
DR. BHALCHANDRA BLOOD BANK  
(INDIAN REDCROSS SOCIETY)  
LAITUR  
रक्तसंग्रहण अधिकारी  
डॉ.भालचंद्र वड बँक, लातूर

राष्ट्रीयसेवा योजनेच्या अंतर्गत, शिबिरा याचे आयोजन  
(गौरव पत्र)

दिनांक: 12 / 02 / 2024

**प्रशस्ती पत्र**

आपण  
दायानंद कॉलेज ऑफ फार्मसी,  
लातूर

महोदय,  
आसा परिश्रम आसा मोड येथे दयानंद कॉलेज ऑफ फार्मसी, लातूरच्या वतीने राष्ट्रीय सेवा योजनेच्या अंतर्गत दि १२/०२/२०२३ ते २३/०२/२०२३ या कालावधीमध्ये तुकडापुरत्या पायी जाणाऱ्या भायलेखनासाठी मोफत आरोग्य तपासणी शिबीर घेण्यात आलेले आहे. आपण या शिबीरामध्ये भायलेखनात गुणवत्ता बंधक पेशार घेऊन समासणी केली त जखम, दुखणे असल्यास योग्य ते उपचार करून औषधी वाटप केले. या बंदन तालुका पर्यायामाकडून आपले आभार मानून आपण केलेल्या कार्याबद्दल आपणास परतली पत्र देण्यात येत आहे.

पुढील काळात आपण असेच सामाजिक कार्य करावे. या शुभेच्छासह.....

राष्ट्रीयसेवा योजने, औरंगा

Appreciation letters Achieved by NSS Team of Dayanand College of Pharmacy, Latur.



**NOT ME BUT YOU**

## LIBRARY REPORT

### Library as a Knowledge & Resource Centre

A library is a collection of books & resources in a variety of formats that is organized by information professionals or the librarian who provide useful book physical, digital, bibliographic, or intellectual access and offer targeted services and programs with the mission of educating, informing, or entertaining a variety of users and the goal of inspiring individual learning and advancing students & society. “Without libraries what have we? We have no past and no future...!”

#### LIBRARY RESOURCES:-

Library collection mainly includes Books/journals in Pharmaceutics, Pharmaceutical chemistry, Pharmacology, Pharmacognocny, Pharmacy management & related subjects; Reference sources like USP-(2007 to 2016),BP-(2003 to 2016), IP, MARTINDALE, MERCK INDEX, manuals etc. Library has a collection of Rare Books like IP of-1966, Pharmacopoeia of Japan-1986, Extra Pharmacopoeia Martindale, Clarke’s isolation and identification of drugs. Library has good collection of 380 reference books & 122 bound volumes of Pharmacy journals.

At present the library has a collection of 12,029 volumes of Books with 1918 total number of titles , 20 national & international journals, 122 bound back volumes of journals, 770 library assignments prepared by students of final year in the fields of pharmaceutics, pharmacology and pharmaceutical chemistry & pharmacognocny. The library has a small collection of 117 non-book materials i.e. CD’S/DVD etc. The library also has a separate collection of 323 general reading books like novels, autobiography. There are 12 Daily Newspapers available for reading.

**E-Library:-**Library has subscribed an online database of DELNET (having all types 3,70,00,000 + Books available for loan, 1,00,000 + list of Journals, 5,000 + Full-text E-journals , 1,00,000 + Thesis/Dissertations, 389 pharmacy journals full text free to access and many more Providing Information Support Services to the Scholarly World). The Library is also the member of NDL, NDL Book club. Library has arranged various types of QR codes for quick & ready reference service like syllabus, question papers, e-books, e-journals & much more informative collection made available for student users.

The library committee supervises for smooth functioning of the library & library services.

Library services are automated using the library software “Library Manager” to issue & return the books and other resources. Librarian and the library staff helps to all students & staff to use the library resources. Library books turnover during the year was 11,573 in the 2023-2024 academic years.

The library has spent rupees during academic year 2023-2024 for purchase of books M.Pharm , B.Pharm & D.Pharm = 2,83,921/- , Print Journals = 1,11,222/-, E-Journals= 13,570/- , Newspapers= 18,271/-

**Ashish G. Ware**  
Librarian  
Dayanand College of Pharmacy

## ANNUAL CULTURAL REPORT 2023-2024

The Cultural Department of the college works with objective of developing the academic cultural talents of the students, improving their capabilities to work as a team and raising their level of self confidence in interacting with the world. Its purpose is to develop the dynamic personality of the students. The cultural department provides numerous opportunities for the students to enrich their cultural interest. The department encourages the students to take part in wide variety of cultural competitions such as singing, Dancing Debate, Group dance, Mimicry, Rangoli, Drama, one act play, Elocution etc. at college, university state and national levels.

### **1. Teacher's day Celebration:-**

Teachers Day was celebrated in Dayanand College of pharmacy by worship of goddess Saraswati and Dr. Sarvpalli Radhakrishnan on date (05/09/2023). Cultural department has organized teaching competition for students. In this competition Third & final year students conducted the classes on First, Second and Third year students. In this competition winner was Mr. Aniket Nisale and Runner Ms. Pratiksha Gade.

### **2. Pharmacist oath ceremony**

Pharmacist Oath was taken on at the dayanand education society cricket ground at 11:50am. All D.pharm, B.pharm, M.pharm students & teaching & non-teaching staff were present for this Oath ceremony. The program was hosted by B.pharm 4th year student Ms. Mitali Sonkamble.

### **3. World Pharmacist day awareness rally**

Objectives of Awareness Rally

- Raise Awareness: The primary objective of an awareness rally is to raise public awareness about organ donation and the importance of pharmacist involvement in healthcare.
- To Educate the community
- Engage and Mobilize: An awareness rally seeks to engage and mobilize the community, encouraging individuals to take action
- Show Solidarity: Rallies often demonstrate solidarity and support for a cause.

Dayanand Education Society, Dayanand College of Pharmacy, Latur, organized world pharmacist day rally inaugurated by chief guest Mr. Keshav Algule, director, NSS district co-ordinator Latur & Principal Dr. Kranti Satpute on the cricket ground of Dayanand education society, Latur.

### **4. Welcome of Pharmacists**

Our students welcomed retail & wholesale pharmacist of latur city by giving them a rose & greeting card on the occasion of World pharmacists day. Greeting card is prepared in considering the theme that to aware general public regarding rational use of medicines.

## 5. Wellness craft National Level online competition

### Objectives of Wellness Crafts

- Promote Creativity: The wellness craft competition encourages participants to express their creativity and artistic talents.
- Align with Theme: Crafting activities are designed to align with a specific theme, such as "Pharmacists: Strengthening Health Care System"
- Raise Awareness: Craft competitions can serve as a means to raise awareness about important topics.
- Engage Participants: Competitions engage participants actively in the event, fostering a sense of participation and involvement.
- Educate Through Art: The craft competition allows participants to use art as a medium to convey information and educate others
- Recognize Talent: Competitions provide an opportunity to recognize and reward talent.

On 25th September 2023, Dayanand College of Pharmacy celebrated World Pharmacist Day in a truly remarkable way. The theme chosen for this year's event was "Pharmacists: Strengthening Health Care," it aimed to honor the invaluable contributions of pharmacists and shed light on the critical issue of organ donation. On World Pharmacist Day, the college hosted Wellness Craft Competitions. Students from various colleges came together to participate in these competitions, showcasing their artistic flair and their understanding of the theme. The Essay Competition, Video Clip-Making Competition, and Pharma Sketch Competition provided a platform for students to express their thoughts on how pharmacists play a pivotal role in enhancing the healthcare system the competitions were judged by the faculty members of Dayanand College of Pharmacy & who decided the winners, first runners-up, and second runners-up of the competition and felicitated them with a cash prize of rupees 3000/- 2000/- & 1000/- for winners, first runners and second runners respectively.

In the spirit of making a meaningful impact, the college organized an Awareness Rally. The objective was clear to educate the community about the significance of organ donation and the vital role pharmacists play in strengthening healthcare systems participants, including students, and faculty, non-teaching & supporting staff. The rally was a powerful display of unity and purpose, showing the community's eagerness to learn and participate in making a positive change. The event aimed to inspire individuals to take the step of pledging their organs, an act that can save countless lives. meanwhile, some students stuck posters of the advantages of retail Pharmacy in medical shops &to promote awareness among the community about the benefits of retail pharmacies in improving healthcare access and quality.The campaign was successful in achieving its objective of promoting awareness about the benefits of retail pharmacies.

Students and participants gained a comprehensive understanding of the crucial role that pharmacists play in strengthening healthcare systems.

- Ø Through the Wellness Craft Competitions, students had the opportunity to showcase their artistic talents while conveying the theme of the event effectively.
- Ø The Awareness Rally successfully educated the community about the importance of organ donation.
- Ø The event fostered a sense of community engagement and unity. Participants came together with a common purpose to support healthcare improvements demonstrating their eagerness to be part of a positive change in society.
- Ø The campaign promoting the benefits of retail pharmacies enhanced awareness in the community about the advantages of retail pharmacies in improving healthcare access and quality.

The celebration of World Pharmacist Day at Dayanand College of Pharmacy was a remarkable event that not only honored the contributions of pharmacists but also served as a platform for education and awareness on important healthcare topics. The various competitions allowed students to express their thoughts creatively, while the Awareness Rally successfully engaged the community in understanding the significance of organ donation.

The event showcased the college's commitment to promoting healthcare awareness and unity within the community. Through these activities, participants learned about the essential role of pharmacists in healthcare and the benefits of retail pharmacies, which can ultimately contribute to the improvement of healthcare access and quality.

Overall, the event was a successful endeavor in educating, inspiring, and creating a sense of purpose among students and the community, emphasizing the importance of pharmacists in strengthening healthcare and encouraging organ donation for the betterment of society.

#### **6) Induction & Freshers Welcome Programme:-**

Dayanand Education Society's Dayanand college of Pharmacy, Latur organised Induction & freshers welcome programme on dated 30/09/2023. The programme is inaugurated with Goddest Ma Sarswati poojan & College informative video clip has been played for 5 min. Mrs. Ralmanya T.M. invited our beloved Dr. Satpute K.L. madam, Principal Dayanand college of Pharmacy, Latur to give brief about college. Mmadam gives information about the college academic excellence record , social activities , curricular , co-curricular & extra curricular activities. Afterwards Address given by By Mr. Rohit Sarda (Head of Pharmaceutics & Pharmaceutical Regulatory Affairs Department) about the scope & opportunities in formulation development & regulatory affairs. Then Address given by Dr. RaghunathWadulkar (Head of Pharmacology department & M.pharm Co-ordinator) on the pre-clinical & clinical research & also told about the complete M.pharm course syllabus. Then Address given by Dr. Sameep Sonvane (Head of Pharmaceutical Chemistry department & Academic Co-ordinator).

Then Exam incharge Mr. Birajdar M.J. & Mrs. Warad T.A. explain the complete exam pattern to newly admitted pharmacy students of D.pharm, B.pharm & M.pharm students. Then

Address is given By Mr. Gopal Lohiya (Alumni & Cultural Co-ordinator) about the role of alumni & cultural events organized by college for overall extra-curricular development of students. Talk is given by Mr. Prakash Shivnechari (D.Pharm Co-ordinator) on complete pattern & curriculum of D.pharm Course. Talk is given by Mr. Naresh Halke on role of Yoga& Meditation for healthy well balanced Physical& Mental health. Then program was concluded with the Vote of Thanks by Ms. Priyanka Ingale. For Induction programme about 196 students were present along with teaching & non teaching staff. In afternoon session fresher welcome programme was started at sharp 2.00pm. Freshers have given their introduction & performed the various activities according to the given task. Lastly the fresher welcome programme was concluded with vote of thanks by B.pharm 2nd year student Mr. Shaikh Salman.

#### **7) Cultural days celebrations**

Traditional day, fishpond, group day, Mismatch day, Twins day, Bollywood day, Fashion show was organized on dated 2nd april 2024 at the seminar hall of Dayanand college of Pharmacy, Latur. Such events also teaches valuable lessons in time management, strategic planning, and negotiation, all while promoting an understanding of important issues like sustainability, social justice, diversity.

#### **8) Dyanteerth Youth Festival- 2023**

Our 17 students have been participated in Inter collegiate Youth Festival Dyanteerth-2023 which was held from 11/10/23 to 14/10/23 which is jointly organized by Swami Ramanand teerth Marathwada University, nanded & Dayanand arts college Latur.

#### **9) Fine Arts & Performing Arts Workshop:-**

Our B.pharm 1st & 2nd year 8 students have participated in Fine Arts & Performing Arts Workshop which was held from 16th to 18th feb 2024 at Dayanand Science college ,Latur.

**Mr. Lohiya G. V.**  
Cultural Incharge  
Dayanand College of Pharmacy

# CULTURAL ACTIVITIES

## Glimpses of Cultural Program 2024





## INDUCTION PROGRAMME AND FRESHER'S WELCOME

Dayanand Education Society's Dayanand college of Pharmacy, Latur organised Induction & freshers welcome programme on dated 30/09/2023.



Address by Prof. Sarada R.R. Head of Pharmaceutics department during Induction Program.



The celebration of Induction & Freshers Welcome Programme at Dayanand College of Pharmacy was a remarkable event & also served as a platform for encouraging the students to show their hidden talents & increase stage courage.

# झटपट बातम्या

दिव्य मराठी लातूर, शुक्रवार, ३ नोव्हेंबर २०२३

## प्राचार्या डॉ. क्रांती सातपुते यांच्या संशोधन प्रकल्पास मिठाळी मंजूरी

लातूर | दयानंद शिक्षण संस्था लातूर द्वारा संचालित



दयानंद कॉलेज ऑफ फार्मसीच्या प्राचार्या डॉ. क्रांती सातपुते यांना महाराष्ट्र शासन, मुंबईच्या राजीव गांधी सायन्स आणि टेक्नोलॉजी कमीशन मार्फत साडे पाच लाख रुपये इतका निधी त्यांच्या संशोधन

प्रकल्पास मंजूर करण्यात आला आहे. त्वचारोगाच्या उपचारासाठी नॅनो हर्बल तंत्रज्ञान अवलंबून नैसर्गिक / हर्बल साधनांचा वापर करून आणि औषधांची गुणवत्ता व प्रभाव तपासून उपयोग करण्याजोगे फॉर्म्युलेशन तयार करणारा हा संशोधन प्रकल्प संजीवनी बेट : त्वचा विकारांसाठी नॅनो हर्बल फॉर्म्युलेशनची रचना आणि विकास असा आहे. त्यांचा या संशोधन प्रकल्पपूर्ती करिता दयानंद शिक्षण संस्थेचे अध्यक्ष लक्ष्मीरामण लाहोटी, उपाध्यक्ष अरविंदराव सोनवणे, सचिव रमेश बिबाणी, कोषाध्यक्ष संजय बोरा आदींनी शुभेच्छा दिल्या.

# कुलगुरु डॉ उद्भव भोसले यांची दयानंद फार्मसी कॉलेजला भेट



डा. भोसले यांच्यासोबत डॉ. उद्भव भोसले यांच्यासोबत डॉ. उद्भव भोसले यांच्यासोबत डॉ. उद्भव भोसले यांच्यासोबत...

डॉ. उद्भव भोसले यांनी दयानंद कॉलेज ऑफ फार्मसीचा भ्रमण करताना डॉ. उद्भव भोसले यांच्यासोबत डॉ. उद्भव भोसले यांच्यासोबत...

## दयानंद कॉलेज ऑफ फार्मसी येथे फार्माकॉन-२०२४ आंतरराष्ट्रीय परिषदेचे उद्घाटन संपन्न



दयानंद कॉलेज ऑफ फार्मसी येथे फार्माकॉन-२०२४ आंतरराष्ट्रीय परिषदेचे उद्घाटन संपन्न

## दयानंद कॉलेज ऑफ फार्मसी मध्ये दोन दिवसीय आंतरराष्ट्रीय परिषदेचे आयोजन

लातूर / प्रतिनिधी  
दोन्ही दिवसीय परिषदेचे आयोजन दयानंद कॉलेज ऑफ फार्मसीमध्ये होत आहे. या परिषदेत अनेक देशांच्या फार्मास्युटिकल कंपन्यांच्या प्रतिनिधी सहभागी आहेत. परिषदेचे उद्घाटन संपन्न झाले आहे. या परिषदेत अनेक देशांच्या फार्मास्युटिकल कंपन्यांच्या प्रतिनिधी सहभागी आहेत. परिषदेचे उद्घाटन संपन्न झाले आहे.

## अन्वेषण २०२३ या स्वयंसेवक वेर झोनमधून दयानंद कॉलेज ऑफ फार्मसीचे यश



दयानंद कॉलेज ऑफ फार्मसीच्या प्राचार्या डॉ. क्रांती सातपुते यांच्या मार्गदर्शनाखाली दयानंद कॉलेज ऑफ फार्मसीच्या विद्यार्थ्यांच्या व प्राचार्यांच्या संस्काराने अन्वेषण २०२३ या स्वयंसेवक वेर झोनमध्ये यशस्वीपणे सहभाग घेतला आहे. या वेर झोनमध्ये अनेक देशांच्या फार्मास्युटिकल कंपन्यांच्या प्रतिनिधी सहभागी आहेत.

## दयानंद कॉलेज ऑफ फार्मसीच्या राष्ट्रीय सेवा योजनेा विभागात विशेष वार्षिक युवक शिबिराचे चांडेक्षर येथे उद्घाटन



दयानंद कॉलेज ऑफ फार्मसीच्या राष्ट्रीय सेवा योजनेा विभागात विशेष वार्षिक युवक शिबिराचे चांडेक्षर येथे उद्घाटन

ज ऑफ फार्मसीला नॅनो हर्बल A+ चा दर्जा

दयानंद कॉलेज ऑफ फार्मसीला नॅनो हर्बल A+ चा दर्जा देण्यात आला आहे. या दर्जासाठी अनेक देशांच्या फार्मास्युटिकल कंपन्यांच्या प्रतिनिधी सहभागी आहेत.

## आनंद नगरी

दयानंद कॉलेज ऑफ फार्मसी मध्ये दोन दिवसीय आंतरराष्ट्रीय परिषदेचे आयोजन होत आहे. या परिषदेत अनेक देशांच्या फार्मास्युटिकल कंपन्यांच्या प्रतिनिधी सहभागी आहेत. परिषदेचे उद्घाटन संपन्न झाले आहे.

## International Pharmacon inaugurated in Latur

760 delegates from Maha, MP, Gujarat, K'taka, AP participate in event. The inauguration ceremony was held at Dayanand College of Pharmacy, Latur. The event was attended by Dr. Kranti Satpute, Principal, and other dignitaries.

## आनंद नगरी

दयानंद कॉलेज ऑफ फार्मसीमध्ये पर्लिंगो फार्मास्युटिकल लि.च्या कॅम्पस प्लेसमेंटद्वारे २१ विद्यार्थ्यांची निवड झाली आहे. या निवडीत अनेक देशांच्या फार्मास्युटिकल कंपन्यांच्या प्रतिनिधी सहभागी आहेत.

दयानंद कॉलेज ऑफ फार्मसीच्या राष्ट्रीय सेवा योजनेा विभागात विशेष वार्षिक युवक शिबिराचे चांडेक्षर येथे उद्घाटन झाले आहे. या उद्घाटन सोबतच अनेक देशांच्या फार्मास्युटिकल कंपन्यांच्या प्रतिनिधी सहभागी आहेत.

## दयानंद कॉलेज ऑफ फार्मसीच्या राष्ट्रीय सेवा योजनेा विभागात विशेष वार्षिक युवक शिबिराचे चांडेक्षर येथे उद्घाटन



दयानंद कॉलेज ऑफ फार्मसीच्या राष्ट्रीय सेवा योजनेा विभागात विशेष वार्षिक युवक शिबिराचे चांडेक्षर येथे उद्घाटन

## कुलगुरुंनी केला दयानंद कॉलेज ऑफ फार्मसीच्या विद्यार्थ्यांच्या व प्राचार्यांच्या संस्कार

लातूर / प्रतिनिधी  
असरोसिपरेशन ऑफ इंडियन युनिव्हर्सिटीज तर्फे आयोजित आंतरराष्ट्रीय अन्वेषण या स्वयंसेवक दयानंद कॉलेज ऑफ फार्मसीच्या विद्यार्थ्यांनी घडवलेली यश मिळून महाविद्यालया सोबत विद्यापीठाचेही नाव उंचायले आहे. त्याबद्दल कुलगुरु डॉ. मनोहर चासकर यांनी स्वयंसेवक तिला सहभागी विद्यार्थ्यांच्या व त्यांच्या मार्गदर्शक प्राध्यापांच्या कौतुक करत संस्कार केला. तसेच या यशाबद्दल प्राचार्या डॉ. क्रांती सातपुते यांचे अभिनंदन केले.

## दयानंद कॉलेज ऑफ फार्मसीच्या प्रा. डॉ. अर्चना येगेमटे यांच्या मार्गदर्शनाखाली बी.फार्म तृतीय वर्षातील विद्यार्थ्यां मोरे संस्कार, सार्दीनाथ सूर्यवंशी यांनी राष्ट्रीय स्तरावर एपीकल्चर डिस्प्लिन या अन्वेषण स्पर्धेच्या उपस्थित तज्ञांसमोर उत्कृष्ट परिप्रेक्षी



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## मायेची ऊब आणि माणुसकीचा फराळ

होता. या प्रसंगी बालह्रद्या ६ ते १८ वर्षांमधील ५८ मुली तसेच बालह्रद्याच्या अग्रहत्या एंड. मिताताई परचुरे यांच्या प्रमुख उपस्थितीत महाविद्यालयाच्या प्राचार्या डॉ. क्रांती सातपुते यांच्या हस्ते कर्नाट, दीपावली चा फराळ आणि फळे वाटप करण्यात आला. हा कार्यक्रम यशस्वी रित्याच घडवण्यात आला.





# अंतरंग

ANTARANG 2023-24



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